

Such good sense!  
see p. 3



# THE PORTUGAL News

Portugal's **National** Newspaper in English



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## Greenpeace lock Portuguese trawlers in port

Greenpeace divers this week chained the propellers of four vessels with a history of what they allege to be "pirate fishing" to the quayside in the port of Aveiro in central Portugal. (See Page 3)

## The Symington story

In a fascinating interview, Paul Symington takes *The Portugal News* on a trip down memory lane, recounting how one of Portugal's oldest British families came and settled here, subsequently helping place the country firmly on the international wine map. (See Page 4)

## Portuguese suspicious of courts, pleased with police

Nearly half of all Portuguese believe Portugal is 'reasonably safe' and the majority have faith in the country's security forces, though the same cannot be said about the courts, of which the nation has a poor opinion. (See Page 5)

## Cristiano the best, say fellow players

The Portuguese winger was selected by 57,000 professional footballers, members of FIFPro, for FIFPro's 2007/2008 'dream team', as well as winning the FIFPro World Player of the Year award. (See Page 64)

## Seven day weather outlook

**Lisbon:** The capital will record temperatures no higher than 19° in the coming week, while rain is forecast for the beginning of the week. **Faro:** Rain will fall intermittently for much of the coming week, with thermometers struggling to reach 20°. **Oporto:** The north will continue to struggle as the cold bites, with rain set to dominate the coming week.

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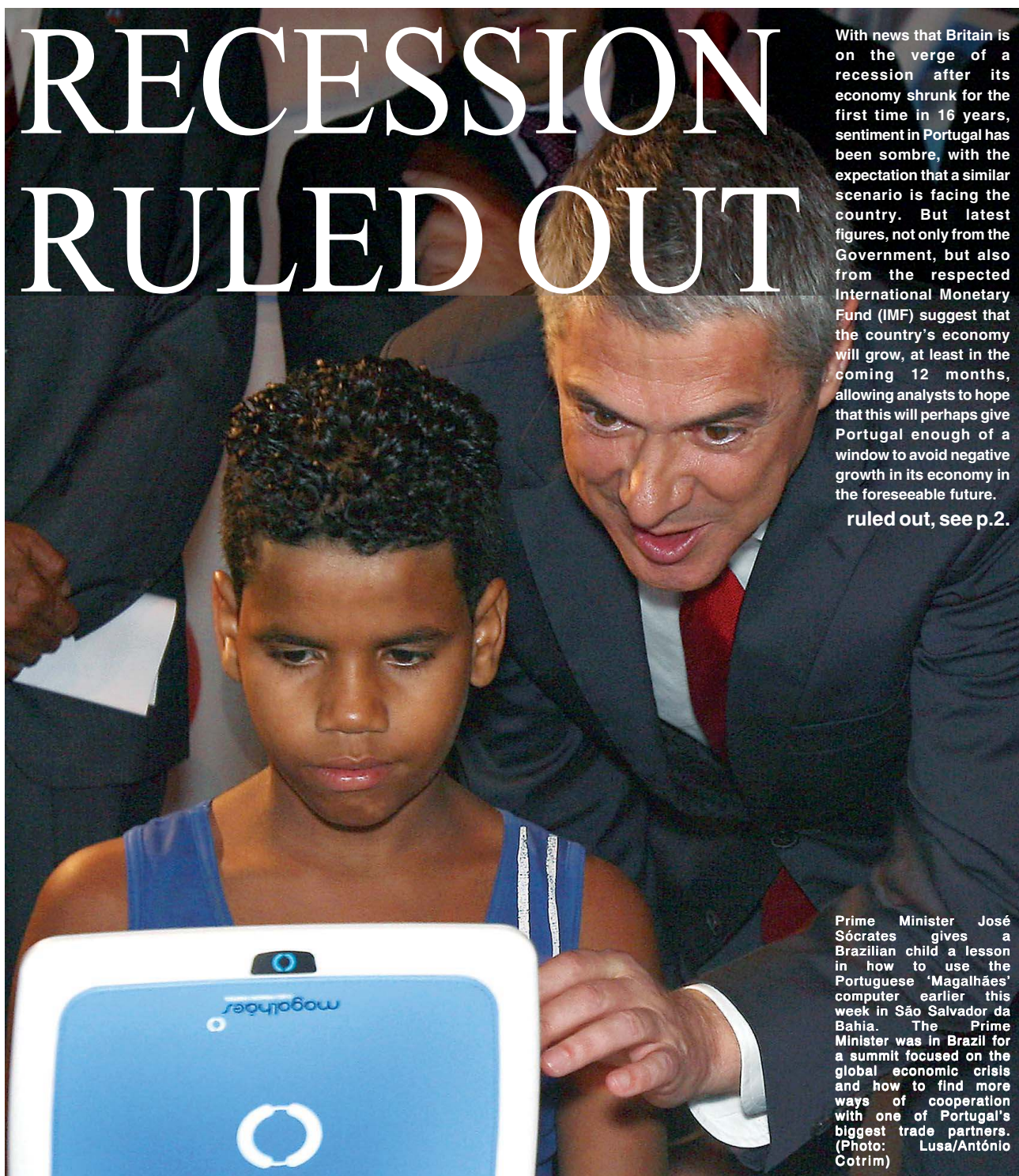


## As gloom sets in among major EU economies, forecasts say Portugal is safe from recession

# RECESSION RULED OUT

With news that Britain is on the verge of a recession after its economy shrunk for the first time in 16 years, sentiment in Portugal has been sombre, with the expectation that a similar scenario is facing the country. But latest figures, not only from the Government, but also from the respected International Monetary Fund (IMF) suggest that the country's economy will grow, at least in the coming 12 months, allowing analysts to hope that this will perhaps give Portugal enough of a window to avoid negative growth in its economy in the foreseeable future.

ruled out, see p.2.



Prime Minister José Sócrates gives a Brazilian child a lesson in how to use the Portuguese 'Magalhães' computer earlier this week in São Salvador da Bahia. The Prime Minister was in Brazil for a summit focused on the global economic crisis and how to find more ways of cooperation with one of Portugal's biggest trade partners. (Photo: Lusa/António Cotrim)



# Portugal needs more water to sustain quality of life

According to the report, Portuguese consumers and services involve a usage of 2.26 million litres of water, every year.

The report, which aims to evaluate the global implications of

each country's lifestyles in terms of resources and consumption, is carried out every two years by non-Governmental organization Global Footprint Network.

Its main aim is to calculate how

many hectares of productive areas are necessary to sustain a full year of inhabitants' consumption.

Portugal ranks 28th regarding carbon footprints and it has been

calculated that the country requires 4.4 hectares of productive land to satisfy each inhabitant's annual consumption.

In 2005, that figure had been calculated at just 1.2 hectares.



The old Juromenha Fort, located on the right bank of the Alqueva dam, is to be renovated in an unprecedented tourism project that will see an investment of 20 million euros by the local council and private investors from Alandroal. (Photo: Lusa/Nuno Veiga)

## Two of Lisbon's hotels amongst best in the world

Lisbon's Lapa Palace and the Ritz Four Seasons are amongst the world's finest hotels, according to Forbes Traveler Magazine, which compiled a list of the 400 best hotels from around the globe.

Also on the list, which was put

together by 79 international luxury travel specialists, was Reid's Palace, Funchal, Madeira.

To participate in the survey, the specialists had to fill two criteria; to have slept in 20 or more five star hotels over the past 18

months, and not to have economic connections with any of them.

Room service, bedrooms and bathrooms, decoration, food, leisure activities and location were a few other key points evaluated by the specialists, who in total

visited around 800 four and five star hotels.

In Lisbon, the Lapa Palace and the Ritz Four Seasons were the two hotels that most stood out, the Lapa Palace also featuring in the top 50 best hotels in Europe.

## PM addresses Iberia-American summit on new technologies, education



Portuguese Prime Minister José Sócrates addressed the Iberian-American summit in El Salvador on Thursday with a speech devoted to the importance of new technologies and education as levers for economic and social development.

The gathering of Iberian and Latin American leaders, which began on Wednesday evening in San Salvador, is centered on the theme of 'Youth and Development', but officials told Lusa the global financial crisis was expected to dominate the meeting.

Spain and others want the summit of heads of state and government to issue a call to the United Nations to organise a world summit on the financial meltdown.

Prime Minister Sócrates held separate bilateral meetings with Chilean President Michelle Bachelete and his Spanish counterpart, José Luis Zapatero, on the summit's sidelines.

Portugal, which hosts the annual apex Iberian-American gathering next year, was exceptionally represented in San Salvador

only by its Prime Minister.

President Cavaco Silva was absent due to his "very intense official schedule", according to Belém Palace in Lisbon.

Backing his speech on new technologies and education, Sócrates offered the gathered leaders 'schoolmate' portable computers manufactured in Portugal.

On the sidelines of the summit, the Prime Minister also met with a group of Latin America teachers and students to present the low-cost Magalhães (Magellan) computer which Lisbon is in the process of distributing throughout Portuguese elementary schools.

Venezuela recently signed a contract to buy 1 million Magalhães units for its primary school system. TPN/Lusa

## Portimão gives back to help ease crisis

In an attempt to alleviate families from their increasingly heavy fiscal expenses, Portimão City Hall this week said it has approved measures that aim to reduce various municipal and property taxes by an estimated seven million euros, as well as giving back five per cent of income tax (IRS) charged in 2008.

Included in the slashes are IMI (municipal tax) and IMT property transfer tax, along with IRS taxes.

The proposal, which should be fully approved in the City Hall's next general meeting, foresees a reduc-

tion of IMI taxes on old buildings from 0.8 to 0.65, and of 0.5 to 0.35 on new buildings, both still subject to evaluation.

Also, the full repayment of IRS taxes, which would have otherwise reverted to the Municipality, represents a return of over €2 million.

According to a press release from the City Hall, "this aims to alleviate families' somewhat and small businesses of their fiscal responsibilities".

In total, Portimão City Hall will be giving back more than seven million euros in annual revenue.

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**Gen. Tel:** 707 500 655

**Sales Tel:** 707 500 677

**Gen. Fax:** 707 941 201

**Emails:** info@the-news.net

**Web:** www.the-news.net

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**Publisher:** Paul Luckman publisher@the-news.net

**Editor:** Brendan de Beer newsdesk@the-news.net

**Production:** Madeline Luckman copy@the-news.net

**Journalists:** Carrie-Marie Bratley

**Paws & Claws:** Tommy Broad

**Preview:** Raquel Salbany

**Travel:** Raquel Salbany

**Columnists:** Sherry Hughes

**Correspondents:** Patricia Westheimer

**Photos:** Gwynne Dyer

**Accounts:** LUSA, Press Association, The Portugal News

**Classifieds:** Gaby Rodrigues

**Subscriptions:** Rebecca Andrade

**Sales Manager:** Maria Taylor

**Area Managers:** Bella Talhadas 914 393 736 (Lisbon, Estoril, Cascais, Sintra)

**Marilyn Holmes** 914 863 604 (Alvor, Lagos, Praia da Luz, Aljezur)

**Kelly Barrett** 912 583 439 (Albufeira - Faro)

**Tom Chapman** 912 583 188 (East of Albufeira - Ayamonte)

### ruled out, from p.1.

The most recent figures available on the forecasted growth of the Portuguese economy have indicated that the country will escape a recession next year.

The IMF, while slashing its growth forecast for Portugal down to 0.1 percent, says recession should be avoided in 2009, largely assisted by the fact the Euro Zone is also expected to grow next year, despite widespread turmoil in international markets.

Leading players in Portugal, such as the chairman of the Association of Portuguese Banks, is optimistic, despite this cut in growth forecasts.

"There are much worse cases", said João Salgueiro, adding, "Nobody should be happy that we are not growing, but that is at least better than negative growth".

Forecasting a growth of 0.6 percent of the national economy in 2008, the IMF said the economy will expand by 0.1 percent next year, despite predictions that both Spain (Portugal's largest trade partner) and Italy will experience a recession in 2009.

"The forecasts by the IMF are pessimistic for the entire world. But they remain forecasts. Let's see. The IMF predictions are divided into two groups. The group that is going to enter into a recession and the group of countries that will not enter into recession. In which group is Portugal? In the second", said Prime Minister José Sócrates during a recent parliament

tary debate where he was confronted with the IMF cutting back on its growth forecasts for Portugal.

The Portuguese Government, in its state budget for 2009, presented a growth target of 0.6 percent, which despite being higher than the IMF figure, resulted in opposition parties expressing "concern" at the lack of expected economic growth and apparent pessimism with Mr Sócrates' cabinet.

But the Government has responded that its growth targets are not exaggerated, instead they are "prudent and realistic". Hitting back at the PSD, Portugal's largest opposition party, the Prime Minister said his priority is to ensure that the country does not fall into a recession.

"Have seen countries enter into a recession when there was no sign of an international crisis. That year was 2003", said Prime Minister Sócrates during a recent debate in Parliament in a veiled attack on current PSD leader Manuela Ferreira Leite, who was Finance Minister when the country experienced its last recession.

In a related story, while still managing to rake in around €3.3 million euros a day on average so far this year, Portugal's four largest private banks (BCP, BPI, BES, Santander Totta) on Thursday said profits had dropped by 41 percent over the first nine months of the year to a total figure which now stands at €909 million.

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# Greenpeace activists lock Portuguese trawlers in port



Greenpeace divers this week chained the propellers of four vessels with a history of what they allege to be "pirate fishing" to the quayside in the port of Aveiro in central Portugal. Hoisting a banner demanding "Scrap These Pirates", Greenpeace said on its site that it is now calling on the Portuguese Minister of Fisheries to ensure that these vessels will not be able to fish again.



The vessels called Red, Caribe, Brites and Aveirense are owned by Grupo Silva Vieira, and according to Greenpeace, all of them "have track records involving pirate fishing including fishing without a flag or legal quota, using illegal gear, using multiple identities, and other breaches of international regulations."

The action by Greenpeace comes just a few weeks after the non-governmental organisation launched its blacklist of illegal and unregulated fishing vessels on the Web, along with the companies that own them.

All four ships chained up this week, as well as their owner, are included in the Greenpeace blacklist.

But the owners of the ships have denied these claims, and have threatened to take legal action against the organisation and activists for damage caused by this action, adding that Greenpeace are only trying to denigrate the image of the Portuguese fishing industry.

The Red - formerly known as Joana, Kabou and Lootus - is also officially blacklisted by the North-East Atlantic Fisheries Commission (NEAFC) and the European Union, said Greenpeace in a statement.

The organisation further demanded that as a contracting party to NEAFC, Portugal must adhere to the conditions imposed on blacklisted ships, including refusal to provide services and landing rights - which, says Greenpeace, means The Red should not be in the berth where it was found.

Greenpeace further accused the Portuguese Government of a lack of political will to tackle pirate fishing after the country allowed "a vessel, blacklisted by the EU, docking permission and services in Portugal."

Illegal, unreported and unregulated fishing is responsible

for a staggering 20 percent loss from the total global fisheries catch and scientists estimate that the revenue lost amounts to between US\$10-25 billion annually, Greenpeace claims.

The organisation concluded its statement by calling on governments to work together to address pirate fishing and establish a worldwide network of marine reserves to restore fish stocks. The creation of an effectively enforced network of marine reserves, protecting 40 percent of the world's oceans - with regulated, sustainable fishing in other areas is the long-term solution to overfishing and the recovery of marine life in our over-exploited oceans.

In a related story, Greenpeace recently voiced concerns that Portugal supermarkets do not have written policies on purchasing sustainable fish and that whilst some have removed endangered fish species from their shelves, others are not working towards systematic sustainability.

"Portuguese supermarkets are allies in helping destroy the oceans and will not commit to sustaining fish products", Greenpeace accused.

"Many of them claim it is impossible to identify the origins of the fish. This cannot be true, as it is only possible to know if the fishing was legal if the fish's origins are known".

In Portugal supermarkets represent 70 percent of the nation's fish purchases, 80 per cent of which is sold fresh, 12 per cent frozen and eight per cent conserved, according to Greenpeace's data.

**Photo above right: Greenpeace divers attaching a banner to fishing vessels in Aveiro on Tuesday. (Photo: Lusa / Nuno Alegria)**

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## Activists press Parliament for new animal rights law

Animal rights activists have delivered a petition with 18,000 signatures to the Portuguese parliament, asking lawmakers to approve new animal protection legislation.

"The state must assume the task of protecting animals and enforce sanctions against those who mistreat them", the president of the association ANIMAL, Miguel

Moutinho, told the Lusa News Agency. Moutinho said current legislation was outdated and did not serve as sufficient deterrent for the mistreatment of animals.



# The Symington story



Portugal and Great Britain share a special alliance that dates back over 600 years; their histories intertwine, their roots being deeply embedded in each others' soils, producing a fruit that is unique and beneficial to both. So it is no surprise that one of Portugal's best known families is in fact British, and they are the producers of one of Portugal's most renowned exports. Meet the Symington's, producers of port and other wines for over 180 years. In this fascinating interview, Paul Symington takes **The Portugal News** on a trip down memory lane, recounting how one of Portugal's oldest British families came and settled here, subsequently helping place the country firmly on the international wine map.

In 1882, 18-year-old Scotsman Andrew James Symington arrived in Oporto with an adventurous spirit and the promise of work.

Back in Scotland his family were acquainted with the Graham family, who, after having settled in Portugal for numerous years, in 1820 established the W&J Graham's Port producing company, specialising in fine ports. With Oporto then being the booming trading place it was the Grahams also owned, amongst others things, a large textile mill.

Having initially tried his hand in the textile industry, it wasn't long before Andrew Symington ventured into the world of port.

Shortly after his arrival he married Beatrice Atkinson, a half-Portuguese, half-English girl whose family also had strong ties to the port industry.

And, as they say, the rest is history.

Gradually, the Symington family acquired a number of well-established names within the port trade and took one of northern Portugal's most prized products and slowly introduced it to the rest of the world. Now, more than a century later, brands such as Graham's, Dow's and Warre's are household names, globally acclaimed, and distinguished with coveted awards.

"But it is a misconception that British companies dominate the world port market", Paul is keen to put the record straight: "We are one of only three British port producers left. Ourselves, the Taylor group, and a very small company called Churchill's. Together we make up less than one third of the total port trade. Symington's is the only British port company to be 100 per cent family-owned, and we tend to produce more specialised ports, but British companies are far from dominating the picture".

Since Andrew Symington's arrival in Oporto, subsequent generations have been born and died there, all carrying on the family business.

"When you grow up in this [trade] it becomes second nature. All of our children have already had work experience in the business, even though they are now at university. It is our number one objective to make sure the business remains a family business".

Paul Symington is one of six Symingtons – along with Peter, Dominic, Rupert, Johnny, and Charles – who all own and actively run the business.

Since his birth in 1953, Paul has witnessed some significant changes in northern Portugal, especially in Oporto.

"Over the past 30 or 40 years I have seen the most dramatic

changes: I remember when I was a child you used to see people walking around with bare feet selling fish. Now there are huge shopping malls with 28 cinema screens that are better than any of those that can be found in London. My father used to bring me back Cadburys chocolate when he'd been away on business trips, now you can buy it anywhere, going to Continente isn't much different from going to Tesco's or Sainsbury's!".

But, like most other businesses at the moment, the economic crisis is starting to take its toll, though "no more for us than anybody else", he says optimistically.

"The pound has dropped 18 per cent since January 2007, so in effect we are getting 18 per cent less. It is very, very tough. But we are confident. Over the years port has been through a lot of trials and tribulations, wars and revolutions, and it is still here".

Despite the trying times, in contrast to other large companies who may opt to look for alternative means of income, the Symingtons are happy to stick to what they know.

"In good years we make a nice profit, in tough years we don't. We don't see ourselves as being entrepreneurs; we're not going to go and build large golf resorts in the Algarve. In a way you could say we show lack of ambition, but the reality is we've inherited these vineyards and we see ourselves as the guardians of this business, so our priority is to make sure it is here for future generations. A lot of family businesses crack up, especially ones of this size. Some people don't

get along, others just want to make money, and the tax system doesn't particularly benefit these types of companies with heavy inheritance taxes. But that is our number one objective, to keep it going".

Over the centuries Portuguese have sat on British thrones, British have sat on Portuguese thrones; Prince Henry the Navigator, Portugal's most famous explorer and who was born in Oporto, was in fact half English, his mother being Philippa of Lancaster who married King John I of Portugal, the founder of the Aviz dynasty. And now one of its most characteristic products is being produced and sold around the globe under a British name.

So how does Paul, as a Symington and employer of 400 national workers, think the Portuguese perceive this merging of cultures?

"It has been going on for so long it has never been an issue. The Portuguese have accepted us as part of their wine fabric partly because of the significant role we played in helping make port one of the world's greatest wines. But our port is 100 per cent Portuguese; it is grown in Portuguese soil, with Portuguese sun shining on the vineyards, sold in Portuguese bottles. It is just that the producers are of British origins".

Wrapping up the interview, it is time to ask the obvious. Will one of Portugal's oldest British residents ever consider trading up and moving on?

"No. There are few areas in Europe as beautiful as the Douro valley. I wouldn't swap this for any amount of square metres in the Algarve!"

Carrie-Marie Bratley



The Symington family, from left: Charles, Rupert, Peter, Johnny, Paul and Dominic

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# Portuguese suspicious of courts, pleased with police



Nearly half of all Portuguese believe Portugal is 'reasonably safe' and the majority have faith in the country's security forces, though the same cannot be said about the courts, of which the nation has a poor opinion. This is according to a recent report compiled by the non-governmental Observatory for Security, Organised Crime and Terrorism (OSCOT).

The report was based on two national enquiries, carried out in March and September in Madeira and the Azores, and the other throughout mainland Portugal.

On the mainland, 1,010 people took part in the survey, with a further 1,525 taking part from the islands.

Based on the results, around 44 per cent of those questioned considered Portugal to be 'reasonably safe', while 12 per cent thought the country is 'very safe', despite the feeling of insecurity have risen by four per cent in six months.

In response to the question 'Do you think Portugal is a safe country?' 39 per cent of those questioned in March said no, considering it to be 'unsafe'; in September that percentage rose to 43 per cent.

This could be a reflection of the visible increase in crime that Portugal experienced during the summer months.

The study also revealed that 58.7 per cent of those surveyed 'believed in the efficiency' of Portugal's security forces while 41.3 per cent did not.

Results from the majority of the nation, 58 per cent, affirmed

they had 'little' trust in the judicial system, with 21 per cent saying they had 'no trust' in the courts at all.

On the other hand, 13 per cent replied they had 'great faith' in Portuguese justice, and eight per cent decided not to answer.

In March 88.3 per cent of those surveyed said they believed Portugal was 'safe' regarding organized crime, though regarding sex crimes, despite in an initial survey 77.7 per cent considered the country to be 'very safe', that figure fell significantly in a second survey, to 64.3 per cent.



GNR officers during a parade earlier this year in Figueira da Foz (Photo: Lusa / Paulo Novais)

## Tagus tunnel to save millions



Due to the total saturation of the 'old' 25 de Abril bridge, which was constructed in 1966, a fourth crossing for the Tagus River is currently being studied and all indicates that an underground crossing, between Algés and Trafaria is the most likely option.

An underwater crossing has been described by experts as the most economic and environmentally friendly alternative, as well as being the best option to reduce the 'old' bridge's heavy traffic, which at peak times can reach

anything up to 7,000 vehicles travelling in either direction.

One study, which was carried out in 2001 by JL Cândia Martins, commissioned by Lusoponte, concessionaries of both the 25 de Abril and the

Vasco da Gama bridges, concluded that a suspended bridge over the Tagus would cost an estimated €769 million, and a submersed tunnel would cost around €570 million.

It also stressed the negative

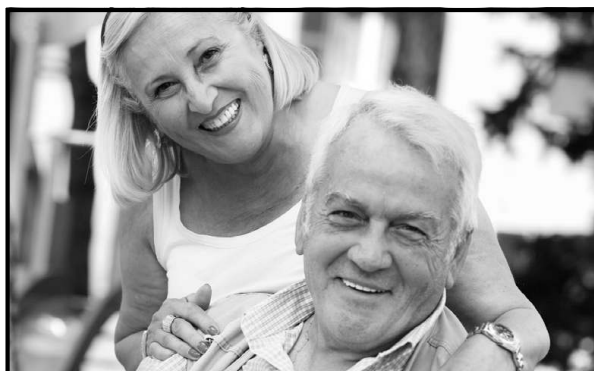
visual impact that a suspended bridge would have on the Torre de Belem and Padrão dos Descobrimentos monuments.

A second study, carried out in 2006 by Campos e Matos, a professor at Oporto University, confirmed these estimates calculating an over-water bridge would cost approximately €770

million, and would take between four to five years to complete, while an underwater tunnel would take the same amount of time, but would cost significantly less at an estimated €500 million.

During a debate held recently by the Portuguese Association for Rail Development

(ADFER) concerning a fourth crossing over the Tagus concluded that the third bridge – a rail bridge that will connect Chelas to Barreiro – "will not relieve the 25 de Abril Bridge of the bursting point it has reached", said Urban Transport specialist Fernando Nunes da Silva.



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# General Motors pulls out of Portugal



The Opel factory in Azambuja (Photo: Lusa / António Cotrim)

Car manufacturers General Motors have announced that, as of November 1<sup>st</sup>, they will be terminating their car loan services with seven European countries, including Portugal and Spain, due to the current economic crisis.

Russia, Finland, Greece, Norway and Slovakia will also see General Motors' withdrawal.

This measure, the result of a reduction of company capital, was announced one month after the company claimed to be increasing the number of requisite criteria to apply for a loan, as well as the intention to increase taxes applied to retailer's loans to their consumers.

Recent bankruptcy of various investment institutions and the global financial crisis on the whole is causing banks to significantly reduce loans between each other, increasing the costs of financing and subsequently forcing companies like General Motors to up their criteria for conceding loans.

This follows sackings, announcements of production slashes, and the temporary or definite closing of various manufacturing plants in both the USA and Europe, caused by the slowing of demand and general fall in worldwide sales.

## Breast cancer kills thousands every year

In Portugal, every year, around 1,800 women die victims of breast cancer, according to the head of the Portuguese League for Cancer, Vítor Veloso, who also said Portugal registers around 5,000 new cases every year.

Over the past five years the number of known cases has risen on a yearly basis, mainly due to a wider network of screening procedures, which allow early detection, as well as current lifestyles, which include high stress levels, bad eating habits, sedentary habits, and smoking.

Pedro Pimentel, national coordinator for cancerous diseases, added that, over the past five years, survival rates have risen to between 75 and 80 per cent.

"A sustainable and consistent fall in the number of deaths has been noted, which could be attributed to women's screening programmes and heightened awareness amongst women, which in turn allows for earlier diagnoses", and subsequently, more successful treatment, he said.

At present, breast cancer screening is accessible to half of the female Portuguese population, though Vítor Veloso believes that within two years maximum it will be available to the entire population.

When this is in effect, breast cancer deaths could be reduced by 20 per cent in a five to ten year period.

The detection programme is devised by the national co-ordination and screening league, through protocols with regional health administrations.

Currently, only central Portugal can respond to the nation's needs in full.

Vítor Veloso also added that innovations concerning radiotherapy and hormone treatments, are further contributing to reducing the number of deaths and control of the disease.

## "Australia discovered by Portuguese"



Australian historian Peter Trickett believes that Portuguese seafarers discovered Australia and is currently making a television documentary to support his claims.

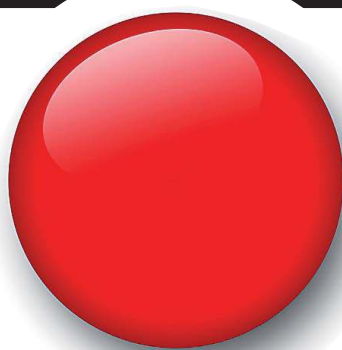
In comments to the Lusa News Agency in Lisbon, where he is promoting the Portuguese version of his book *Beyond Capricorn*, Trickett put forward his theory that the Portuguese arrived in Australia at least 250 years before British explorer James Cook in 1770.

In *Beyond Capricorn*, the Australian scholar claims that Portuguese navigator Cristóvão Mendonça came upon Australia in 1522 while on a secret mission for King Manuel I to discover a fabled land of gold south of Java.

A large part of Trickett's hypothesis is based on more than 100 place names on the coasts of Australia and New Zealand on maps originally made by the Portuguese.

The historian also says discoveries of Portuguese maritime artifacts on coasts in the region support his theory. *TPN/Lusa*

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# Cervical cancer vaccinations launched amongst schoolgirls



The vaccinating of teenage girls against the Human Papiloma Virus (HPV), one of the main causes of cervical cancer, has this week commenced, witnessed by the Minister of Health, Ana Jorge, in a health centre in Oeiras.

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Health Minister Ana Jorge at a Health Centre in Oeiras on Monday. (Photo: Lusa / João Relvas)

Minister Jorge wants to expand the screening of the disease, and has guaranteed "conditions are being created so this will be more efficient in every region of the country".

As announced in 2007 by

Prime Minister José Sócrates, the HPV vaccination has been incorporated in the National Vaccination Plan. It cost the Government €14 million to purchase, and all teens completing 13 years of age this year will be vaccinated

before the end of 2008.

The aim is to prevent all HPV infections and reduce the incidence of cervical cancer, which in Portugal kills 300 women per year, according to figures from the Ministry of Health.

Following recommendations by the Technical Committee for Vaccinations and the National Health Board, girls born in 1995 will be the first to be vaccinated, then girls born in 1996 and 1997, during the next two years.



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# Cash protection strategies in difficult times

Governments around the world are now making concerted efforts to shore up their banking systems by injecting capital and taking steps to increase liquidity. These moves will hopefully prove to be a turning point for the banking crisis.

In the meantime we are now seeing examples of people losing some of their bank savings. The meltdown of the Icelandic banking system is affecting savers and businesses around the world. Compensation on banks which have gone into liquidation depends on where the bank subsidiary is regulated.

For example, Landsbanki in Guernsey was put into administration on 7<sup>th</sup> October. Since it is regulated in Guernsey it is not covered by the UK or Icelandic deposit guarantee schemes. It would be covered by a Guernsey one... if one existed! While the authorities are now in the process of putting a scheme in place by the end of the year, there is currently no compensation scheme.

On 16<sup>th</sup> October, Landsbanki Guernsey's administrators confirmed that customers were unlikely to receive all their money back. They can now apply for a part-payment equivalent to 30p in the £1. The administrators said that while they were confident they could see a "significant realisation of cash" from the debts, it was doubtful whether that would be enough for an eventual full repayment.

Thankfully many other jurisdictions do have deposit protec-

tion schemes, and since my article a month ago they have increased significantly. In the UK the maximum is now £50,000 (up from £35,000) and in the Isle of Man £50,000 (up from £15,000). In the EU finance ministers increased the limit from €20,000 to at least €50,000 for at least one year.

However, while improved, these levels are still too low for some people. One obvious solution is to spread your money out across a range of banks, ensuring you (1) keep below the guarantee level at each bank; (2) use banks which do not form part of the same group and (3) establish which guarantee scheme applies to that specific branch and exactly what the rules are.

This may mean that you receive a lower interest rate, but if you are in the "I am more concerned about the return of my money than the return on my money" camp this will be a small price to pay for security.

For increased peace of mind you could move money out of a bank completely.

One option is money market funds. While enhanced money market funds (also known as cash plus money market funds) are not recommended, you could consider institutional money market

funds which invest in a diversified portfolio of high grade short term money market instruments. These are rated higher than bank deposits at this time. There are three credit rating agencies and the best funds have AAA ratings for each agency. Money market funds provide a higher rate than government backed paper (gilts), and do carry a higher risk. They are available denominated in Sterling, Euros or US Dollars and pay a yield comparable to overnight market rates.

You could consider the option of moving your capital out of cash and into investment funds. Obviously investment assets have been taking a pounding recently, but what goes down must go up – they always have, it's just a matter of *when* not *if* – and if you are in a position to take a long-term view this is actually a good time to buy since valuations are low. This applies to investments like bond funds and real estate funds as well as equities. Always seek advice to ensure your investments fit your risk profile.

Unlike with cash deposits, your units in a mutual fund remain owned by you. The manager simply manages your money for you but does not own it. Should the management company fail the investments remain yours and you simply find another company to manage them for you.

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bond, you will have peace of mind that your money is in a secure location. In the event a liquidator is appointed, it cannot touch your assets. They are completely segregated from the insurance company and even the title documents are not held by the insurance company but by an independent bank – which acts as custodian, not owner.

Luxembourg insurance bonds also offer tax benefits for Portuguese residents.

Bill Blevins, Financial Correspondent

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# E-commerce expertise needs to be shared abroad, says Science Minister

Portugal's Science and Technology Minister, Mariano Gago, has called for the Association for Electronic Commerce in Portugal (ACEP) to take on an international role to allow more cross-border sharing of experience and know-how in this sector, the Lusa News Agency has reported.

Speaking on the sidelines of a Lisbon conference on Digital Business, Gago said it is necessary to "internationalize" the ACEP's work to learn from other states and also share Portugal's significant experiences in this field.

Portugal's famed 'Multibanco' system of ATMs and electronic payments, now

being widened to the Internet and mobile phones, gives it a head start to become a secure and privileged location for e-business, said the Minister.

Gago also praised the diversification of Portugal's 'Via Verde' system of smart motorway tolls, now being extended to parking payments.

# New EC report assesses European trade strengths in a changing global economy

A new report by the European Commission has assessed the competitiveness of the European Union in the global economy at the end of a decade of rapid economic change.

Since the mid-1990s, there has been a major redistribution of market share between emerging and developed countries and among developed countries themselves, the EC noted in a statement posted earlier this week.

In this highly competitive environment, the EU has broadly maintained its

world market share, while the US and Japan have lost ground, explained the EC.

The EU remains the world's biggest exporter of manufactured goods, and dominates markets for high-quality products. The report warns, however, that the EU must focus on investment in its high-technology manufacturing and

continue to improve its market share in the fast growing economies of Asia. The report reinforces the economic arguments behind the launch of the European Commission's Global Europe on trade policy framework in 2006. For further information, go online to: <http://ec.europa.eu/trade>

# Short Term Letting in 2008 Implementation Issues

by Dennis Swing Greene

In this series, we examine implementation issues surrounding the new Holiday Let Licensing legislation

- 1<sup>o</sup> - Taxation: Business vs Rental Income
- 2<sup>o</sup> - Lawyers and Contracts
- 3<sup>o</sup> - "Simplex" and Property Problems
- 4<sup>o</sup> - Rental Agent vs Property Manager

## 3 - "Simplex" and Property Problems

One of the obvious corollaries to a compliant letting activity is having planning permission in order for any property improvements and refurbishments. Even today, getting a proper "factura" from your builder can be like pulling teeth. In the past, different levels of planning permission often proved to be slow, expensive and complicated. For these and other reasons, over the years, many homeowners just went ahead with a project and skipped the bureaucracy. To make matters worse, when property was eventually sold, the purchasers' lawyer often took a "shortcut" and skipped the time-consuming *due diligence* to assure everything was in proper order. In other words, it is not at all uncommon for buyers to discover later unregistered and unapproved additions, garages, swimming pools, etc. on the premises.

It is safe to assume that there will be negative consequences if a problematic property is let under the new regime, due to mandatory minimum standards of comfort and safety required for registration. In other

words, if the swimming pool is illegal, it is unlikely to make the grade!

## "Simplex"

It is no secret that the Portuguese tax system has been cluttered with petty rules that needlessly complicate procedures, often making compliance a nightmare of complex "do's" and "don'ts" that often defy rational explanation. What may come of surprise is that something is finally being done to improve the situation. Since 2006, the government has been introducing hundreds of different measures in a program called "Simplex". As the name indicates, the purpose of the new rules is to simplify or eliminate needless red tape relating to different forms of governance.

The following is an partial list of some of the many areas that have benefited from this program: Energy; Safety; Business Formation; Communications; Tourism; Trademarks; Licensing; Education; Registries.

These and other measures intend to simplify and rationalise the system for citizens, business and institutions alike. While nei-

ther perfect nor complete, they do act as an important first step in making compliance straight forward and "user friendly".

Property Improvements Under new legislation that came into effect in March 2008, many "minor" changes to property no longer require any reporting or permissions. More substantial "secondary" improvements, such as swimming pools and garages, need only be reported to the local authorities and supervised by an architect or civil engineer. In other words, these qualified professionals can now take responsibility for the project with only perfunctory reporting to the *Câmara*.

Needless to say, these new procedures can open the door to solving the knotty problems associated with unauthorised improvements from the past as well.

Even if it were not your intention to let to holidaymakers, working with a qualified architect or civil engineer to sort out any unapproved construction issues regarding your property should prove to be the sensible thing to do.



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# Portugal happy with EU accord on fish quotas



Lisbon's fisheries minister, Jaime Silva, said he was "satisfied" after talks with his EU counterparts on quotas for black scabbard fish around Portugal's autonomous Madeira Islands.

Minister Silva said the European Commission has scrapped its original plans to cut quotas for black scabbard fish in Madeira by 15% and limit catches of sea bream in waters around the Azores Islands.

The Minister said Lisbon is "satisfied" because it used scientific argument to prove that Brussels' proposals for Madeira and Azores quota cuts were without technical basis.

Lisbon has accepted a reduction in black scabbard fish quotas in Portugal's territorial waters of 10% from 2009, and 7% the following year, instead of the 30% initially proposed by the EC, Silva noted.

This year's EU fisheries negotiations are "a clear sign that the policy of sustainability is here to stay," and this is the policy of Portugal, Brussels and all of Europe, added Silva. *TPN/Lusa*



The Mayor of Lisbon, António Costa and the Minister for Agriculture, Fisheries and Rural Development, Jaime Silva, after signing the management agreement at the Necessidades Palace in Lisbon last Thursday. (Photo: Lusa / Pedro Pina)

## Global financial crisis at centre of Portugal-Brazil summit

The Portugal-Brazil summit this week focussed on the global financial crisis and on bolstered economic ties between the two Lusophone countries, according to Portuguese Prime Minister José Sócrates.

"The best response to this crisis is more Europe and more regional integration at the level of Mercosul", Prime Minister Sócrates said on the eve of the summit in the northeastern Brazilian city of Salvador, indicating his support for revived trade talks between the EU and the

South American bloc.

"We will be better protected in Europe with the European project, just as at the regional level there will be greater defence with trade accords and a regional expression for [national] economies", he added.

Speaking aboard the Portuguese tall ship Sagres, Prime Minister Sócrates said his summit with President Lula da Silva should contribute to "more just regulation of globalisation" to renew international security and confidence through supervisory

institutions and new rules for financial markets.

Another theme of the apex meeting, he added, would be joint action to promote their common language - Portuguese, a central concern of the eight-nation, Lisbon-headquartered Community of Portuguese Language Countries (CPLP).

"Portugal and Brazil have much to do in the realms of the economy and of the Portuguese language as an instrument of promotion and affirmation of all the Portuguese-speaking countries", he said.

Sócrates, who last met da Silva at a bilateral summit in Portugal in 2005, said relations between the two countries had witnessed

"extraordinary developments" in recent years, including Brazil's rise on the international stage.

Brazil, he said, had gained strength as "a global political actor" since getting strategic partnership status with the EU last year during the European bloc's Portuguese presidency.

"We have no doubt that Brazil is doing what it should to occupy its place in the international community", Sócrates added, referring to Brasília's bid for a permanent seat on a reformed UN Security Council. *TPN/Lusa*

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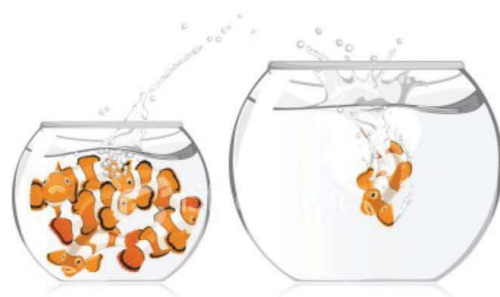
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# Portugal leader in liver transplants



The number of liver transplants carried out in Portugal has increased on a yearly basis, according to recent figures, placing the country at the top of the list for the most liver transplants per million inhabitants.

This was confirmed by figures revealed by Eduardo Barroso, director of the Curry Cabral Hospital's Transplant Centre, who believes more centres of excellence must be created to offer highly specialized treatments and equipment.

Eduardo Barroso also revealed that only two centres in the UK carry out more trans-

plants than the unit he represents. Also a surgeon, Dr. Barroso believes the national health system should create centres of excellence in Lisbon, Oporto and Coimbra, all centres should be regulated, and only those with the highest number of patients and best results should be allowed to offer specialised treatments.

## Portugal pushes for use of Portuguese at UN



Brazil and Portugal's leaders this week reiterated their joint commitment to press for the adoption of Portuguese as working language at the UN and other international organisations.

Speaking after a one-day bilateral summit in the north-eastern Brazilian city of Salvador, Jose Socrates, Portugal's prime minister, said: "We are obliged to make speedy investment in the Portuguese language."

Brazilian President Luiz Inacio Lula da Silva, in turn, said: "It is already high time

our language is adopted at international forums."

Da Silva and Socrates said education and culture ministers from the Community of Portuguese Language Countries (CPLP) will meet in December in Lisbon to define a common strategy to promote Portuguese.

TPN/Lusa

## Fight between crime-fighters

Two Chiefs of Police of S. João da Madeira PSP Station, in Aveiro were involved in a scuffle last week over a parking space. They are both facing disciplinary action.

An argument broke out when the Chief of the Traffic Division took the Chief of Criminal Investigations' parking place right in front of him. After an exchange of insults outside the S. João da Madeira PSP Station, a fight

broke out between the officers inside the quarters. The fight was stopped by fellow officers. Both Chiefs are now facing charges and may receive disciplinary sanctions, and, possibly, be transferred to different police stations.

## Pursuit ends in death

A driver of an Audi A3 was attempting to evade a police pursuit in Oporto on Monday when he lost control of his vehicle, crashing into an electricity pole. The man was projected out of the vehicle, killing him instantly, and the other two passengers were seriously injured.

The driver of the Audi A3 disobeyed a police order to pull over at around 6h30 on Monday morning and initiated a pursuit in Oporto. Losing control at high speed, the vehicle crashed into an electricity pole

and then veered into two parked cars at Exército Libertador Square. The two seriously injured passengers, a woman and a man, were taken to Santo António and São João Hospital, respectively.



Little David at home in Alqueidão de Santo Amaro, Ferreira do Zêzere last April with his mother Ana Antunes who gave part of her liver to her son to treat his liver disorder the year previously. (Photo: Lusa / Paulo Novais)

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## Police detain 'very dangerous' Belgian citizen

Portuguese police have detained a Belgian citizen described as 'very dangerous', and wanted by Belgian authorities after escaping from prison.

Belgian police had been looking for the individual since 2004. He had been sentenced to prison after threatening to kill Public Prosecutors and lawyers involved in his trial, as well as his wife and children.

The suspect, said to be in his fifties, threatened to use explosive devices and chemical products, such as acids, to kill the afore-mentioned victims.

He was staying in Portugal in a caravan, from which various weapons and ammunition were seized.

According to the PJ, "during investigations various substances, both chemical and explosive, were seized and it is believed he intended to use them to carry out criminal acts he had threatened".

Also seized by police in the suspect's possession was a 6,35mm gun, a box of 25 bullets of the same calibre, tear gas, a flare and a pocket knife.



# One million flights at €1 each



This week Irish low-cost airline Ryanair launched four new regular routes from Faro airport, to Liverpool, East Midlands (Nottingham), Glasgow (Prestwick), and Dusseldorf (Weeze), which were celebrated with a two-day-only special deal where one million seats were sold at an all-inclusive price of just €1.

Ryanair have estimated these new routes will represent an annual increase of 160,000 passengers per year, to and from the Algarve.

With these new frequent routes Ryanair now serves nine destinations from Faro, to Belgium, Ireland, Germany and the UK.

At the press conference, held in Faro airport on Tuesday morning, was Daniel de Carvalho, Director of Ryanair's European Communications (see next week's edition for a full, in-depth interview), Dr. António Pina, head of the Algarve's ERTA Regional Tourism Board, Francisco Vieira Pita, Faro airport's head of marketing, and director of the Algarve Tourism Association, Daniel Queirós.

Francisco Vieira Pita said: "The fact that Ryanair is continuing to open up new routes to Faro Airport is a clear sign of this company's commitment to the region and the potential of the Algarve as a tourist destination of note. It should be highlighted that the new routes are opening during the winter period, contributing to the much desired reduction in seasonality. It is also important to mention how decisive the cooperation between the airport and the local and national tourism promotion bodies has been for the opening of these new services".

Daniel de Carvalho, who took those present at the conference

through a slide show depicting Ryanair's present market status, reiterated the airport Marketing Director's enthusiasm by saying, "We are truly excited about beginning these new routes from Faro Airport. Ryanair now offers, at the lowest cost and without fuel charges, a total of nine destinations to and from Faro thus proving the popularity of Ryanair as the airline with the lowest prices in Portugal. To date, Ryanair has transported over 670,000 passengers to Faro, demonstrating the continuing success and growth of the Algarve region, and thus contributing to an increase in employment and tourism income for the region".

Dr. António Pina summed up the general consensus by telling Daniel de Carvalho, "your success is our success".

Meanwhile, a series of projects are under consultation to increase the approach and landing safety of aircraft at Faro, as well as the size of the parking spaces for the aircraft, and the environmental impact both will have.

These projects aims to improve conditions for the 6.7 million passengers expected to arrive in 2011, and the 8.5 million passengers predicted for 2020, also increasing aircraft turn-around to 30 per hour.

In 2007, Faro International Airport was used by 5.4 million passengers.

From Left:  
Daniel de Carvalho,  
Director of Ryanair's  
European  
Communications,  
Francisco Vieira Pita,  
Faro Airport's head of  
marketing, Dr. António  
Pina, head of the  
Algarve's ERTA  
Regional Tourism Board,  
and Daniel Queirós,  
director of the Algarve  
Tourism Association.



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# Thousands at Formula 1 show in downtown Lisbon



Lucas di Grassi performing burnouts on Avenida da Liberdade.



Lisbon's famous Avenida da Liberdade was closed off last weekend for the 'Renault Roadshow Lisboa', where Renault's Formula 1 car, driven by Lucas di Grassi, Renault's test driver, flaunted its 700 horsepower down the 1,200 metre stretch between Marquês de Pombal and Restauradores.

According to the organisers of the event, around 120,000 people came to see the ultimate racing car in action, which was modified in height to be able to use the public roads, performing mind-blowing accelerations and several burnouts, much to the public's delight. "Due to the conditions of the tarmac the car will not exceed 250/260 km/h" said Lucas di Grassi, team mate of Piquet Jr and ex-world champion Fernando Alonso; but its acceleration

from 0-100km/h in 2 seconds and 4.5 seconds to 200 km/h was fully shown.

Two Mégane Trophy cars, competing in the Renault World Series, two 'car toons' (colourful, modified cars) and two new models were exhibited together with the Formula 1 car, providing adrenaline fuelled entertainment to thousands of fans.

Around 2,000 police officers were at the event over the weekend, as well as thirty fire fighters,

in six trucks, and forty emergency medical staff. Fortunately they were not needed as no incidents were registered during the weekend. Lisbon Council also provided road access for all residents and workers in the area.

The event has been through Istanbul, Johannesburg, Kiev, Paris, Madrid, Moscow, Rome, Seville and Warsaw before arriving to Lisbon, gathering over 1.2 million spectators so far.

## Hot Air Balloon International Festival



Belém will be the take-off point for the 25 hot air balloons that will cross the Tagus River on 9<sup>th</sup> November. Despite arriving on 8<sup>th</sup> November for a light and sound spectacle, the balloons will only leave from Praça do Comércio the following day, if weather conditions allow.

It is the Festival's twelfth year and Sandro Camarate, organiser of the event, said "On the 9<sup>th</sup>, if weather permits, we will perform the first crossing of the Tagus river by hot air balloon, from Praça do Comércio to Montijo." To celebrate its twelfth year, the festival will have the first Taça

Ibérica, for which 13 contestants have already applied: "Taça Ibérica came through an invitation from the Royal Spanish Ballooning Federation, who liked the way we organise this festival and thought it would be interesting to create this competition" said Mr. Camarate.

The hot air balloons will only be in Lisbon's skies on 9<sup>th</sup>, and from there will fly to Cabeço de Vide, on 10<sup>th</sup>, Crato on 11<sup>th</sup>, Alter do Chão on 13<sup>th</sup> and 15<sup>th</sup>, and in Fronteira on 14<sup>th</sup>. The competition will only begin on 13<sup>th</sup> and the 'free' flights will take off simultaneously with the competitors.

## Lisbon taxis get TV



Around 300 taxis from Rádio Táxi de Lisboa have added televisions to the back of the passenger's headrest, allowing clients to watch Táxi TV whilst en route to their destination, a great new technological feature which has been widely praised by Lisbon's taxi drivers.

The LCD screens which have been installed in the taxis will show informative features, such as weather forecasts, trailers of movies arriving at cinemas, reports on the city, advertising, road safety features, cultural programmes and useful information for tourists.

President of Retalis, José Dionísio, said the new system has attracted a lot of interest from companies and at the moment "the subscription list

is far above the capacity of equipment available." He also admits Táxi TV needs more advertising to be sustainable as it is free for taxis to install the system.

Spreading Advertising is the company that fits the innovative systems, which are already in use in the UK, US and Canada, in Portugal. The company wants to improve programming as at the moment it only has one channel and is all saved on a memory card which is updated weekly. If future investments allow, Táxi TV

will become more interactive and complete, with the possibility of the programming being updated via a central system, allowing passengers to choose from several channels and operate commands by touching the screen.

Porfírio Matias, Lisbon taxi driver, says having a TV in his taxi has been good fun: "Besides being a pleasure for customers, it is one for us too. When I have nothing to do, I entertain myself by watching some Táxi TV."

## Chain stays unbroken at British Retirement Home

Twenty years ago two gentlemen, one from Holland and the other from Portugal, working for an Anglo-Dutch company, devised an occasion (a golf game) to commemorate an incident that happened 341 years ago.

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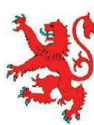
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To the Dutch, the names of De Witt and De Ruyter are synonymous with a great Dutch Navy victory in the Battle of the River Medway (Chatham), in Kent, England, 1667.

But do the British remember 1667? Should they? After all, the Battle of the River Medway was, and still remains, the biggest naval defeat in the history of the British Navy.

Nevertheless, Britain of the 17<sup>th</sup>C had had other things on their minds, not least the beheading of King Charles I; Guy Fawkes trying to blow up Parliament, the Great Plague, the Great Fire of London, and Oliver Cromwell, to name but a few events (makes the 2008 'credit crunch' seem insignificant).

However, 341 years later, when time has healed animosities, the Dutch and Brits held their annual golf tournament on 17<sup>th</sup> October, at the British Retirement Home, Lisbon.

The 'Orange' ladies and men turned out in force against a 'Union Jack' side to vie on the Estoril Golf Course for a trophy with a

difference. In the Battle of the River Medway, the British planned to repel the Dutch by stretching a fourteen-and-a-half ton chain from one bank to the other, and the trophy is a replica of that chain.

With 16-a-side the Dutch started strongly and were ahead at the half-way stage, but, with a stronger finish, the Brits were the eventual winners, keeping the trophy with the Chain unbroken! Final Stableford points were Dutch 449, Brits 474.

An appropriate 'spicy' lunch was convened on the balcony of the Club House - the conflict in 1667 was much about 'spices' and which Navy was going to control the trade.

Over the past 20 years the Brits have now won 11 matches, the Dutch four, and have tied one.

The British Retirement Home would like to say a special thanks to the many Dutch who travelled from as far as Oporto to join in the tournament and to all the 'ratings' who played and helped make the day another memorable occasion.

## su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

	1		9					
	8				4	2	7	
					6	1		5
1		6	7					
			8		1			
					9	3		2
8		3	6					
	6	2	3				5	
				5		2		

Last weeks solution:

7	6	5	2	8	3	9	4	1
9	1	4	7	6	5	3	8	2
8	3	2	9	1	4	6	7	5
3	4	9	5	7	2	8	1	6
5	8	7	6	4	1	2	3	9
6	2	1	8	3	9	4	5	7
4	9	8	1	5	6	7	2	3
1	7	6	3	2	8	5	9	4
2	5	3	4	9	7	1	6	8

For tips on how to solve Sudoku puzzles, browse the forums, go to



## Sewage spillage



An overflow of sewage occurred at Praia do Vau last weekend after a failure was registered at a sewage treatment station nearby. The stench and polluted waters forced people to flee Praia do Vau beach on Sunday morning.

The sewers leaked onto Praia do Vau beach for around ten minutes, from 09h45. Teresa Fernandes, employee of Águas do Algarve, said the problem was due to an energy peak that burnt the power supply to an entrance valve at the sewage works, causing the

overflow. The situation was taken care of by the afternoon, with the removal of the polluted water and affected sand. According to Teresa Fernandes, the situation "will not happen again, as a back-up system will be installed in this station and others."

Being a recurrent problem, staff at Portimão Council explained they had planned to fix the problem with the construction of a pipeline leading to the sea, but the plans were not authorized by the Regional Development Commission for environmental reasons.

## Only a few days to go before the curtain rises on 'Oh! What a Lovely War.'



The Algarveans Experimental Theatre have been performing plays, musicals and pantomimes for seventeen years so a wealth of experience has been poured into this spectacular modern day Music Hall.

If you were too young to see it in the sixties and missed the film don't lose the opportunity to experience this line up of dedicated actors and singers who have been rehearsing for months to bring you this first class production.

Join in the songs those very real young soldiers sang as they marched into war on the orders

of their foolish officers and laugh at their very British humour that saw them through it.

Oh! What a Lovely War will be performed at 8pm in the Auditorium of Lagoa on Tuesday 4th, Wednesday 5th and Thursday 6th of November and tickets can be booked in advance by ringing 282 789 608 at a cost of €15 for adults €6 for students.

The performances have been timed to coincide with Remembrance week and part of the proceeds will be given to The Royal British Legion.



### Remembrance Service

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## Time to say goodbye to Carvoeiro's 'Angel'



Next week all week The Angel bar, in Carvoeiro, will be in party mode to 'celebrate' its final days before closing for good on Friday, November 7th. On that day, from 20h00 onwards, celebrations will reach fever pitch to send the Angel off in style.

Since establishing the bar four years ago, owner Aaron Glashire has become a key member of the local community, and has held many a fund-raising event in aid of the Lagoa Bombeiros, earn-

ing himself the nickname 'the Bombeiros' Angel'.

Friday's celebrations will be no exception and proceeds will go to the Lagoa firemen.

This year Aaron, who is

sad to be closing his venue, has raised nearly €3,000 for the firemen and since 2004 has hosted many a memorable night at the Angel.

Everyone is welcome to join in the celebrations.

## Ex ASAE chief causes uproar in Faro



After losing control of his vehicle and crashing into five parked cars in Montenegro, the former regional director of ASAE (Health and Safety) refused to identify himself and take an alcohol test at the scene.

Having insulted GNR officers and an Emergency Medical doctor after the accident, the man was arrested and taken to Faro Hospital for blood tests.

It is not the first time this man has caused problems: last

year, when he was still Director of ASAE, he insulted workers and customers at a coffee shop, kicked chairs and tables and threatened to close the establishment in a

drunken rage, which subsequently got him suspended from all his activities, a disciplinary action which started seven months ago and is still imposed.

## Estoi Palace Rotary Club Charter Ceremony

On Sunday 26 October at the Pousada de São Brás de Alportel the **Rotary Club of Estoi Palace International** held its inauguration ceremony.

The inauguration was attended by the District Governor Mrs Teresa Mayer and many other Rotary dignitaries together with club members, spouses and other invited guests. Leif B. Axelsson, Charter President, was pleased to accept the Charter Certificate signed by the District Governor and the RI World President Dong Kurn Lee along with the chain of office. All members were presented with charter pins by the District Governor in recognition of their founder status.

As it was a beautiful sunny day the inauguration ceremony was held outside on the terrace followed by a delicious lunch in the Pousada Restaurant where gifts and banners were presented and exchanged. The convivial occasion was enjoyed by all.

The Rotary Club of Estoi Palace International is the newest Rotary Club in Portugal. The club will hold its regular weekly lunch meetings at the historic Estoi Palace when renovations are completed early in 2009 but in the meantime will meet at the Arte Cultura Gastronomia restaurant in Estoi.

Information about the new club is available on their web site: [www.rotaryestoiapalace.org](http://www.rotaryestoiapalace.org).



The formal flag salute to open the proceedings with, from the left, District Governor Teresa Mayer, Past District Governor Frederico Nascimento, President of Estoi Freguesia José Brito and Charter President of Rotary Club Estoi Palace International Leif B. Axelsson.

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## Chaîne des Rôtisseurs in the Algarve

The Chaîne has 25,000 members in 70 countries and all members are welcome to any event worldwide. A non profit-making association, surplus cash is used to sponsor food release programmes in the third world through the 'Chaîne Foundation'.

The Chaîne Baillie of the Algarve recently met for an exceptional gastronomic dinner organised by Vincent Winiker, Officier and Maître Rôtisseur at his restaurant 'Vivendo' in Vila Palmeira, Meia Praia. The dinner was specially prepared for the Confreres and their guests by Chef Christoph Voigt and the five course menu included some of his new creations such as *Shrimps tartar with grilled watermelon and chilli sauce*, *Braised veal cheek on truffled mashed potatoes with tarragon carrots followed by a desert of carob cake, raspberries and vanilla ice cream*. The wines, which comple-

mented the meal perfectly, were kindly presented by the Joergensen family, owners of the highly respected 'Cortes de Cima' estate in the Alentejo.

Earlier on, in August, the members of the Chaîne were treated to another remarkable dinner at the exclusive Ocean

Restaurant in Vila Vita organised by Confrere Kurt Gillig with his clever head Chef, Hans Neuner, a rising star in the Algarve. Once again a five course meal was presented, beginning with *Smoked foie gras served with joselito ham, marinated grapes and granite of Port wine*. A *ravioli of*

*Alentejo rabbit*. A fine dish of *Atlantic turbot with braised veal cheek*.... Kurt Gillig had selected the wines from Vila Vita's cellar of 70,000 bottles, and his sommelier served white and red wines from Quinta do Crasto, a white Kopke Reserva, and finished with a Porto Taylor Vintage 2003 "100 Parker points". Another fantastic evening for the 'Chaîne'.

Future events include a weekend in the Alentejo (November 6<sup>th</sup> - 9<sup>th</sup>) dedicated to Game. A Gastronomic Dinner at Willie's restaurant in Vilamoura on November 14<sup>th</sup>, and the Grand Chapitre of Lisbon, Gala Dinner and Ball at the Ritz in aid of the Chaîne Foundation (November 20<sup>th</sup> - 22<sup>nd</sup>).

The year will end with a Christmas Lunch at Vila Joya on De-

cember 20<sup>th</sup> specially organised for the Chaîne by our Confrères Dieter Koshina and Joy Young.

For more information, please contact the Bailli: Dr. Jean Ferran, Tel: 282912822 or by e-mail: ferran@monchique.com or consult the International website: <http://www.chaine-des-rotisseurs.net/en/>



The Chef's Brigade at Vivendo

## Rotaries raise substantial funds for Faro Boys' Home



A concert by the Amsterdam Chamber Group raised considerable funds for the Faro Children's Home, Casa dos Rapazes. The event, organised by the Rotary Clubs of Alcantaral and Faro, was completely sold out with an audience of over 200 music lovers, many of whom were Dutch ex-patriates living in the Algarve.

The concert was held in the specially decorated gymnasium at the Home on Thursday, October 23rd. Peter Hinze, President of the Alcantaral Club and Gloria Fernandes, President of the Faro Club, welcomed Dra. Ana Passos, Assessora da Governadora Civil, Dr. João Marques, Vereador da Câmara Municipal de Faro and other guests. Extra money for the home was also raised through a prize draw and individual donations.

The Chamber Group has nine young members from Holland, many of whom are also members of larger orchestras. They have been playing together for three years, and have toured extensively in Europe and India offering a wide repertoire of classical and modern music. Their concert at Casa Dos



Mr Peter Hinze, President Alcantaral International Rotary Club (left) Dr. João Marques, Vereador da Câmara Municipal de Faro (2<sup>nd</sup> left) Sr António Barão, Principal, Casa dos Rapazes (2<sup>nd</sup> right) Dra Ana Passos, Assessora da Governadora Civil (right).



The members of the Amsterdam Chamber Group

Rapazes included pieces by Mozart, Handel, and Schubert, with arias from Handel sung by their Mezzo Soprano, Karen Langendonk.

Casa dos Rapazes currently houses 60 boys from five to eighteen years and receives over 30 applications a week for new admissions. Alcantaral International Rotary Club has previously paid for an additional teacher to help with schoolwork at the Home.

For details of the group go to [www.amsterdamchambergroup.nl](http://www.amsterdamchambergroup.nl)

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## Algarve breast screening project a success

A mobile breast-cancer screening project initiated in the Algarve some three years ago has since carried out more than 26,000 mammographies on women from all over the region, subsequently diagnosing four in every one thousand women examined with the disease and allowing for immediate treatment.

The campaign, which targets women between 50 and 67 years of age, was launched in September 2005 and is now in a second phase, ongoing since February.

During this second phase around 60 per cent of the women invited for a free screening turned up for their appointment, 16 per cent more than in comparison with the first phase.

Developed as a collaboration between the Regional Health Board and the Algarve Cancer Association, and involving numerous hospitals and health centres, the results of this unique project were made public this week.

According to the doctors responsible for the project, which represents a €600,000

investment, around 70 per cent of all cases diagnosed have optimal chances of being fully cured, thanks to an early diagnosis.

In turn, this has saved the National Health Service an estimated €300,000 in treatments, as well as lowering the number of mastectomies and radical surgeries.

It has also created greater articulation between health services within hospitals as well as reducing estimated waiting list times from two months to three weeks.

In the Algarve, around 175 women are diagnosed with breast cancer every year, 70 of which die from the disease. In Portugal, every year 4,400 cases are diagnosed, resulting in 1,500 deaths.

## F1 at Algarve International Racetrack this weekend



Algarve International Racetrack. (Photo:TPN/ Tommy Broad)



The International Algarve Racetrack's inauguration takes place this weekend with the Superbike World Series. As entertainment, Toro Rosso, Italian Formula 1 team, will be driving their F1 car around the track before the race, with the F3 British Champion, Jaime Alguersuari, behind the wheel.

After getting a taste of the Superbike action on Thursday morning, with Troy Bayliss,

Miguel Praia, Josh Hayes and Simone Sanna giving a demonstration of their bikes at Portimão's riverside area, it has been confirmed the 'Redbull' team will be racing around the new track, as entertainment, before the Superbike Series begins.

Despite Toro Rosso being the first to try out the track, McLaren Mercedes will be the first team to officially test the track, between December 15<sup>th</sup> and 17<sup>th</sup>, in conjunction with Honda, whilst other F1 teams will be testing in Jerez de la Frontera.

If the teams are happy with the conditions in December, other F1 teams can be expected

in the Algarve in January.

The test tracks which were mostly used in the 2008 season were Barcelona, Jerez (Spain),

Paul Ricard (France), Valencia (Spain), Silverstone (UK), Hockenheim (Germany) and Monza (Italy).

## Algarve train tracks draining millions

The Algarve's regional train tracks are causing losses of an estimated five million euros every year, according to Luís Silva Alho, manager of the Algarve and Alentejo's CP Regional Network.

The official said that, along with revenue obtained from traffic, which is estimated at around three million euros per year, total overheads are estimated at eight million euros per year.

During a press conference

in Faro, Luís Silva Alho affirmed CP's Regional "supply is far superior to demand", and that "there is ample capacity for more traffic, should there be the need".

On an annual basis, the Regional Algarve Line transports around 900,000 passengers, representing just one per cent of all national transportation.

The state of degradation on some platforms and stations and the poor communication with other means of transport are just two negative points that need resolving.

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### Thank you!

SIR, Thank you very much for printing our letter in The Portugal News last week about the five abandoned puppies we found on a rubbish heap in September. Also thank you for being so generous in printing the three photos of the pups.

We are delighted to tell you that all five puppies have now found new homes.

ALEC & SUE HARRIS, Bye-mail

### Re: Nuisance dogs

SIR, I have every sympathy with the letter writer about dogs barking and would also be very interested in the legal position. Where I live in Central Portugal, almost everyone in the village has a dog that is chained up all day and night, rarely gets exercised and is bored out of its mind. The result is that they bark at every little noise or person passing by, setting off all the other dogs in turn. The owners are completely oblivious to the nuisance they are causing and just shrug when I try to discuss the matter.

They tell me the dogs keep their homes safe but since anyone can walk past them I fail to see the logic of this. Please can you publish responses to the original letter for the benefit of other long suffering people in the same situation.

NAME & ADDRESS SUPPLIED

### Pension injustice

SIR, I should be very interested to know if any of your readers has

suffered, as I have, without warning a cut in their Portuguese pension. The reason I was eventually given by the CNP-PENSOES for a 25% cut was that I had other pensions.

This is unjust because:

1. I made pension contributions and paid my taxes all the time I worked in Portugal. I still pay Portuguese taxes.
2. My other pensions from the UK, also earned by contributions, have always been declared and only now, after 3 years of receiving the Portuguese one, are they quoted as reasons for the cut.
3. My UK pensions have suffered seriously from the devaluation of the pound.
4. What if all providers reduced their payments because recipients had other pensions?

ALAN ST. GEORGE, Sintra

### Correction

SIR, After taking legal advice, I am writing in response to the misleading article 'Missing Diver's body found in Sagres' on page 13 of your edition dated October 18th 2008.

Much of the information contained therein is false and in accordance with the Portuguese penal code (Articles 180, 182, 183 and 185), I expect an apology to be published at the earliest opportunity along with this letter, in an attempt to rectify the personal distress your report caused to myself and the deceased's family.

1. Paulo went missing in the early hours of Friday morning, 10th October, not on Sunday as

reported.

2. Paulo's body was in fact discovered on Friday the 10th October in the early afternoon.

3. Paulo was not fishing with his cousin on Sunday night - he was deceased by then, and his body was in the mortuary at Portimão hospital.

4. Obviously, searches began at sunrise on Friday, not on Monday as reported.

5. He was not found 'in a cave 15 metres deep'; he was found at a depth of 10 metres in the open sea.

6. Debora Cabrita is not the 'victim's wife'. I am his heartbroken, long-standing partner of more than 16 years, Deborah Silvanus, and the mother of his two children.

7. The quotation published in the last paragraph, apparently given by 'the victim's wife', were not spoken by me and the inference made, I consider as personally offensive.

Please let me know when the apology and letter will appear in print so that I may inform other family members and friends of the deceased.

D. SILVANUS, Parchal

Thank you for your letter.

Concerning the first four points made in your letter, we accept the day of the incident reported was incorrect. As for point number 5, the information we received was that Mr Cabrita's body was found at a depth of 15 metres deep. However, we accept your correction that his body was recovered at a depth of 10 metres and was found in the open sea. As for point six, we apologise for calling you "Mr Cabrita's wife", when you were in fact his partner of more than 16 years and mother of his two children. In point number seven, we used a statement published by a

respected Portuguese daily, but as you deny giving this quote, we apologise for any inconvenience and distress caused by its publication. Ed.

### Spelling it out!

SIR, Having read J.R.'s latest effort (Letters 18th October) I can see why he's so in love with Sarah Palin and John McCain. His exaggerated, emotive, short-on-truth comments are a mixture of the lamebrain (it's in Webster's American dictionary!) attempts of Mrs. Palin to deal with direct challenges, and McCain's tactic of abuse when cornered, exemplified by his insinuating that my "a life fraught with setbacks" is commensurate with "better off dead". May I be excused for not giving the sex of the child? Once again, transatlantic orthography has landed me in trouble—the nearest I could get to 'Trig' was a shortened form of the name of Roy Rogers' horse, the sex of which I am unaware.

More seriously, my remarks regarding Palin's selfishness were based on personal experiences related to me over the years, one by a married lady born severely handicapped and wheelchair-bound, and who, due to the chance that her disability could be congenital, decided to terminate her pregnancy because, looking down at herself, sadly but bravely said, "I would not wish to condemn another human being to a life like this".

Another person of my acquaintance whose mother, a hospital delivery room nurse, said that some of the births which the medical team enabled emerged so badly misshapen and deformed that they hardly resembled human beings. As a kindness to the mother, they were reported as still-born. In the light of these examples, Ross' advice to let my

words stand is apposite, yet despite his insistence on "real issues", he's silent about the rest of my letter.

MICHAEL BAUGH, By e-mail

### Reply to James Ross

SIR, James Ross has set the standard for self-ridicule!

I suggest that in this time of worldwide financial issues, arguably caused in the main by American banks lending in a less than prudent manner, J.R.'s protagonist, in wishing to argue the economy, has more of a grip on reality than J.R. himself.

His claim that Obama is unfit to be President of the US now seems to be based on his (Obama's) stance on abortion, and to say that Sarah Palin has been mocked for nonsensical reasons simply shows a basic lack of reason. If, as he indicates, J.R. believes that the US Presidential election should be decided on the basis of one candidate's stance on abortion rather than the economy, he really has plumbed the depths of political misunderstanding.

I am not about to enter into an argument about when a foetus becomes an infant, but there are arguments for and against abortion and no one person has all the answers, so to judge solely on this issue is unreasonable.

Now I ask why criticising Palin for her stances is nonsensical, yet attacking Obama is acceptable?

J.R.'s blinkered insistence that Palin is a suitable candidate for any office beggars belief. How can any decent human being support someone who shoots wolves from a helicopter for fun; who has such narrow-minded views that she votes against sex education in schools; who uses and abuses her position of power to have a man dismissed because he divorced her sister? To say that these truths are nonsensical and mocking is simply wrong - they are a matter of record.

He demonstrates a total lack of courtesy to other readers and contributors by his insults, and expects everyone to bow to his way of thinking.

Finally, why is it wrong for anyone to correct spelling mistakes? A single incorrect letter can change the meaning of a word and therefore the context of a sentence and J.R.'s unwillingness to accept this indicates his innate arrogance.

Yes, Mr Ross, if insults are good enough for you then you should expect them in return, but please note I did not find it necessary to resort to profanity!

LESLEY FRASER, By e-mail

### American election

If James Ross' views are a reflection of McCain's views and the Americans elect McCain, God help America, God help the world. PETER, Orvalho

### Message for James

SIR, I should like to beg James Ross at least to try to remove his anger, bile and dislike of his fellow men from his heart and your pages for the Christmas season.

James I have a true story for you. I know a woman who in her youth was unwise, not well. She had a daughter, by a useless,

unsupportive man. Later she had 3 abortions. Now she is in her middle age, with a lovely daughter. She has a partner and the 2 of them have been caring for 2 retarded adults in their home, under the social services system. They have been doing this for some years, and the 3 charges are cared for with love, and are part of the family. I mentioned to her that I could not do this. Her response was, "Well, in a way, it makes me feel better about the abortions. I am helping people."

I am not commenting on the abortions. I am saying, in your vocabulary, how can you be so sure that grace cannot come from sin? Who are you to judge? Now abideth faith, hope, and charity, these three; but the greatest of these is charity. Charity in this sense means love. He that is without sin among you, let him first cast a stone.

Please may we have some charity for the next couple of months?

ROSAMUND GALE, By e-mail

### Story time

SIR, I find it hard to believe that James Ross has rendered the redoubtable Michael Baugh incapable of responding to the former's recent personal rant. Was his reply perhaps received too late or has he followed Zita Neto's suggestion and decided to ignore it? We need to know!

Perhaps a bit of relief from the current long running disagreements about religion, American politics and the need for correct spelling is in order so may I pass on this sad little tale? The wryness of readers' smiles will probably depend to a great extent upon their ages. Well, it will if, like me, the last marker is already receding into the distance).

What is the difference between females aged: 8, 18, 28, 38, 48, 58, 68 and 78?

At 8 — You take her to bed and tell her a story.

At 18 — You tell her a story and take her to bed.

At 28 — You don't need to tell her a story to take her to bed.

At 38 — She tells you a story and takes you to bed.

At 48 — She tells you a story to avoid going to bed.

At 58 — You stay in bed to avoid her story.

At 68 — If you take her to bed, that'll be a story!

At 78 — "What story? What bed? And who the hell are you?"

~~~~~

Mock not, your turn will surely come!

RONLAVERY, By e-mail



## Portuguese for Beginners

Emília Rosendo

**O Pedro e a Ana casaram-se em 2006 e são, agora, um casal muito feliz. O que mudou nas suas vidas?**

*(Pedro and Ana got married in 2006 and are now a very happy couple. What has changed in their lives?)*

### Presente

Todos os dias/ eles/ **PREPARAR/** as suas refeições em casa

### Passado

Antigamente/ eles **A L M O Ç A R E JANTAR** quase sempre em restaurantes

Todos os dias, eles **preparam** as suas refeições em casa, mas, antigamente, eles **almoçavam e jantavam** quase sempre em restaurantes.

① Build similar sentences according to the information included in *Presente* and *Passado*.

### Presente

a) Agora/ o Pedro/ **IR** ocasionalmente à pesca/ com os amigos

### Passado

Antigamente/ ele e os amigos/ **IR** à pesca/ todos os domingos e feriados

130

### THIS LESSON:

Revision exercises:  
*Presente and Pretérito Imperfeito do Indicativo*

### Passado

b) Antes de se casar/ o Pedro/ **não SABER/** cozinhar muito bem

### Presente

c) Todos os anos, pelo Ano Novo e Verão / eles/ **FAZER/** uma viagem

### Passado

d) Antes do casamento/ a Ana/ **QUERER** viver num apartamento

### Presente

e) Agora/ o Pedro/ **TER/** um carro

### Passado

f) Antes de se casarem/ eles/ **TER/** contas bancárias individuais

### Presente

Hoje/ ele/ **SER/** um excelente cozinheiro

### Passado

Antigamente/ eles/ **FICAR/** sempre em casa/ ou **ACAMPAR** durante o Verão

### Presente

Neste momento/ ela **SONHAR** em comprar uma moradia

### Passado

Quando ele **SER** solteiro/ **ANDAR/** sempre de moto

### Presente

A partir do casamento/ eles/ **TER/** uma conta conjunta e **DIVIDIR/** todas as despesas





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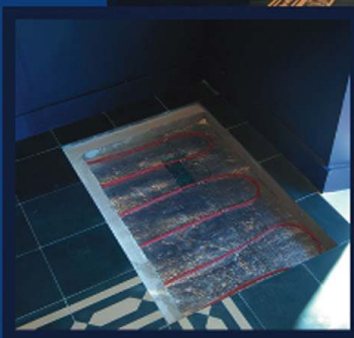
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# tradingplaces

## Bedspreads Factory Outlet



Bedspreads Factory Outlet started in 1988 by Patrick and Linda Hall, long term residents of the Algarve. After extensive research, they found a gap in the market for high quality textile products that Portugal is famous for worldwide, but not available in Portugal, a few small shops stocked some articles, but many were made out of polyester/cotton; copies of the real thing.



All the best quality bedspreads were being sold abroad in high quality drapers with the resulting high prices.

Due to economic necessity (being broke), they started selling on the Gypsy Markets', selling just 'Bedspreads'...

They sold from Sagres to Vila Real, and found that there was a very big market for these high quality, low cost items.

They had many problems ensuring products arrived on time and were forced to travel to the North every six weeks to pick up stock.

The factories had very little need for their custom as they supplied Harrods, John Lewis, Calvin Klein and Ralph Lauren to name but a few. But hard work and perseverance paid off!

After eight years out in all weathers, travelling to every market, they decided to open a shop.

Their first shop was opened in Albufeira at Clube Praia da Oura - this was very successful, but the location was not.

After eighteen months they moved to Alvor and the Bedspreads Factory Outlet began. They then quickly realised there was a gap for all other textile products and started stocking sheets, pillowcases, towels, etc., still only buying direct from the best manufacturers that Portugal has.

The extensive range of exclusive products now includes, towels, sheets (fitted and flat in 100% cotton + poly/cotton); available in every size to fit any

bed anywhere in the world, curtains, dressing gowns, bath mats, duvets, duvet covers, mattress toppers, mattress protectors, tablecloths, blankets, pillows, pillow protectors, valances, and even tea towels.

In order to better serve the huge client base, they decided to open another Outlet Store in Lagoa on the EN 125 next to the petrol station. Here clients can park easily right outside the door and it is easy to find. The shop opened in September and is open from Monday to Friday from 10am to 6pm and Saturday mornings until 1pm.

With the credit crunch in mind they have created lightweight bedspreads at really low prices; singles are selling for only €30, sofa throws start at €30, beautiful designer waffle dressing gowns at €27, duvet covers in the best quality cotton at €30... the prices are unbelievable and really have to be seen to be believed!

You can now buy two single bedspreads with matching curtains all in Egyptian cotton for the low price of €120.

The quality is still the best Egyptian cotton matelasse, but the prices are one-fifth of the price abroad.

They were proud to be 'green', long before it was fashionable, by buying at home they help to save the planet and are ambassadors for the best that Portugal manufactures, confident that their products will last and last, as there motto goes "if you have a bed we can fit it".

Large discounts are available if you are equipping apartments, with special prices for villa management companies, resorts, hotels and developments.

Free delivery across the Algarve.

Contact them at [www.bedspreadsportugal.com](http://www.bedspreadsportugal.com) or visit them in Alvor at 13b Rua do Castelo, call 282 457 510 or in Lagoa at Beco Marquês de Pombal, located next to Total Petrol Station, call 282 353 244. For further information, you can also e-mail Bedspreads The Factory Outlet at: [information@bedspreadsportugal.com](mailto:information@bedspreadsportugal.com).

## 'Tiffany's' continues to improve horse riding in the Algarve



When it comes to equestrian activities, Tiffany and her sister Deborah, ably assisted by 'Team Tiffany', are regularly involved in events all over the Algarve.

It has been a busy Summer for Tiffany's Riding Centre, situated near Almádena, Lagos.

Earlier this year the centre became the first, in the Algarve, to be recognised by the Escola Nacional de Equitação as a training establishment, allowing students to have formal training in a professional environment, complete with three riding arenas, show jumps, cross-country and TREC courses and a classroom with multi-media backup, where instructional techniques and riding abilities can be assessed.

Tiffany commented, "We were delighted that the facilities we had put in place met the high standards required for training." Several courses have been run to date, with more being planned for the coming months and into 2009.

The Riding Centre continues to expand, with more than 25 horses, most being the centre's own, while others are privately owned horses that are being cared for at the stables.

"I am very pleased that our top-class livery service is appreciated by our private horse owners," said Tiffany, "Even riders that are unable at present to own horses learn from our

Horse Share programmes that enables them to enjoy horse riding whilst gaining equine management experience."

This year 'Tiffany's' celebrated their landmark 20<sup>th</sup> anniversary and marked the occasion by staging a one-day TREC competition at their riding centre.

'Tiffany's' also organised the Dressage and Show Jumping events enjoyed by many at the Feira de Caça e Pesca in Faro; worked at the September International Jumping Competition in Portimão with Bernardo Costa Cabral (the Beijing Olympics Eventing Show Jumping Course Designer)

and organised equestrian events at the 8<sup>th</sup> Agro-Expo Fair in Vila do Bispo.

General tuition and rides are available for all levels of riders as well as learning crucial aspects of competition riding.

You can rely on Tiffany's and Deborah's extensive knowledge of equestrianism to ensure a safe, enjoyable, riding experience through the Algarve countryside.

For more information on 'Tiffany's' please contact 282 697 395 or check out the website: [www.teamtiffanys.com](http://www.teamtiffanys.com), or email: [tiffanys@mail.telepac.pt](mailto:tiffanys@mail.telepac.pt).

They are open every day.



Tiffany, right, and sister Deborah.

## Lagos Language Centre's new November courses



If you want to perfect your Portuguese in an informal, friendly environment, with either private lessons or in a small group, then the Centro de Línguas de Lagos is the ideal place to start. New courses start in November, so make enquiries now!

Comprising a maximum of eight students, classes are deliberately kept small so teacher attention is maximised for each student. All teachers speak fluent English, which is useful to explain anything that can't easily be explained or understood in Portuguese.

With the new school year underway three successful groups are already running, for beginners through to intermediates.

A ten-day intensive course for beginners will start on November 26<sup>th</sup>, being a 30-lesson course based on three lessons per morning: from 10h10-13h00. Each lesson lasts 50 minutes, with two intervals (11h00 - 11h10 and 12h00 - 12h10). Coffee or tea served in school at intervals.

The cost of the ten-day course is €250, plus an enrolment fee of €20, and course aids (a course book plus CD and workbook), at €31.50.

Private lessons are available, tailored for students who might have a more limited timetable because of work or other commitments.

Private lessons are also available for individuals who need a

specific course related to their profession or studies.

The special 'Two students for the price of One' offer - for friends, family members or work colleagues - is an ideal option, and these lessons can be organized for any time of day, including lunchtimes and evenings.

The cost of private lessons for one or two students studying together is €27 per lesson. Discounts for sets of 20 lessons

(€510) and sets of 30 (€750).

The Centro de Línguas de Lagos welcomes everybody to call in and chat to one of the teachers about the courses, and aims to make learning as enjoyable as possible.

For more information, contact the Centro de Línguas de Lagos on tel/fax: (+351) 282 761 070, e-mail: [centro.de.linguas@mail.telepac.pt](mailto:centro.de.linguas@mail.telepac.pt), or see website: [www.centrodelinguas.com](http://www.centrodelinguas.com).

## PC Surgery to the rescue



Computers can be a man's best friend... until they break down and turn into a living nightmare. PC Surgery will relieve the pain by repairing and maintaining anything to do with a computer or network.

PC Surgery maintenance company was founded around a year and a half ago by Kurt Pardon, a fully qualified MCSE (Microsoft Certified System Engineer), at a time when he decided he could use his knowledge in the business to build up his own 'clinic'.

Specialising in networks, hardware, operating services, virus removals, spyware, data recovery and software configurations, Kurt employs several technicians with years of hands on experience to fix problems as swiftly as possible. Their aim is not only to fix the problem, but also to help the client understand what was going wrong and how to avoid further hassles.

To inspire more trust, PC Surgery employs a 'No fix, No fee' policy but so far has not needed to make use of it as all problems have a solution and PC Surgery's team always find the way.

A new service the company provides is the remote computer assistance contract where customers pay a monthly fee, between €5 and €35, and the technicians install a programme on your PC to

allow them to access it remotely. If any problems occur, except on hardware and telephone lines, PC Surgery will access your computer remotely and fix the problem without even touching your computer.

If you like the 'old-fashioned' approach, technicians do house calls all around the Algarve; they can also collect, repair and return or you can just bring the PC into the office. For house calls there is a call-out charge, with the first hour's labour included.

Kurt says the most common problems he encounters are viruses and spyware; spyware is a programme that infects your PC and once installed, without the PC owner's knowledge sends confidential information to other users and also affects other programmes, such as the anti-virus one and they then cease to function.

PC Surgery also builds PC's to clients' specifications, configures everything to their liking and can transfer all data from their old computer. Furthermore, the technicians will install English language

operating systems.

The one thing that differentiates PC Surgery from other companies is the fact that PC Surgery will do everything for the client, providing a full service. They will build a PC, setup the whole system at the home and leave the customer with one only thing to do: use the computer.

Accessible prices, know-how and experience are part of the equation that make PC Surgery so appealing, and their Portuguese/English speaking technicians will allow you to feel comfortable at leaving your PC in their hands.

Kurt used to write a column for The Portugal News entitled 'Computer Chronicles' helping many people overcome problems they could solve themselves with a little help. He is also head of the new World Telecom broadband project.

PC Surgery is open weekdays from 09h30 to 18h00, the offices are located behind the Health Centre, in Lagoa. For more information please call 707 500 600, visit [www.worldtelecom.pt](http://www.worldtelecom.pt) or email: [sales@worldtelecom.pt](mailto:sales@worldtelecom.pt).

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# PROPERTY

A 10 page weekly guide to the latest and the best properties on the market in Portugal • The *Portugal News* • 1 Nov 2008

## PROPERTY OF THE WEEK

### Discover the Costa Vincentina with Togofor-Homes Lda



This week Property of the Week is focusing on the Costa Vincentina National Park, which has been steadily growing in popularity over the last five years and now more than ever is attracting purchasers with its competitive property prices.

The Park extends along the Algarvian and Alentejan coast for 150 km, offering unparalleled views of the un-spoilt coastline. The breathtaking combination of rugged cliff tops, sheer drops, sprawling dunes, powerful Atlantic tides and endless deserted beaches enthrall nature lovers, whilst supporting over 100 species of flora and attracting more than 50 types of birds.

Within the boundaries of the Park there are over 40 beaches of different shapes and sizes, each with its own unique charm. It is no wonder then that this part of Portugal is celebrated and visited by surfers worldwide.

In addition to this there are

wonderful routes for walking, cycling and hiking which take in the best of what this un-spoilt piece of nature has to offer.

With comparative temperatures during the summer months, the refreshing breeze creates a pleasant overall environment.

Out of the main summer season the climate is cooler, particularly in the evening although most properties now have central heating, feature fireplaces, conservatories and even covered pools!

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Olhão, in 2009, in direct response to the current market situation, we are committed to providing an extensive selection of well priced properties across the Algarve. Togofor-Homes is proud to present four properties in four very different areas

of the Costa Vicentina; prepare to be surprised! **Office in Lagos**, tel: (+351) 282 432 004, fax: 282 496 729; **Alvor**, tel: (+351) 282 476 568, fax: 282 458 177. E-mail: [info@togofor-homes.com](mailto:info@togofor-homes.com), or see website: [www.togofor-homes.com](http://www.togofor-homes.com).

#### Property 1

Detached villa, Arrifana, Ref:S110

Charming, modern villa with lovely Portuguese details offers 3 bedrooms and 3 bathrooms, conservatories on two floors, special log burner, 1,310 m2 plot with landscaped garden, patio with BBQ area and a garage. This property enjoys breathtaking sea views from all levels. Located in the delightful coastal village of Arrifana, the next town being Aljezur.

Perfect as a permanent home or for holidays.

Reduced to Top Price: € 295,000.



#### Property 2

Detached villa, Vale da Telha, Ref:162.

Modern and spacious bungalow style villa with 3 bedrooms, 2 bathrooms, garage and high quality finishes throughout. Includes large fully fitted kitchen, conservatory, heated salt-water pool and central heating. The landscaped garden of 660 m2 offers terraces all round.

Situated within the growing community in the attractive low-rise urbanization of Vale da Telha in a cul-de sac, only 700m from the sea. The closest town is Aljezur.

Reduced to Top Price: €299,000.



#### Property 3

Detached villa, Monte Clérigo, Ref:S309

Spacious front line villa with 3 bedrooms and 3 bathrooms over 2 floors.

Living area approx. 205m2 including fitted kitchen, conservatory, Calimax fireplace and underfloor heating. There is a covered pool for year round use and beautiful uninterrupted views of the coastline and dunes. Plot offers storage, BBQ and a garage. This is a very desirable property with an unbeatable position and views, only minutes from the splendid beach at Monte Clérigo. The next town is Aljezur.

Reduced to Top Price €349,000.



#### Property 4

Detached country house, Rogil, Ref:S320

Well built ecological country house with 3 bedrooms and 2 bathrooms on one level, ideal for nature lovers. The 4,995m2 plot includes a separate wooden guest house and a private lake. The adobe built house with wooden ceilings provides an excellent room climate. Possibility to buy adjacent plot with coastal access.

This property is set within the Nature Reserve in a secluded position but not entirely isolated being only 2kms from the coast and close to both Aljezur and Rogil. Top Price: €439,000.



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### PEDRAS DE CABANAS - TAVIRA



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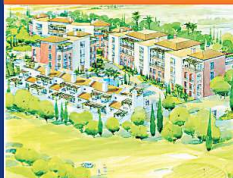
### CONVENTO DAS BERNARDAS - TAVIRA



Convento das Bernardas is a unique Project all over the Algarve. On the ruins of and ancient monastery built in 1509 will become an innovative residential project from Arq. Souto Moura. Composed by 78 units to the top of the salt works viewing the Gilão River waters and Ria Formosa.

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### VICTORIA GARDENS - VILAMOURA



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Terraços de Benagil is a development of 49 two bedroom villas in an unrivalled location on the Algarve in Portugal. High on a cliff top with magnificent panoramic views, offers the most stunning, idyllic setting for your dream home or holiday home.

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### VILAGENTE



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#### Vilamoura

2 bedroom apartment composed of 2 bathrooms, lounge with fireplace, equipped kitchen and terrace. Communal swimming pool and garden area. Tennis court. Construction area - 96 sq.m.

Ref: A1255

Price: € 185,000



#### Boliqueime

Restored country villa composed of 3 bedrooms, 2 bathrooms, lounge with fireplace and dining area, equipped kitchen two storages and terraces. Garage, barbecue, swimming pool and garden. Project approved to extend villa. Plot area - 4.500 sq.m. Construction area - 400 sq.m.

Ref: V12553

Price: € 365,000



#### Vilamoura

Attached renovated villa composed of 2 bedrooms + 1.2 bathrooms, lounge with dining area and fireplace, kitchen, storage and terrace. Swimming pool and garden. Barbecue, furnished and equipped. Construction area - 125 sq.m.

Ref: V12573

Price: € 375,000



#### Loulé

Country villa composed of 3 bedrooms 2 bathrooms, lounge with fireplace, dining room, equipped kitchen, storages and terraces. 2 bedroom apartment in annexe, garage, swimming pool and garden. Plot area - 35.492 sq.m.

Ref: V12562

Price: € 550,000



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- Cottage 240m² plot 1000m²

Ref. C404

Price Reduced: € 192.000



#### São Brás de Alportel

- Lovely restored cottage
- Many original features
- Garden, space for tennis
- 3 bedrooms, 2 bathrooms
- Pool, terrace, lovely view
- Cottage 150m² plot 3.500m²

Ref. C1059

Price: € 695.000



#### São Brás de Alportel

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#### Tavira

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Ref: LHV-1020 Price: € 450.000



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Ref: LHV-941 Price: € 490.000

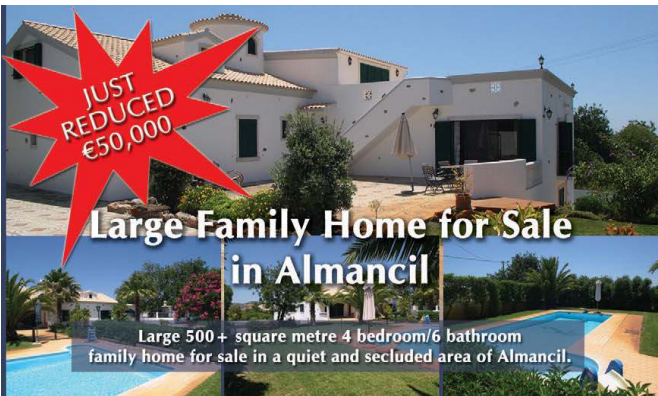


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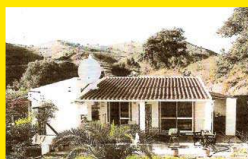
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Ref. V-327 Price: € 275,000



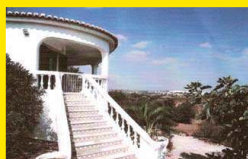
**Centianes / Carvoeiro**

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Ref. V-350 Price: € 635,000



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Price: € 269,000 / £ 188,000



**Salicos**

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**Plot: 234m<sup>2</sup> - Covered area: 190m<sup>2</sup>**

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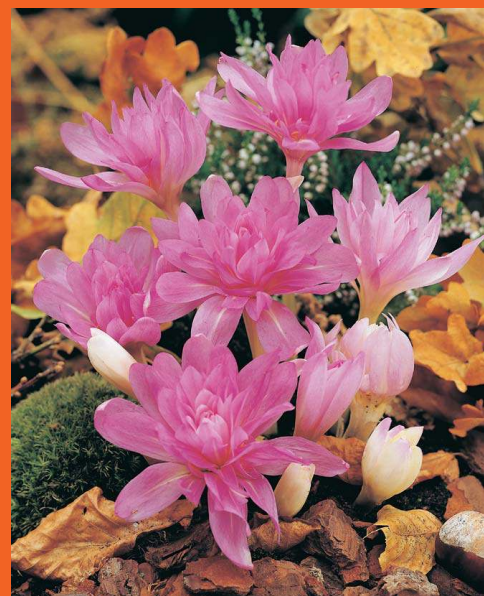
# How to make your own compost



If you haven't yet gone down the composting route, autumn is a great time to start as you gather up leaves, empty plant pots and generally tidy up the garden.



## Best of the bunch



Small amounts of leaves can be thrown into the compost heap, but large quantities are better stacked separately.

Once the heap is full, throw a piece of old carpet on top of it to keep in the heat. The compost will need turning from time to time while it is decomposing.

It should be kept moist (so it may need watering occasionally in hot weather) and should be ready in anything between three months to a year, when the mixture has turned into a crumbly dark-brown material, which can be used to enrich the soil in your beds and borders or as a nutritious mulch over a planting area.

Leaf mould is also invaluable as a soil conditioner, but it rots down in a slightly different way from other compost and takes slightly longer, so you're better off making this separately. All you do is gather your fallen leaves up and put them in either a wire-netting container or black dustbin bags with air holes punched into them, tie them up and stack them in the corner of the garden for a year while the leaves decay.

If you let leaf-mould rot for several years, you can add it to potting composts and top-dressing for lawns.

*Hannah Stephenson*

## Colchicum

Also known as 'naked ladies' and 'meadow saffron', these dainty little additions to the autumn garden produce several clusters of violet, crocus-like, wine-glass-shaped blooms with leaves not appearing until the following spring.

Although colchicums look like crocuses, they are actually members of the lily family and not a type of crocus. The bulbs usually only appear on sale in late summer and have to be planted immediately, as they start flowering within a few weeks.

One of the best varieties for brightening the dark ground un-

der trees is *C. speciosum* 'Album'. Colchicum are known for their ability to thrive in shade and are good planted with woodlanders such as *Anemone nemorosa* and lacy ferns.

They like well-drained soil

with plenty of added organic matter, in sun or light shade.

Other good varieties include *C. 'Waterlily'*, which has large double flowers, and *C. autumnale 'Major'*, which is smaller, stronger and produces many flowers.

## Any info please



This is a photo of a giant caterpillar, the 50cent coin gives a bit of an indication of the size of him, on our land. I have never seen anything like it before in my life!

There are three of these on the underside of my Aubergine plant leaves, this is the biggest one. It would be interesting to know if anyone knows what they are, or what kind of butterfly or moth they will grow into. My e-mail is: greenpooble@hotmail.com.

*An avid gardener, Carveiro*



Compost can be stored in open natural containers as pictured above or in enclosed plastic containers as shown on the right.

Some local authorities in Portugal are encouraging householders to recycle, so it's worth giving your own council a call to check what they offer.

Alternatively, you can make a compost heap by erecting a wire-mesh cage with four corner posts, lined with cardboard or straw. Builders' pallets also make instant compost bins, set on end and tied or screwed together. You can fill the gaps between slats with straw or newspaper.

I have a cheap, lidded bin outside my back door for all my kitchen waste such as vegetable peelings, teabags and eggshells, which I add to the heap spasmodically.

Some people do get confused about exactly what and how much of a particular waste product they should put on their compost heap.

Too many grass clippings pack down and rot without air

into a smelly, slimy mess so must be mixed with coarser material.

Weeds can be mixed with grass cuttings, but avoid vigorous perennial types with indestructible roots such as ground elder or couch grass.

Kitchen scraps can be used, but avoid cooked food - which attracts rats - and don't put in meat or fish.

Often the problem gardeners have is that they don't have enough material, but your local greengrocer may be able to supply you with some green waste, or the council may be happy to let you cart away leaves.

If you have room, make two compost heaps so that you are filling one while the other is rotting down.

The best way to make compost is to add the materials in layers. Start with a layer of coarse material and pile on about the same about of grass cuttings, mix-

ing them together with a fork.

If you have a lot of one type of material, stack it to one side and cover it with black plastic sheeting until there is enough other material to mix with it.

Quick-rotting green waste such as fruit and vegetable peelings, soft prunings and annual weeds should be mixed in equal amounts with tougher, fibrous materials such as shredded paper and card products, straw, vegetable stems, leaves, eggshells and soft hedge prunings.

Horse and poultry manure is a good addition, while wood ash from the fireplace can also be added, as can cardboard including egg boxes and toilet-roll middles.

Try to keep woody materials out of the compost heap as they will take ages to break down, and if you are clipping hedges, shred very tough prunings before adding them.

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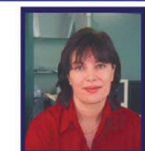
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A child with eczema

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**Q:** "Is it true that probiotic supplements can help stop babies getting eczema? Which supplements are they, and when do they need to be taken?"

**A:** Professor Julian Crane, of Otago University in Wellington, New Zealand, has just led a study into the effect of taking probiotics on childhood eczema. He says: "From our recent study and others, it appears that some probiotics are associated with a reduction in the incidence of eczema."

"Our study has found when you give pregnant women the probiotic supplement *L. rhamnosus* during the last five weeks of pregnancy and for six months after birth while mothers are breastfeeding, and then you give their infants the same probiotic up to two years of age, there's a 50% reduction in eczema by the age of two."

"Of particular interest in our study was that we trialled two probiotics but only one, the *Lactobacillus*, reduced the incidence of eczema. It appears that different species of probiotic and possibly even different strains have very different effects."

"Currently we don't understand how some probiotics might exert this effect, nor do we know what is the optimal dose of organisms or the optimal timing of administration. But this is an exciting and interesting result."

## News for parents

Lisa Salmon looks at the weird, wonderful and sometimes weary world of parenting.

**The top Christmas toy predictions have been revealed by Toys R Us, with High School Musical, Ben 10 and In The Night Garden heading children's expected wish lists.**

The High School Musical Dance Mat and Hannah Montana Tour Bus are expected to be high on the girls' wish list, and for boys it's the Ben 10 Omnitrix watch and the latest craze, Bakugan Battle Warriors.

For younger children, there's In The Night Garden Upsy Daisy and her bed.

But parents who don't recognise any of the toys can take comfort from the fact that Lego and the latest edition of Monopoly are high on the wish list too.

**Male primary school teachers are vital role models for boys, new research suggests.**

Almost half of men say that a male teacher has been a fundamental role model in their life, a survey commissioned by the Training and Development Agency (TDA) found.

More than a third (35%) of the men questioned felt that having a male primary teacher challenged them to work harder at school. Half were more likely to approach a male teacher about bullying, and 49% were more likely to approach them about problems with school work.

The survey was commissioned to tie in with a new TDA campaign urging men to consider teaching. It's a much-needed initiative, as men currently account for just 13% of registered primary school teachers - and it looks like that's bad news for little boys.



Male school teacher in front of a blackboard.

**Despite celebrity children being named after fruit, New York boroughs and days of the week, Jack and Olivia are the UK's favourite baby names.**

A new survey by The Children's Mutual found that the traditional names Jack, Thomas, Oliver, Olivia, Grace and Emily made up the top three for boys and girls.

But parents are still giving their children celebrity baby names, with Cruz, Brooklyn and Moses all sneaking higher up the table. There were no babies in the poll - of 121,000 of the trust fund's account holders - named Sunday after Nicole Kidman's newborn, although there were a number of Tuesdays.

**Mothers who breastfeed for a year over the course of their lifetime are almost 5% less likely to develop breast cancer, according to the World Cancer Research Fund (WCRF).**

Breastfeeding has been found to lower the levels of some cancer-related hormones in the mother's body, reducing the risk of the disease.

Dr Rachel Thompson of the WCRF says: "The longer you breastfeed for, the more you will reduce your risk."

"So if a woman breastfeeds two or more children for at least six months each over her lifetime, it's clear she can make a significant impact on her cancer risk, not to mention all the other benefits of breastfeeding."

So, yet more evidence that breast is best.

**Three ways to... help a teenager deal with acne**

1. Encourage them to wash their face twice a day.
2. Talk to them about how to keep their hands away from their face and not to pick or scratch spots, so there's less chance of scarring.
3. Be sympathetic but realistic, and remind your teenager that no matter how bad the acne is and how low their self-esteem, life must go on.

## When is my child ready... to move from a cot to a bed?

Some children will start climbing out of cots from around the age of 14 months, although many will be happy to stay in a cot until

they're two or even older. Toddlers will often make it clear when they're ready to move to a 'big bed' by climbing out or crying about

being in the cot. The general rule is that when they can escape from their cot, it's no longer safe for them to be in it.



Child sleeping in a cot.



If you put your child in time-out for not doing what you told him or her to do, repeat the instruction immediately after time-out to give them a chance to behave properly.

**Website of the Week:**  
**bullying.co.uk**

The award-winning Bullying UK website offers practical help and advice to children and parents on how to deal with bullying both in school and outside.

There's a parents' problem page and a parents' panel, as well as tips from other pupils and even advice for adults about bullying at work.

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**Island Café** is situated at the entrance of Presa de Moura, in Sesmarias, near Carvoeiro and offers American casual dining in the relaxing atmosphere of their new, modern restaurant. The restaurant has an airy 'garden' feel, from the moment you pass the many plants on your way in, to the very large open windows leading onto the terrace. Your host Tony Trinder says his brilliant staff will serve up-market American food which is exceptionally good value. The wine list offers a very good selection and there is a separate children's menu. There are plans for live music twice a week during the winter and reservations are recommended.

**The Battering Plaice** in Almancil (just next door to the Post Office) is the place to go for English Fish & Chips as we know and love them! As well as offering traditional cod and chips they also have Haddock, Scampi, Doner Kebabs, Pies, Sausages and much more. You can eat in the restaurant or order a takeaway, and there is a delivery service to Almancil, Quinta do Lago and Vale do Lobo areas as well.

**Food Passion** If Carlsberg did restaurants Food Passion would probably be 'the best in the world'. We do sell Carlsberg and our steaks, ribs

lamb shanks and burgers are probably the best in the Algarve. Plus international cuisine from €10.95. All our food is fresh, nothing frozen. We specialise in vegetarian dishes from €7.95. We are open 6.30 till late. Find us next to the taxi rank above Caixa Geral Bank in Alvor. Call 912159813 or 282314276. For the days we are open in the winter please see our menu box.

**Restaurante Florestal** is a gastronomic oasis lying within the National Forest close to the village of Barão de S. João, located between Luz and Lagos. Whilst the ambience inside the restaurant is rustic and romantic, the terrace and garden outside offer peaceful surroundings to enjoy a fresco dining at its best, with fantastic views. Your hosts, John from England and American Sharlene present a very cosmopolitan menu including their delicious Breast of Duckling, vegetarian choices and dishes with a taste of Mexico! Every Sunday there is a special brunch from midday to 3 pm, with occasional live music and a good selection of wines. Don't forget to reserve your table!

**Faja Lobi** is in fact an indigenous flower of Suriname and the words mean fiery passion, which is how chef Farida approaches her love of cooking,

using recipes learnt from her mother and grand-mother. Situated in Alvor and believed to be the first and only such restaurant in the Algarve, dishes are largely influenced by Indonesian cuisine, though Farida and her husband Peter are happy to make dishes as spicy or mild as clients wish.

There are smoking and non-smoking areas. Try their daily Surinam Ricetable or something else from the New menu. The restaurant is open from 5pm - 10pm. Lunches are available only with reservations. Watch out for our dinner theatre events.

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## Perfect pumpkins

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### Spicy pumpkin & Coconut soup (Serves 4)

1 small red chilli, seeded and chopped  
1 stem lemon grass, white part only, sliced  
1tsp ground coriander  
1tbsp chopped fresh ginger  
500ml (17fl oz/2 cups) vegetable stock  
2tbsp oil  
1 onion, finely chopped  
800g (1lb 12 oz) pumpkin (squash) flesh, cubed (You will need to buy 1.5kg pumpkin with the skin on to yield 800g flesh)  
375ml (13 oz/1 1/2 cups) coconut milk  
3tbsp chopped coriander leaves  
2tsp shaved palm sugar or soft brown sugar  
Extra coriander leaves, to garnish

Put the chilli, lemon grass, ground coriander, ginger and two tablespoons of vegetable stock in a food processor and process until smooth.

Heat the oil in a large saucepan over medium heat. Add the onion and cook for five minutes. Add the spice paste and cook, stirring, for one minute.

Add the pumpkin and remaining vegetable stock. Bring

to the boil, then reduce the heat and simmer, covered, for 15-20 minutes, or until the pumpkin is tender.

Cool slightly, then process in a food processor or blender until smooth. Return to the pan, stir in the coconut milk, chopped coriander leaves and palm sugar and simmer until hot. Garnish with the extra coriander leaves.

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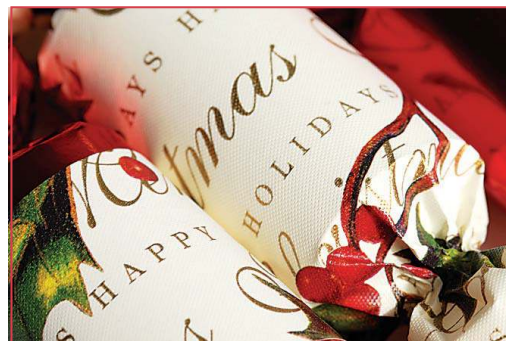
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## Countdown to the perfect Christmas

If the mere thought of the festive season brings you out in a cold sweat, then you need our eight-week Christmas countdown. Self-proclaimed perfect housewife Anthea Turner shares her tips for a stress-free Christmas.

Anthea Turner assures me that her new book, *The Perfect Christmas*, is not designed to make ordinary women feel inadequate.

The title might sound ominously competitive, but the television presenter says her festive tips are firmly rooted in reality.

Away from the cameras, Anthea - who is best known for her stints on *Blue Peter* and *GMTV*, not to mention a rather complicated love life - says she likes nothing more than making her own Christmas decorations.

She says she was inspired to write her new book while filming a Christmas edition of BBC Three television series *The Perfect Housewife*, and claims it has been a labour of love.

"I've always loved Christmas. I'm a very hands-on person, and remember making decorations with my mum as a girl."

As the credit crunch forces us to tighten our purse strings, Anthea believes it's possible to have a wonderful Christmas on a budget.

"Christmas has got out of hand. But as we face our first credit crunch Christmas, this book does give you choices and ideas on how to get Christmas under control. I genuinely don't think you need to turn Christmas into something too big. But likewise there's no point burying your head in the sand and thinking it's going to go away, because it won't."

The book is a practical manual, filled with recipes, party games, decorating tips and present ideas.

But despite her love of homemade festive crackers and turkey stuffing, Anthea admits that her Christmas isn't always perfect.

"I've had horrific Christmases when I haven't been in the right place with the right people and there's been tur-

moil in my life. And then I've had great Christmases when everyone's been together, we've had great fun and there were good things going on. I think there's a huge pressure on people at this time of year. People need to remember that Christmas lunch can be just a Sunday roast and a cracker!"

When Anthea shocked the world in 1998 by leaving her husband/manager Peter Powell for married man and father of three Grant Bovey, the angelic TV presenter had to ride an emotional storm. Now happily married to Bovey, she admits that a complicated family set-up can make planning the festive season more difficult. But she says there's no reason to let such issues spoil Christmas.

"Our Christmas day is Boxing Day really. That's when [Grant and I] have the children with us. We've carved it up quite neatly so there's not problem. It can be easy, as long as you're sensitive to everyone's needs."

In her new book Anthea aims to provide answers to some of the more pressing practical festive problems.

"I don't think the Angel Gabriel is standing there with a tick list, watching your every move," she laughs.

"You don't get prizes for making your own mince pies. I haven't made my own for three years. This book gives people ideas and choices on how to get everything done, and how to cut corners. It's a pick and mix book. You don't have to do all of it. I don't. Or rather, I have done all of it but not all at the same time."

Anthea says the best way to get things done is to take the lead.

"Delegate. Lead from the front, by example and be very decisive. Give everyone jobs and don't be a martyr. If someone says, 'Can I help', you say, 'Yes'."

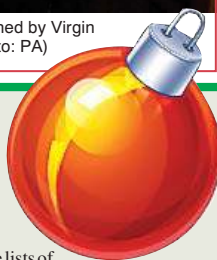
By Sarah O'Meara

Anthea Turner planning for Christmas from, *The Perfect Christmas* by Anthea Turner, published by Virgin Books, priced £16.99 (€21.33). Available now. (Photo: PA)

### Anthea's eight-week plan

#### Eight weeks before:

- Plan your Christmas meals - make lists of all the food and drink you will need.
- Send out invitations.
- Place orders for drinks and food.
- Check you've got enough cutlery, china and glasses. If you're short of large serving dishes and bowls, try to borrow them from friends.
- Write out your gift list. Set a budget and try to stick to it.
- If you are making your own Christmas cards, start now.
- Plan the theme for your Christmas decorations.
- Buy Christmas wrapping paper, ribbons and trimmings.
- Start adding a few Christmas items to your weekly shop.
- If you are making them, now is the time to make your Christmas cake and pudding.
- Check last posting dates and write them on your calendar.
- Book Christmas and New Year taxis.
- Arrange a baby-sitter if you are going to need one at any time in December.
- Clean out the freezer - try to use up as much food as you can to make room for your Christmas foods.



### American Casual Dining

#### Cracking Christmas 2008 Book Now

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Pan Roasted Salmon - Christmas Pudding  
Coffee & Mince Pie - ½ Bottle of House wine & Water  
Café & Liqueur - Christmas Crackers  
€36 per head

#### New Years Eve 2008

31st December: Menu as follows:-  
Running Buffet - All Drinks & House Wine free  
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Reservations Tel: 282 353 406



# Cult comebacks



Bobbi Brown limited edition Metallic Burnt Sugar palette

now returning as part of MAC'S permanent Mineralize collection, which launched this month.

• Boots No7 Stocking Cream ([www.boots.com](http://www.boots.com))

Leggy customers were not best pleased when No7's Stocking Cream was pulled from production back in February 2005. Due to popular demand it was out of stock for just a few months before being re-introduced to stores in June of the same year.

• Bloom cosmetic range, available at 100 Superdrug stores in the UK

Remember Bloom? Homesick Antipodeans might. The cult Aussie make-up brand is being reintroduced to the UK after a five-year absence this month. Celeb Aussie fans include Kylie Minogue and Elle Macpherson.

• Chloe by Chloe (2008)  
First launched in 1975, sales of the original Chloe scent tailed off and it was discontinued. But once Stella McCartney began designing for the fashion house and celebrities started toting Chloe handbags, the brand grew in trend kudos. The new scent has been one of the biggest fragrance launches of this year.

• Johnson's Baby Lotion  
Johnson's Baby Lotion has never actually left the shelves but there were tears at bedtime when the original formula was changed. Thankfully for fans (and their babies), lotion was relaunched due to customer demand this year, back with its unmistakable baby-fresh scent.

into our bathroom cabinets and make-up bags.

## The comeback kids

• Revlon Super Lustrous Black Cherry lipstick

Hoping to repeat the sell-out success of Kiss Me Coral, Revlon have brought back the discontinued Black Cherry lipstick. A key look at the likes of Chloe and Luella, dark lips are 'the' pout to plump for this autumn/winter.

• Bobbi Brown Metallic Eye Shadow ([www.bobbibrown.co.uk](http://www.bobbibrown.co.uk))

Four metallic limited edition palettes were launched in October 2007 which flew off the UK shelves in four weeks flat. 'Burnt Sugar' proved most popular. With customers demanding their metallic fix, all the shades have been brought back permanently as individual eye shadows.

• Donna Karan Chaos (100ml EDP)

The original Chaos fragrance was discontinued in 1997. Once the scent was no more, upset fragrance aficionados were rumoured to be buying bottles for a whopping 1000 dollars to stock up on the scent. With a cult-like following still in existence, Chaos returned this year and is currently the best-selling fragrance in the new Donna Karan collection.

• MAC Mineralize range ([www.maccosmetics.co.uk](http://www.maccosmetics.co.uk))

MAC make-up artists and customers raved about the limited edition Mineralize products when they were launched back in February 2007. The Mineralize SkinFinish and SatinFinish are

We take a look at the cult beauty products that we just can't seem to say goodbye to.



Donna Karan Chaos



Revlon Super Lustrous Black Cherry lipstick

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# All I need for Christmas Be

With the ever worsening financial crisis and the dreaded 'R' word raising its ugly head, it may be a little less 'what I want' and more of 'what I need' this Christmas time.

Beauty treatment and products (especially the expensive ones) are still regarded as a luxury and it may be we are all starting to cut back on the non-essentials.

We may stretch our hair cut to eight weeks rather than six, and may even forget the highlights and colour altogether, that monthly facial will go out the window and don't even think about that luxurious pedicure.

But you don't have to suffer. Compromise a little here and there, maybe do a little more in terms of beautification at home and write a list of what you need and make sure Santa see's it!

## Save Money and Your Skin

Facials are fantastic, you get your skin analysed and are told

all you need to know and buy, plus a little pampering too. A facial gives you a professional skin treatment, but with a thorough homecare routine you can stretch your monthly facial to every 6 or even 8 weeks. Yes, buying the products may be costly but will be cheaper for you in the long run.

Or if you can't do without your regular facial you could always opt for a mini treatment such as the Dermalogica Micro Zone or Express Zone Facial, an ideal way to give your skin exactly what it needs. The run up to Christmas can also be a fantastic time to buy skin products.

Many product companies put together great gift sets at this time of year, which can make

buying your usual products slightly cheaper than normal.

## Bulk Buy

It's very common for Skin Care Centres and Beauty Salons to put together a course of treatments which gives you a discount. For example if you pay for four massages in one go you'll probably get a little bit of a dis-

count, it's always worth asking.

Or if you book in regularly for your treatments you may receive the follow up treatment at a cheaper rate. Most salons will offer a maintenance treatment for your eyebrow wax. If you have your eyebrows shaped and then return for a tidy up within 3-4 weeks you'll pay less as the

therapist will be familiar with your eyebrow shape.

Always ask your therapist how to maintain your eyebrow shape at home. She'll be able to direct you as to where to remove hairs from and which hairs you shouldn't touch, which will help keep the shape perfect for longer.

## Make a List

It's approaching Christmas, so it's a fantastic time to start dropping subtle hints. If you've just run out of your favourite (but expensive) moisturiser, make sure you make a big deal about it. If subtle hints aren't enough write a list and stick it to your fridge (try anything!).

When you're stuck for a Christmas gift for someone, vouchers from a Skin Care Centre or Beauty Salon are excellent ideas. If you buy the voucher for a certain amount then the receiver can redeem it against products or treatments.

At a time when a pampering massage is not considered a necessity, what better time to get someone a voucher for one. Think about what you'd like or need, chances are they'll appreciate it.

Suzie Bell, Senses... Skin Care Centre ([www.senses-skincare.com](http://www.senses-skincare.com))



It could be quality not quantity this Christmas... make sure you get exactly what you need!

The start of a new university year can expose students to all sorts of health woes. The experts explain how to boost your brain power and protect yourself from STIs, scabies and all those other nasties.

While the sweet smell of freedom after years of living at home can drive even the most serious of students to act a bit wildly - you need to remember to take care of yourself too.

A new autumn term - whether you're starting afresh or returning from summer hols - means you'll be meeting new people, dealing with deadlines that approach faster than freight trains, enjoying late nights out, sleeping through your morning classes, and eating endless amounts of pretty terrible food.

By following our simple health survival guide, you body and your mind should be able to cope - and hopefully, you'll be able to avoid the more common pitfalls that life in halls can throw your way.

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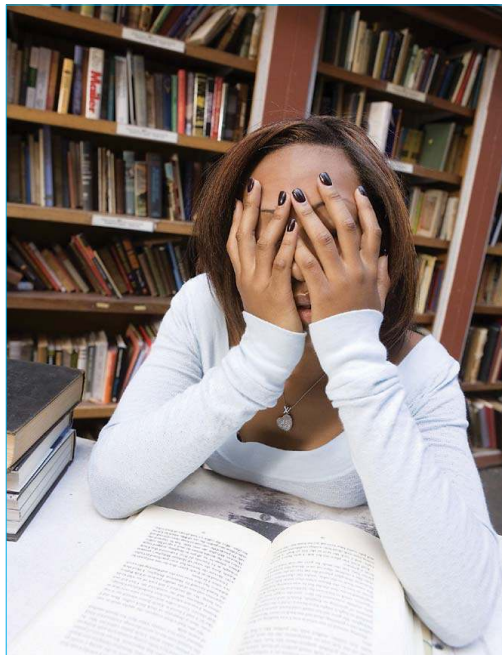
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# on top form for uni.



## HANGOVERS

And so we begin with the essential: knowing your limits. During the first term of university, it's likely that you'll be having lots of nights out courtesy of Freshers' Week. While we encourage you to enjoy yourself, it's also key to know when to stop - as the knock-on effects of drinking too much can lead to some unexpected, and unwelcome, consequences.

"Alcohol is a problem for all sorts of reasons and the first one is that if you've been drinking at all, you become disinhibited and are more likely to have unprotected sex or take risks you'd normally shy away from," warns Professor Steve Field, chairman of the Royal College of General Practitioners and a Birmingham-based GP.

"In the short term, alcohol affects your ability to work and concentrate," he adds. "But the knock-on effects go right through to long-term alcoholism and other health problems such as heart attack, weight gain and cancer."

So how much is too much? The recommended allowance for guys is three to four units a day, whereas for women it's two to three units. A pint of regular bitter has just over two units, while a glass of wine can have anything from 1.5 to three units, depending on its size and strength.

The website [www.drinkaware.co.uk](http://www.drinkaware.co.uk) has a handy guide to help you determine how much alcohol you're drinking - and how to help you cut down if you've been indulging too much.

If you're going on a bender, eat before you go out, don't mix your drinks, have a glass of water every other round, don't leave your glass unattended, stick with your (albeit new) friends and plan your journey home before you set out.

If you're interested in giving alcohol a miss, you could try Kudzu - a herbal supplement that's believed to help reduce alcohol cravings and the nasty after-effects of a big night out.

Another alternative is to take herb milk thistle before and after drinking to help detoxify the liver. Milk thistle promotes the regeneration of new cells - perfect after obliterating them down the pub.

Both Kudzu and Herbal Authority Milk Thistle Liquid Extract are available from Holland & Barrett in the UK ([www.hollandandbarrett.com](http://www.hollandandbarrett.com)).

## STIs

You're young, you're in the mood, and you're surrounded by your peers: it would be unrealistic to think that you won't be having sex - or at least thinking about it. All we're asking is that you be careful.

STIs among 16-24 year olds made up half of all the new cases reported in 2007, with infections like chlamydia, gonorrhoea, syphilis, and genital warts on the rise.

"Students are at risk of STIs when they go to uni, particularly

in the first few weeks where they're meeting new acquaintances and wanting to be sexually active," says Professor Field.

"The only way to help safeguard against your own risk is to use a condom. Some STIs, like chlamydia - which affects both men and women - often don't produce any symptoms, but you can render yourself infertile later in life because of it."

So what should you look out for? Any itching, swelling, redness around, or unusual discharge from, the vagina or penis, or pains in the lower abdomen, mean you should get yourself to your GP or local GUM clinic pronto.

Getting both yourself and your partner tested will help cut down your risk, but always be sure to wear protection, says Professor Field.

"Safe sex also includes not having sex," he says, "but if you can't do that, then remember to wear a condom whenever you get sexually active - in any way."

## FLAGGING ENERGY

You're probably bored just reading this article - and this isn't even a lecture! If you're finding uni hellish, it's likely that you're in need of some energy boosters.

Partying hard, eating badly and overextending yourself can lead to longer-term health effects, so it's important that you take time to exercise. Exercise helps keep you calm during exams, leading you to feel more energised and refreshed and - in turn - helps you perform better in your studies.

You don't have to become the captain of the uni football team - all you have to do is engage in some regular physical activity for 30 minutes five days a week, according to NHS Direct. It will keep you at a healthy weight and lower your risk of major illnesses such as heart disease and cancer - join a sports or activity group and you'll meet people too.

Certain vitamins can also help, such as Vitamin B and C. You can boost your energy with supplements such as Timed Release Busy B Complex with Vitamin C (available from health food stores like Holland & Barrett), which will help your body convert food

into energy.

B vitamins are lost from the body due to smoking and alcohol consumption and from food during cooking and over processing. Vitamin C is also needed for the

transformation of food into energy, and is also an antioxidant that may help support the body's immune system - helping you avoid Freshers' Flu.

Kate Hodal

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# From Russia - and in love

Most Britons remain enchanted with Moscow, one of the most expensive cities in the world, and the picture-postcard sights of the illuminating Red Square.



Red Square showing the walls of the Kremlin and Lenin's tomb, in Moscow. Below is a close-up of Lenin's tomb.

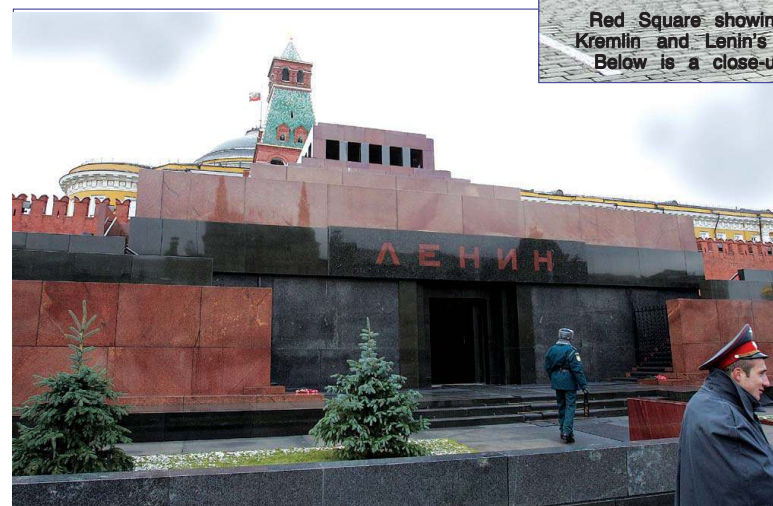
The friendly welcome to 50,000 British soccer fans when Moscow staged the recent European Cup - and a temporary suspension of visa controls to ease their passage - suggested even this, often daunting, city has realised the value of tourism.

It hasn't always been that way. The death by poisoning of dissident Alexander Litvinenko on British soil drove a huge wedge between our two countries, even before Eastern Euro-

pean friends had the temerity to pip England in reaching the Euro 2008 football finals.

Despite these occasional fall-outs, however, most Britons remain enchanted with Moscow and the picture-postcard sights of the illuminating Red Square.

Anywhere which has the mausoleum of one of the leading revolutionaries of the 20th century positioned cheek by jowl with the nerve centre of the country's power base, a lavish department store and a colourful



ancient cathedral straight out of Disneyland begs to be on anyone's must-see list.

Admittedly, getting there is not as easy as jumping on a cheap flight to former Soviet Union members like Estonia or Latvia. Flights are more expensive to Moscow and you need a tourist visa which does not leave much change out of £90/€112.

So, a touch of faith is required, but as you stand in Red Square gazing at the wonders around you it certainly becomes a worthwhile investment.

I flew into Sheremetevo airport, 28km from the city centre, from Manchester via Milan, al-

though there are direct flights from London, including services from the infamous Aeroflot airline.

Shuttle trains to the centre of Moscow operate from the city's other main airport, Domodedovo, around 35km away, but you need to take a taxi or a bus from Sheremetevo to the nearest metro station.

The best option is to arrange a pick-up with your hotel because the taxi ride can be arduous. In rush-hour traffic, which appeared constant apart from in the wee small hours, a journey of two hours-plus means a whopping fare.

My base was the MaMaison Pokrovka Suite Hotel in the heart of the city, which caters for the luxury market. The concept is to pamper the guests within the comforts of a home surrounding. It's an ideal venue if you want to treat yourself during your stay to a taste of the high life, which Russians seem to revel in.

Unsurprisingly, ostentatious living is highly visible in rife in

Moscow, thanks to a booming economy driven by the country's vast reserve of natural resources.

One evening, a young lady painted head to toe in gold lame, and wearing very little beneath the glitz, greeted me in the hotel foyer. She was part of the Millionaire Fair celebrations in town - an annual jamboree for Russia's rich to flaunt their wealth.

It's essentially a sales forum and the wares this year included a \$1 million phone encrusted in diamonds and the opportunity to buy a house on an island, or the island itself if you didn't fancy having neighbours.

It's a far cry from the bread queues of the past, although the divide between the very wealthy and poor is stark. However, the number of cars on the roads is startling compared to a decade ago and indicates the ordinary punter is gaining easier access to credit.

If you're looking for a bargain when hitting the shops you've come to the wrong place. The price of almost everything is at

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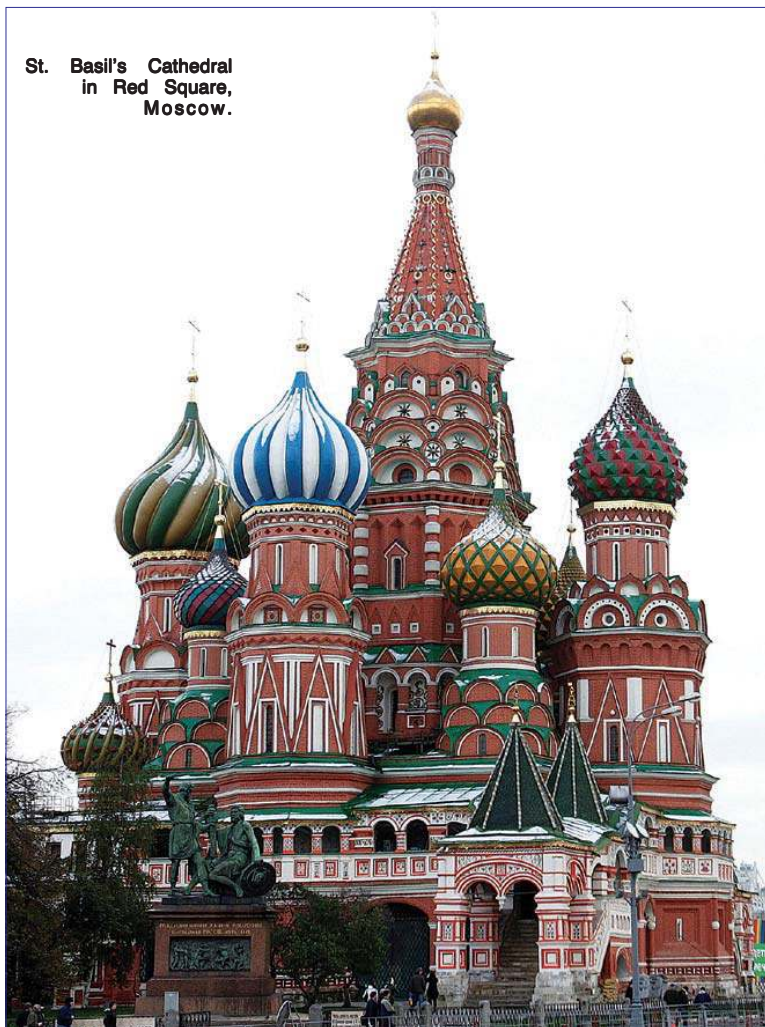
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MaMaison Pokrovka Suite Hotel in Moscow.

St. Basil's Cathedral in Red Square, Moscow.



London levels and Moscow is definitely up there as one of the most expensive cities in the world. The only place where I found a noticeable difference in cost to the advantage of the tourist was McDonald's!

Getting around the city on foot is fairly simple as it is laid out in a concentric layout of rings which are easy to follow. You need a sturdy pair of footwear in the winter as heavy traffic and thawing temperatures can rapidly turn snow into slush. Also, keep your wits about you for random potholes and open drains.

The metro system is extremely efficient and user-friendly but avoiding rush hours

is advisable with nine million passengers each day - more than London and Paris combined.

You will want to head to Red Square first and you won't be disappointed. It's pure box office tourism.

The multi-coloured St Basil's Cathedral, built in the mid-16th century on the orders of Ivan the Terrible is smaller than it appears on television but provides a bizarre contrast to the daunting Kremlin walls and ramparts that surround the square.

About two-thirds of the Kremlin is closed to visitors and the symbol of government power certainly conveys an awesome sense of strength. It's a show of muscle from a coun-

try that craves respect from its counterparts and if that has to be done through fear then so be it.

The numerous cathedrals and palaces within the Kremlin complex are well worth viewing, as is Lenin's Mausoleum - although the latter is a rapid process as you are back outside before you know it.

Throw in the equivalent of Harrods with the GUM department store, which faces opposite the Kremlin walls, and you have a bizarre set of contrasts. The sense of surrealism was heightened as a stream of brides and grooms dashed through Red Square, apparently this is a traditional spot for wedding photographs.

A visit to the Bolshoi Ballet is an essential. The theatre which houses the most renowned dance company in the world was under renovation while we were there but its temporary replacement nearby in a smaller building was not too shabby.

Being a ballet virgin I was filled with trepidation that I would nod off during the performance and embarrass myself among my travel group but I remained wide-eyed throughout. Watching ballet on TV can't do this particular art any justice, because it doesn't truly capture the visual feast of strength and skill.

A feast of quality food is also on offer in Moscow's restaurants. We tried several top class venues, my favourite being the Sky Lounge with stunning views of the capital from the 22nd floor of the Academy of Sciences building in Gagarin Square. Establishments serving Russian

cuisine are thin on the ground in tourist areas, which is a shame.

The nightlife is thriving although you have to dress the part with the notorious 'face control' policy on the doors. This took me back to the dark days of the 80s in Britain when wearing trainers often meant you were blocked from local fleapits, while slacks and a white shirt were waved through without any problems.

I am not sure these door policies ever uncover real troublemakers - but in Moscow it certainly has its advantages, admitting a disproportionate number of gorgeous women.

The city is also a regular stopover for the biggest names in pop and rock, even Manchester's finest the Happy Mon-

days mesmerised the locals recently.

I left Moscow feeling it had met all my expectations - it's up there with New York, London, Paris, Sydney, and, erm, Blackpool, as truly unique destinations everyone should see at least once in their lifetime.

#### TRAVEL FACTS

Kim Pilling was a guest of MaMaison Pokrovka Suite Hotel. Three-night, room-only stays at the hotel, including return flights ex-Gatwick, start at £706/€878. See lastminute.com reservations: 00 44 (0)870 443 9902 and [www.lastminute.com](http://www.lastminute.com). Hotel reservations available on: 007 495 229 57 97, or visit [www.pokrovka-moscow.com](http://www.pokrovka-moscow.com).

Kim Pilling



The Presidential Suite at MaMaison, Pokrovka.

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## clubbing

# Parque Da Floresta bowling club charity bowls day in aid of NECI

Sponsored by Global Currency Exchange

The Two wood triples competition took place Thursday 23<sup>rd</sup> October and was a resounding success all round. Sixteen teams from various clubs along the Algarve kindly came to lend their support to this worthwhile cause, whilst enjoying a competitive yet friendly days bowling. The teams were drawn in four groups of four, each team playing the others in their group to decide the four group winners. The best two teams played out the final and the other two group winners contested the third and fourth places. The day was fine and saw some splendid play, culminating in a tense final between John Jones,

John Palinski and Johnnie McShane (from Alvor) and David Pilgrim, Ron Cain and Steve Lee from PDF. The Alvor triple narrowly winning and pocketing the €300 first prize. The PDF triple picked up €150, whilst two Albufeira teams fought out the third and fourth places.

A highly successful day which raised €900 for NECI, the children's charity based in Luz, which provides educational and support training to handicapped and disadvantaged children of all ages. The staff at PDF laid on an excellent lunch for all players and visitors, and bowling manager Janice would particularly like to

thank all who so generously supported the event and Global Currency Exchange for their generous and helpful sponsorship. It is hoped that this will be-

come a popular and regular event which will do even more to support bowling in the Algarve and local and deserving charities such as NECI.



## East Algarve Walks

Every Tuesday and Friday mornings.

For more information call 913 595 868  
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## Let's Walk from Odiaxere

Wednesday Nov 5

A very easy walk of just over 2 hours through the countryside with great views over the Alvor estuary

10.30 start meet at the front door of the church in

Odiaxere - from A22 exit for Odiaxere, follow the signs into the village drive through the village and the church is off to the left (same direction as Palmars Golf).

## Lets Walk from Benafim

Saturday Nov 8

A moderately easy 2 hour walk through the countryside and orange groves, some gentle climbs.

10.30 start - meet at the res-

taurant / cafe Hamburgo on the main road from Alte to Salir, if coming from Alte the cafe is on the left just before the village of Benafim

There is no need to book please just come along with a sense of humour - these walks are about having a good time, getting some exercise and seeing new parts of the countryside. There is a charge of €5 per walk which includes a donation to charity. Walk organiser - Julie Statham 965 753 033 or www.portugalwalks.com

## Bowls Algarve - One to One Car Hire League

Week three and no clear pattern emerging as teams strive for points. The Gladiators played the Cats last Monday in a rearranged fixture won by the Gladiators by 61-35 and 5 points to 2. This Saturday, the Cats were at home to the Harlequins and narrowly won the game by 53-49 and again, 5 points to 2.

The Gladiators continued their encouraging start to the new season with a 60-50 win against the Wanderers and another 5 points to 2. PDF Sinners went to Tavira to take on the Titans and were beaten by 61-43 and 5 points to 2. Finally PDF Cru-

saders played their first game against the Tavira Tigers and made a winning start by 75-42 and 7 points to nil. Alvor Greens rested this week and as a result find themselves at the foot of the table, probably for the first time ever.

The Cats purr their way to the top with 14 points, the Gladiators are on 12, with Tigers on 10 points. Then come the Wanderers and the Harlequins on 9 and Crusaders and Titans with 7 points apiece. Sinners have 6 and Greens are on 4 points.

Alan Clarke  
League Director

## TELL THE NATION ALL ABOUT IT

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## St. Andrew's Ball

St. Andrew's Society Algarve are holding a

St. Andrew's Ball

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Praia do Carvoeiro

Saturday 29<sup>th</sup> November 2008

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## 8th ALFA literary salon

Monday, the 3 November as always in the Convento São José in Lagoa at 7.30pm.

Guests are: Colin Phillips, who will give you his impressions on the Frankfurt Bookfair where he had an interesting talk with Paulo Coelho. Reg Reynolds, Canadian journalist, who besides a lot of other books wrote the classic 'The best of Algarve Life'. Catrin George will again look after your culinary needs, supplying drinks and little snacks.

Please note: this is not a book

club. You do not have to have read a certain book. Just come along, sit back and listen, let others read, amuse, entertain, irritate and stimulate you.

Coming from the motorway follow the signs Lagoa norte, at the entrance to Lagoa, there is a roundabout keep to the right after 200 m you see an archway over the road, that is the Convento. The parking place is to the right before the archway. The entrance is to the right after the archway, up the stairs.

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## BOWLS ALGARVE POPPY DAY PAIRS FINAL

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## Baroness Cox visit

Last week's tour of the Algarve provided over 200 people from different churches and others with the opportunity to learn about Baroness ("call me Caroline") Cox of Queensbury's charity, HART, and the parts it reaches that other aid agencies will not or cannot.

HART stands for Humanitarian Aid Relief Trust and the four formal presentations she made featured poignant, gut-wrenching and courageous episodes in the daily round of HART's work led by Caroline herself. She has a passionate and deep personal conviction in her mission which is grounded in the values of her own faith. The House of Lords continues to benefit from her debating abilities and front-line knowledge, resulting in a truly amazing network of contacts.

The Algarve part of her tour was sponsored and promoted by the Algarve Prayer Chain Ministry which supports and serves churches and Christians and encourages prayer and specific prayer requests for the world, for local communities

and people everywhere. Baroness Caroline Cox's visit to Portugal also covered meetings in Lisbon as well as speaking engagements at the Algarve venues where there were opportunities for informal exchanges.

Caroline illustrated HART's work with episodes from the case histories of the charity. Her missions to Burma, Thailand, Sudan, East Timor, Indonesia, Armenia, Nigeria, and Uganda, amongst others, featured prominently during her hour-long presentations. The themes dealt with drought and famine relief; persecution of Christian communities; Islamic jihads; Islamic fundamentalism; refugee supply lines; community rebuilding and rehabilitation.

As those who attended will testify that these presentations were deeply moving and showed the humanitarian, caring and frequently dangerous nature of the work. She reaches spots which are "no go areas" for the large agencies. Even if the situation is sometimes intractable it shows that, as well as the aid, someone cares and has heart when it is seen that nobody else does.

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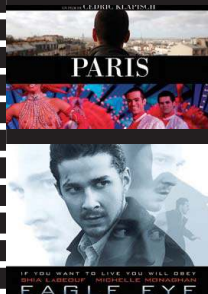
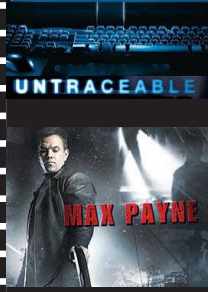
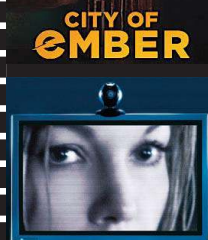
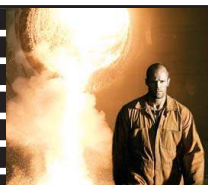
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## ALGARVE

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**30 OCT-5 NOV**



1

**WALL-E**  
Animation PV  
(10.45 Sat & Sun)

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan  
13.05-15.45-18.30-21.10 (23.50 Fri & Sat)

2

**Max Payne**

Mark Wahlberg, Mila Kunis  
14.15-16.40-19.00

**Untraceable**

Diane Lane, Billy Burke  
21.20 (23.40 Fri & Sat)

3

**Journey to the Center of the Earth**  
Brendan Fraser, Josh Hutcherson  
(11.20 Sat & Sun)

**Death Race**

Jason Statham, Tyrese Gibson  
14.30-16.55-19.35-22.00 (00.25 Fri & Sat)

4

**Saw V**

Tobin Bell, Costas Mandylor  
14.45-17.05-19.25

**High School Musical 3**

Zac Efron, Vanessa Hudgens  
21.45 (00.10 Fri & Sat)

5

**High School Musical 3**

Zac Efron, Vanessa Hudgens  
(11.50 Sat & Sun) 14.25-17.00-19.30

**Saw V**

Tobin Bell, Costas Mandylor  
22.05 (00.25 Fri & Sat)

6

**Space Chimps - Animation**  
(10.20-12.20 Sat & Sun)

**W.**

Josh Brolin, Elizabeth Banks  
(11.45 Sat & Sun) 15.40-18.30-21.30  
(00.20 Fri & Sat)

7

**Mamma Mia!**

Meryl Streep, Colin Firth  
(11.40 Sat & Sun) 14.10-16.40-19.10

**Burn After Reading**

George Clooney, Brad Pitt  
21.40 (23.55 Fri & Sat)

8

**Tropic Thunder**

Ben Stiller, Robert Downey Jr  
(11.10 Sat & Sun) 14.00-19.15 (00.35 Fri & Sat)

**Entre les Murs**

François Bégaudeau  
16.30-21.50

9

**The House Bunny**

Anna Farris, Colin Hanks  
(11.30 Sat & Sun) 14.50-17.10 (19.50-22.10 Mon-Wed) (00.30 Fri & Sat)

9<sup>th</sup> French Film Fest

## LUSOMUNDO

**VILAMOURA**  
**TEL: 289 302 277**  
**30 OCT-5 NOV**

**Untraceable**

Diane Lane, Billy Burke  
15.30-18.30-21.30

## CASTELLO LOPES CINEMAS

**ALGARVE SHOPPING**  
**TEL: 707 220 220**  
**30 OCT-5 NOV**



1

**Mamma Mia!**

Meryl Streep, Colin Firth  
13.20-16.00-18.35-21.15 (23.40 Fri & Sat)

2

**Saw V**

Tobin Bell, Costas Mandylor  
13.15-15.20-17.25-19.30-21.40 (23.50 Fri & Sat)

3

**W.**

Josh Brolin, Elizabeth Banks  
13.00-15.40-18.25-21.10 (23.55 Fri & Sat)

4

**Max Payne**

Mark Wahlberg, Mila Kunis  
13.50-16.20-19.00-21.35 (00.10)

5

**Untraceable**

Diane Lane, Billy Burke  
13.25-16.05-18.45-21.00

**Mr. Woodcock**

Seann William Scott, Susan Sarandon  
(23.30 Fri & Sat)

6

**Taken**

Leam Neeson, Maggie Grace  
14.00-16.30-19.10-21.50 (00.20 Fri & Sat)

7

**Death Race**

Jason Statham, Tyrese Gibson  
13.30-16.10-18.50-21.25 (23.45 Fri & Sat)

8

**High School Musical 3**

Zac Efron, Vanessa Hudgens  
13.40-16.15-18.40-21.30 (00.05 Fri & Sat)

9

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan  
13.10-15.50-18.30-21.20 (00.00 Fri & Sat)

## CASTELLO LOPES CINEMAS

**PORTIMÃO**  
**TEL: 707 220 220**  
**30 OCT-5 NOV**



1

**Death Race**

Jason Statham, Tyrese Gibson  
13.40-16.00-18.30-21.20 (23.45 Fri & Sat)

2

**Mamma Mia!**

Meryl Streep, Colin Firth  
13.50-16.10-18.40-21.30 (23.50 Fri & Sat)

3

**Tropic Thunder**

Ben Stiller, Robert Downey Jr  
14.00-16.20-18.50

4

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan  
21.10 (23.40 Fri & Sat)

5

**Max Payne**

Mark Wahlberg, Mila Kunis  
14.10-16.30-19.00-21.40 (00.00 Fri & Sat)

6

**Mr. Woodcock**

Seann William Scott, Susan Sarandon  
14.20-16.40-19.10-22.00 (00.20 Fri & Sat)

7

**Saw V**

Tobin Bell, Costas Mandylor  
13.40-15.40-17.45-19.45-21.50 (00.10 Fri & Sat)

## CENTRE

**LUSOMUNDO**  
**ALFAS DUPLEX (ÉVORA)**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Max Payne**

Mark Wahlberg, Mila Kunis  
**Death Race**

Jason Statham, Tyrese Gibson

**LUSOMUNDO**  
**ALMADA FORUM**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Death Race**

Jason Statham, Tyrese Gibson

Saw V

Tobin Bell, Costas Mandylor

**Mamma Mia!**

Meryl Streep, Colin Firth

**High School Musical 3**

Zac Efron, Vanessa Hudgens

**Journey to the Center of the Earth**

Brendan Fraser, Josh Hutcherson

**Entre les Murs**

François Bégaudeau

**Untraceable**

Diane Lane, Billy Burke

**Max Payne**

Mark Wahlberg, Mila Kunis

**The Ugly Duckling and Me**

Animation PV

**Tropic Thunder**

Ben Stiller, Robert Downey Jr

**Taken**

Leam Neeson, Maggie Grace

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan

**Mr. Woodcock**

Seann William Scott, Susan Sarandon

**Burn After Reading**

George Clooney, Brad Pitt

**War, Inc.**

John Cusack, Marisa Tomei

**W.**

Josh Brolin, Elizabeth Banks

**LUSOMUNDO**  
**ALVALAXIA**  
**TEL: 21 754 9000**  
**30 OCT-5 NOV**

**High School Musical 3**

Zac Efron, Vanessa Hudgens

**Saw V**

Tobin Bell, Costas Mandylor

**In Bruges**

Colin Farrell, Brendan Gleeson

**Taken**

Leam Neeson, Maggie Grace

**Death Race**

Jason Statham, Tyrese Gibson

**Untraceable**

Diane Lane, Billy Burke

**W.**

Josh Brolin, Elizabeth Banks

**Burn After Reading**

George Clooney, Brad Pitt

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan

**Max Payne**

Mark Wahlberg, Mila Kunis

**Bienvenue Chez Les Ch'tis**

Kad Merad, Dany Boon

**Journey to the Center of the Earth**

(3D)

Brendan Fraser, Josh Hutcherson

**LUSOMUNDO**  
**AMOREIRAS**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Mamma Mia!**

Meryl Streep, Colin Firth

**W.**

Josh Brolin, Elizabeth Banks

**High School Musical 3**

Zac Efron, Vanessa Hudgens

**Ratatouille**

Animation PV

**Entre les Murs**

François Bégaudeau

**In Bruges**

Colin Farrell, Brendan Gleeson

**Burn After Reading**

George Clooney, Brad Pitt

**War, Inc.**

John Cusack, Marisa Tomei

**LUSOMUNDO**  
**CASCAI SHOPPING**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Journey to the Center of the Earth**

(3D)

Brendan Fraser, Josh Hutcherson

**WALL-E**

Animation PV

**W.**

Josh Brolin, Elizabeth Banks

**Mamma Mia!**

Meryl Streep, Colin Firth

**Death Race**

Jason Statham, Tyrese Gibson

**Saw V**

Tobin Bell, Costas Mandylor

**High School Musical 3**

Zac Efron, Vanessa Hudgens

**Taken**

Leam Neeson, Maggie Grace

**Entre les Murs**

François Bégaudeau

**LUSOMUNDO**  
**COLOMBO**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Mamma Mia!**

Meryl Streep, Colin Firth

**War, Inc.**

John Cusack, Marisa Tomei

**Taken**

Leam Neeson, Maggie Grace

**Saw V**

Tobin Bell, Costas Mandylor

**High School Musical 3**

Zac Efron, Vanessa Hudgens

**Death Race**

Jason Statham, Tyrese Gibson

**W.**

Josh Brolin, Elizabeth Banks

**Eagle Eye**

Shia LaBeouf, Michelle Monaghan

**Burn After Reading**

George Clooney, Brad Pitt

**Bee Movie**

Animation PV

**Journey to the Center of the Earth**

(3D)

Brendan Fraser, Josh Hutcherson

**LUSOMUNDO**  
**DOLCE VITA MIRAFLORES**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Mamma Mia!**

Meryl Streep, Colin Firth

**Untraceable**

Diane Lane, Billy Burke

**Tropic Thunder**

Ben Stiller, Robert Downey Jr

**Burn After Reading**

George Clooney, Brad Pitt

**Max Payne**

Mark Wahlberg, Mila Kunis

**UCICINEMAS**  
**EL CORTE INGLÉS**  
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**30 OCT-5 NOV**



**Saw V**

Tobin Bell, Costas Mandylor

**High School Musical 3**



JOHN  
CUSACK

HILARY  
DUFF

MARISA  
TOMEI

BEN  
KINGSLEY

JOAN  
CUSACK

## WAR, INC.



Turakistan is a country occupied by an American private corporation run by the former US Vice President (Dan Aykroyd). In an effort to monopolize the opportunities the war-torn nation offers, the corporation's CEO hires freelance assassin Brand Hauser (John Cusack) to assassinate oil baron Omar Sharif (Lyubomir Neikov).

Now, struggling with his own growing demons, the assassin must pose as the corporation's Trade Show Producer in order to pull off this latest hit. Hauser must also babysit pop star Yonica Babyeah (Hilary Duff) – the Britney Spears of Central Asia. Complicating matters are Hauser's fanatical, high-strung assistant supplied by the corpo-

IN THE OIL BUSINESS, THERE'S NO ONE SLICKER.

ration, Marsha Dillon (Joan Cusack) and left-wing journalist Natalie Hegalhuizen (Marisa Tomei), who knows a farcical photo-op when she sees one and is determined to find out what's really going on.

*War, Inc.*, uses dark humour to expose the venality of armed intervention in the affairs of sovereign nations for the sake of advancing US business interests. This satirical take on US involvement in Iraq, was penned by Mark Leyner, Jeremy Piker and John Cusack.

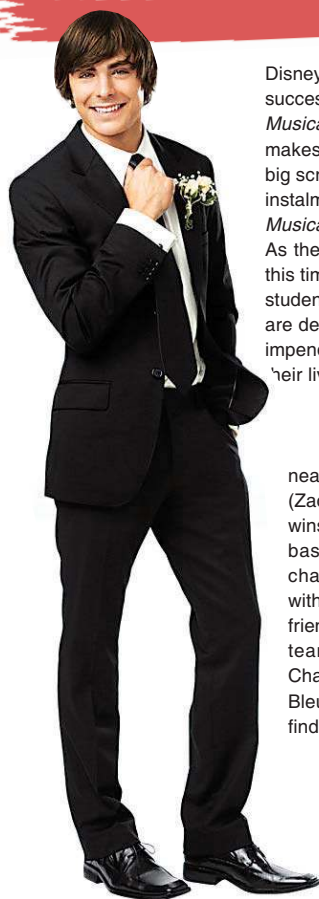
This is the fifth instalment in the successful *Saw* film series. Following Jigsaw's (Tobin Bell) grizzly demise, Mark Hoffman (Costas Mandylor), the final apprentice to the serial killer is hailed as a hero. Meanwhile, Agent Strahm (Scott Patterson) is tested and puts the pieces together. While Strahm realizes that Hoffman is helping Jigsaw, five seemingly unconnected people face a horrible lesson of teamwork. Strahm follows all the leads he can get off Hoffman, including the death of his sister and why he joined Jigsaw. Hoffman and Strahm circle each other until it boils down to a gruesome and bone-crushing finale.



L i a m

Neeson stars as a former government operative that comes out of retirement and uses his extensive training to rescue his daughter from a slave trade operation.

A father's (Liam Neeson) worst nightmare comes true when his teenage daughter (Maggie Grace) and her friend (Katie Cassidy) are kidnapped while on a trip to Paris. Luckily she was on the phone with her father during the abduction and he was able to get enough clues to start searching for them when he arrived in Paris. In between dealing with the Albanian kidnappers, the buyers and the reluctant French intelligence services, he comes to realise that his daughter's safety is up to him... and time is running out.



Disney's phenomenally successful *High School Musical* franchise makes the leap onto the big screen with its third instalment, *High School Musical 3: Senior Year*. As the name implies, this time out the students at East High are dealing with impending changes in their lives as Graduation

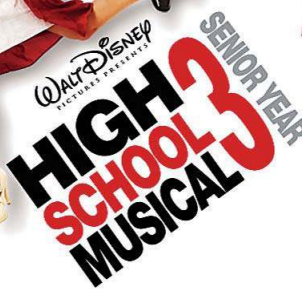
nears. Troy (Zac Efron) wins another basketball championship with his best friend and teammate Chad (Corbin Bleu), and finds himself

conflicted about his college plans, unable to choose between basketball and theatre. And as if this weren't enough, he's also struggling to figure out how

to maintain his relationship with his loving girlfriend Gabriella (Vanessa Hudgens) when she opts for

early admission to Stanford. Joined by the rest of the Wildcats, they stage an elaborate spring musical reflecting their experiences, hopes and fears about their future. With incredible

new music and exciting dance numbers designed to take maximum advantage of the big screen, this motion picture extravaganza delivers plenty of high-energy entertainment from East High's talented ensemble.





## CELEB NEWS

Fans of actress **Jennifer Hudson** gathered outside her family home in Chicago, Illinois to hold a candlelight vigil following the brutal slaying of her mother, brother and nephew last weekend. Chicago police discovered the body of seven-year-old Julian King in the back of an abandoned car in the city last Monday morning. The vehicle is said to have been reported missing on Friday and neighbours in the area where it was found reportedly told police it had been parked there since Saturday. The gruesome find was just a few miles from where William Balfour was arrested by police. Julian, the son of Hudson's sister Julia, went missing from the family's home in the city last Friday following the murder of Hudson's mother Darnell Donerson and her brother Jason Hudson. The body was reportedly identified by the star last Monday afternoon - just hours after she had offered a \$100,000 dollar cash reward for his safe return. Family friends joined the group of fans and strangers outside the makeshift memorial on South Yale Avenue, where people had left cards, balloons, stuffed animals and photos of the victims. They showed their support for the *Dreamgirls* star through prayer and song, including a rendition of Hudson's hit song *Spotlight*. Hudson's estranged brother-in-law William Balfour is currently being quizzed by police over the murders, although he's yet to be charged and authorities have described him as "a person of interest". After the brutal slayings, Oscar-winning actress **Jennifer Hudson** has gone into hiding, now worried about her own safety, according to Extra. According to the site's report, Hudson is surrounding herself with bodyguards and is staying in an undisclosed hotel. The killings seem to be the result of a domestic dispute between Hudson's sister and her brother-in-law, William Balfour, who served time for attempted murder. (\*\*\*\*)

Original *Footloose* star **Kevin Bacon** has given **Zac Efron** his seal of approval to take on his role in a remake of the 1984 movie. Rumours abound suggesting *High School Musical* director **Kenny Ortega** will re-team with Efron for an updated version of the musical romantic drama for Paramount studios. Ortega recently fuelled reports by admitting there's "a real good chance that this may be a movie". And now Bacon has given Efron his blessing to reprise the role of Ren McCormack. He tells London radio station Heart Fm, "I met Zac briefly at an event... and we talked... only briefly... but he seemed like a really nice kid and I really do wish him all the best with it". (\*\*\*\*) **Brad Pitt** is set to star in a new adaptation of Greek poet **Homer's** famous masterpiece *The Odyssey* - set in outer space. Four years after Pitt's big screen portrayal of Homer's Troy scored huge box office takings, the star is reteaming with Warner Bros. studios and returning to ancient Greece. *The Odyssey* follows the story of Odysseus and his return to Ithaca following the end of the Trojan War - which is thought to have taken place around the 11th and 12th centuries B.C. According to Daily Variety, studio bosses want to give the story a more modern theme - by setting it in space. Although he is not yet signed to the project, Warner Bros' chiefs want Pitt to star in and produce the movie with his company Plan B. (\*\*\*\*) Oscar nominee **Joaquin Phoenix** is retiring from Hollywood - at the age of 34. The *Walk The Line* star announced his plans to move away from acting at a fundraiser for late actor **Paul Newman's** children's charity. Phoenix will instead focus on his budding music career. He told Extra, "I want to take this opportunity... also to give you the exclusive and just talk a little bit about the fact that this will be my last performance as an actor... I'm not doing films anymore. I'm working on my music. I'm done. I've been through that". And the news has been confirmed by his representative. Phoenix's brother-in-law **Casey Affleck**, who is married to **Summer Phoenix**, insists the star is for real: "I don't think he's kidding". Phoenix has made just one movie this year - romantic drama *Two Lovers* with **Gwyneth Paltrow**. His vocal skills were applauded in 2005 when he recorded the soundtrack for the **Johnny Cash** biopic *Walk The Line*. His efforts won him a Grammy award, and he is now working on an album with British rocker Tim Burgess from The Charlatans. (\*\*\*\*)

## NORTH

**UCICINEMAS**  
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**30 OCT-5 NOV**

**Taken**  
Leam Neeson, Maggie Grace  
**War, Inc.**  
John Cusack, Marisa Tomei  
**In Bruges**  
Colin Farrell, Brendan Gleeson  
**Entre les Murs**  
François Bégaudeau  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Untraceable**  
Diane Lane, Billy Burke  
**W.**  
Josh Brolin, Elizabeth Banks  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Tropic Thunder**  
Ben Stiller, Robert Downey Jr  
**You Don't Mess With The Zohan**  
Adam Sandler, Emmanuelle Chriqui  
**Gomorra**  
Toni Servillo, Gianfelice Imparato  
**The House Bunny**  
Anna Faris, Colin Hanks  
**Kung Fu Panda**  
Animation PV  
**Paris**  
Juliette Binoche, Romain Duris  
**Bienvenue Chez Les Ch'tis**  
Kad Merad, Dany Boon  
**Mr. Woodcock**  
Seann William Scott, Susan Sarandon  
**Mamma Mia! Karaoke**  
Meryl Streep, Colin Firth  
**Mirrors**  
Kiefer Sutherland, Paula Patton  
**Savage Grace**  
Julianne Moore, Stephen Dillane  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**WALL-E**  
Animation PV  
**Burn After Reading**  
George Clooney, Brad Pitt

**LUSOMUNDO**  
**FORUMAVEIRO**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Untraceable**  
Diane Lane, Billy Burke  
**Tropic Thunder**  
Ben Stiller, Robert Downey Jr  
**Entre les Murs**  
François Bégaudeau  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**W.**  
Josh Brolin, Elizabeth Banks  
**War, Inc.**  
John Cusack, Marisa Tomei  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens

**LUSOMUNDO**  
**GLICINIAS**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Taken**  
Leam Neeson, Maggie Grace

**LUSOMUNDO**  
**DOLCEVITA COIMBRA**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**In Bruges**  
Colin Farrell, Brendan Gleeson

**Mamma Mia!**  
Meryl Streep, Colin Firth  
**W.**  
Josh Brolin, Elizabeth Banks  
**Burn After Reading**  
George Clooney, Brad Pitt  
**Entre os Dedos**  
Filipe Duarte, Luis Filipe Rocha  
**Tropic Thunder**  
Ben Stiller, Robert Downey Jr  
**War, Inc.**  
John Cusack, Marisa Tomei  
**Entre les Murs**  
François Bégaudeau  
**Untraceable**  
Diane Lane, Billy Burke  
**Bee Movie - Animation PV**

**LUSOMUNDO**  
**FORUM COIMBRA**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Taken**  
Leam Neeson, Maggie Grace  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Death Race**  
Jason Statham, Tyrese Gibson

**LUSOMUNDO**  
**FOZ PLAZA**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Bee Movie - Animation PV**  
**War, Inc.**  
John Cusack, Marisa Tomei  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Entre les Murs**  
François Bégaudeau  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan

**LUSOMUNDO**  
**FERRARA PLAZA**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Kung Fu Panda**  
Animation PV  
**Mr. Woodcock**  
Seann William Scott, Susan Sarandon  
**Entre les Murs**  
François Bégaudeau  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Death Race**  
Jason Statham, Tyrese Gibson

**LUSOMUNDO**  
**DOLCEVIDA DOURO**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Burn After Reading**  
George Clooney, Brad Pitt  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Kung Fu Panda - Animation PV**

**LUSOMUNDO**  
**FORUM VISEU**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Untraceable**  
Diane Lane, Billy Burke  
**Winx Club: The Secret of the Lost Kingdom - Animation**  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Tropic Thunder**  
Ben Stiller, Robert Downey Jr

**War, Inc.**  
John Cusack, Marisa Tomei  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan

**LUSOMUNDO**  
**PALACIO DO GELO**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Saw V**  
Tobin Bell, Costas Mandylor  
**Burn After Reading**  
George Clooney, Brad Pitt  
**Taken**  
Leam Neeson, Maggie Grace  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Entre os Dedos**  
Filipe Duarte, Luis Filipe Rocha  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Death Race**  
Jason Statham, Tyrese Gibson

**LUSOMUNDO**  
**FORUM VIZELA**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Max Payne**  
Mark Wahlberg, Mila Kunis  
**The Ugly Duckling and Me**  
Animation PV  
**Untraceable**  
Diane Lane, Billy Burke  
**The House Bunny**  
Anna Faris, Colin Hanks

**LUSOMUNDO**  
**BRAGA PARQUE**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**W.**  
Josh Brolin, Elizabeth Banks  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Burn After Reading**  
George Clooney, Brad Pitt  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Ratatouille - Animation PV**

**LUSOMUNDO**  
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**30 OCT-5 NOV**

**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Journey to the Center of the Earth**  
Brendan Fraser, Josh Hutcherson  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**War, Inc.**  
John Cusack, Marisa Tomei  
**Bee Movie - Animation PV**  
**Max Payne**  
Mark Wahlberg, Mila Kunis

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**30 OCT-5 NOV**

**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Untraceable**  
Diane Lane, Billy Burke  
**Bee Movie**  
Animation PV

■ **OV = Original Version**  
■ **PV = Portuguese Version**

**LUSOMUNDO**  
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**30 OCT-5 NOV**

**Untraceable**  
Diane Lane, Billy Burke  
**Death Race**  
Jason Statham, Tyrese Gibson  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Taken**  
Leam Neeson, Maggie Grace  
**W.**  
Josh Brolin, Elizabeth Banks  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Space Chimps**  
Animation OV & PV  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson

**LUSOMUNDO**  
**GAIA SHOPPING**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Mr. Woodcock**  
Seann William Scott, Susan Sarandon  
**Untraceable**  
Diane Lane, Billy Burke  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Taken**  
Leam Neeson, Maggie Grace  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Ratatouille - Animation PV**

**LUSOMUNDO**  
**PARQUE NASCENTE**  
**TEL: 707 246362**  
**30 OCT-5 NOV**

**Taken**  
Leam Neeson, Maggie Grace  
**Death Race**  
Jason Statham, Tyrese Gibson  
**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Saw V**  
Tobin Bell, Costas Mandylor  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Burn After Reading**  
George Clooney, Brad Pitt  
**Winx Club: The Secret of the Lost Kingdom - Animation**  
**Untraceable**  
Diane Lane, Billy Burke  
**W.**  
Josh Brolin, Elizabeth Banks  
**Max Payne**  
Mark Wahlberg, Mila Kunis  
**Paris**  
Juliette Binoche, Romain Duris

**LUSOMUNDO**  
**MAR SHOPPING**  
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**30 OCT-5 NOV**

**High School Musical 3**  
Zac Efron, Vanessa Hudgens  
**Journey to the Center of the Earth (3D)**  
Brendan Fraser, Josh Hutcherson  
**Eagle Eye**  
Shia LaBeouf, Michelle Monaghan  
**Mamma Mia!**  
Meryl Streep, Colin Firth  
**Death Race**  
Jason Statham, Tyrese Gibson  
**Donkey Xote**  
Animation PV  
**Taken**  
Leam Neeson, Maggie Grace  
**Entre les Murs**  
François Bégaudeau  
**In Bruges**  
Colin Farrell, Brendan Gleeson





## BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 A Taste of My Life. (R) (T) 12.00 BBC News: Weather. (T) 12.10 Football Focus. (T) 1.00 Racing from Ascot. Including the 2.15 United House Gold Cup Handicap Chase (3m). (T) 2.20 Live Rugby Union. Northampton Saints v Scarlets (Kick-off 2.30pm). (T) 4.30 Final Score. (T)

5.15 BBC News; Regional News; Weather. (T)  
5.35 Hole in the Wall. Former England cricketer Phil Tufnell, TV chef Nancy Lam, vocal coach Carrie Grant and Casualty actor Tony Marshall try to fit through holes to win #10,000 for charity. (T)  
6.05 Strictly Come Dancing. As the contest reaches the halfway mark, the remaining couples take to the floor once again, hoping to impress the judges and the voting public. The results show is tomorrow at 8.15pm. (T)  
7.30 Merlin. Arthur and Merlin are hunting in the forest when they rescue a man and his beautiful daughter from bandits. The prince is besotted with the girl and offers the pair refuge in Camelot - unaware the object of his affections poses a threat to his life. Guest starring Kenneth Cranham. (T)

8.15 The National Lottery: Who Dares Wins. Nick Knowles presents the last in the series of the game show in which two pairs of strangers team up, each battling to outdo the other by listing as much as they know about a given subject. Includes the Lotto, Dream Number and Thunderball draws, with Jenni Falconer. (T)  
9.05 Casualty. Tess is unhappy when Jordan allows Ruth to perform a tricky procedure. Dixie confronts the Malone family at their home, where she finds Sammy seriously ill - and what appear to be injection marks on her arm. Big Mac prepares for his date with Kelsey, but it becomes clear her attention is elsewhere. (T)  
9.55 BBC News; Weather; (T) National Lottery Update. (T)

10.10 Match of the Day. Gary Lineker presents highlights of today's Premier League fixtures, including Chelsea v Sunderland at Stamford Bridge and Manchester United v Hull City at Old Trafford. Going into the weekend, The Blues have won their last seven matches against the Black Cats - not conceding a goal in this home fixture since 2001. The Tigers, on a good run of away form, were looking for their first league win at Old Trafford, and this was the first time the sides had met in any competition since a League Cup tie in the 1987/88 season. (T)  
11.30 FILM: A Time to Kill (1996). Courtroom drama, with Matthew McConaughey. (T)

1.55 Friday Night with Jonathan Ross; (R) (T) Weathering. (T) 3.00 Sign Zone: Silent Witness. (R) (T) 4.00 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: 7.00 Roar; (R) (T) The Owl. (R) (T) 8.00 The Secret Show. (R) (T) 8.15 Sportsround; (T) Bernard. (R) (T) 8.30 Gimme a Break. (T) 9.00 TMI. (T) 10.30 Hot Rods; (T) Prank Patrol Pocketsize. (R) (T) 11.00 The Secret Show. (R) (T) 11.15 The Story of Tracy Beaker. (R) (T) 11.45 Eliot Kid. (R) (T) 12.00 BBC Switch: Sound. (T) 12.30 BBC Switch: Mission Beach USA. (T) 1.05 BBC Switch: Greek. (T) 1.50 BBC Switch: The Surgery. (T) 2.10 Animal Park. (T) 2.25 FILM: The Adventures of Rocky and Bullwinkle (2000). Live action and animation adventure, starring Robert De Niro. (T) 3.50 FILM: Run of the Arrow (1957). Western, starring Rod Taylor. (T) 5.15 Heroes of Helmand. (T) 5.45 Porridge. (R) (T) 6.15 Coast. (R) (T) 7.15 Stephen Fry in America. The actor travels along the Mississippi River. (R) (T) 8.15

**Timewatch: The Last Day of World War One.** Michael Palin travels to the battlefields of Europe. Last in the series. (T) 9.15 Have I Got a Bit More News for You. With guest host Tom Baker. (R) (T) 9.55 FILM: Heat (1995). A detective becomes obsessed with collaring a highly intelligent career criminal who is planning one last robbery before retiring. Thriller, starring Al Pacino and Robert De Niro. (T) 12.35 Never Mind the Buzzcocks. With guest team captain Russell Brand. (R) (T) 1.05 FILM: The Glass Shield (1995). Fact-based crime drama, starring Michael Boatman. (T) 2.50 FILM: No Man's Land (2001). Oscar-winning drama, starring Branko Djuric. (T) 4.20 Close. (T)

## Pick of the Day

**Timewatch: The Last Day of World War One, BBC2, 8.15pm**

Michael Palin's latest journey is more than his usual light-hearted look at far-flung foreign places. This epic tells the explosive story of the final day of the First World War with the help of newly discovered photographs; original research never before seen on television; contemporary film archive and newspapers, and state-of-the-art graphics. Travelling to the battlefields of northern Europe to see the places where Allied troops were fighting as the First World War came to an end at 11am on November 11, 1918, Michael counts down the final hours of war, questioning the thousands of casualties that occurred in the hours after the Armistice had been signed.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## C4

6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: Friends. (R) (T) 9.25 T4: T4@10. 9.30 T4: The Hills. (T) 10.00 T4: T4@10. Short programme celebrating the show's 10th anniversary. 10.05 T4: Friends. (R) (T) 10.35 T4: T4@10. 10.40 T4: Friends. (R) (T) 11.15 T4: T4@10. 11.20 T4: Everybody Loves Lil' Chris. (T) 11.50 T4: T4@10. 11.55 T4: Reaper. (R) (T) 12.55 T4: T4@10. 1.00 T4: Red Bull Air Race 2008. (T) 2.00 Channel 4 Racing from Wetherby. Newmarket and Down Royal. Including the 3.35 bet365 Charlie Hall Chase (3m 1f). (T) 4.05 The TV Show. (T) 4.40 FILM: Jungle 2 Jungle (1997). Comedy, starring Tim Allen. (T) 6.35 Channel 4 News. (T) 7.05 River Cottage Autumn. Hugh Fearnley-Whittingstall rustles up a recipe of chorizo meatballs with scallops and trotters in a sweet and sour sauce, and begins a campaign to get the public growing their own produce. (R) (T) 8.05 Gordon Ramsay: Cookalong. The chef designs a menu with the credit crunch in mind. (R) (T) 9.05 FILM: Recount (2008). Premiere. Fact-based drama, following the legal and political conflicts over the controversial result of the 2000 US presidential election. Starring Kevin Spacey. (T) 11.20 FILM: Days of Thunder (1990). Motor racing drama, starring Tom Cruise. (T) 1.25 FILM: Prince of Darkness (1988). Supernatural horror, starring Donald Pleasence. (T) 3.15 Kevin McCloud and the Big Town Plan. (R) (T) 4.15 St Elsewhere. (R) (T) 5.00 Countdown. (R) (T) 5.45 The Hoobs. (R) (T)

## FIVE

6.00 Sunrise. 7.00 Milkshake! Harry and His Bucket Full of Dinosaurs. (T) 7.15 Mist: Sheepdog Tales. (R) (T) 7.30 Hana's Helpline. (T) 7.50 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.05 Little Princess. (R) (T) 8.20 The Funky Valley Show. (R) (T) 8.35 The Beeps. (R) (T) 8.50 The Mr Men Show. (R) (T) 9.05 Rupert Bear. (R) (T) 9.20 The Milkshake! Show. (R) (T) 9.50 Roobarb and Custard Too. (R) (T) 10.00 The Gadget Show. (R) (T) 11.00 Axe Men. (R) (T) 12.00 Zoo Days. (T) 12.10 FILM: Imaginary Crimes (1994). Drama, starring Harvey Keitel. (T) 2.10 FILM: The Murder of a Rock Star (1991). Crime drama, starring Peter Falk. (T) 4.05 FILM: Stuart Little 2 (2002). Adventure sequel, starring Geena Davis. (T) 5.40 FILM: Batman and Robin (1997). Comic-book adventure, starring George Clooney. (T) 7.45 Five News and Sport. (T) 8.00 NCIS. The team investigates the death of a senior Navy officer on board the President's plane. Forensic tests indicate he died of natural causes, but Abby is convinced he was murdered. (R) (T) 8.55 NCIS. A Marine dies during a parachute exercise. (R) (T) 9.55 CSI: Crime Scene Investigation. A jailed nightclub owner is given temporary leave of absence so that he can help Brass and Stokes investigate a double homicide, but absconds at the first opportunity. (R) (T) 10.55 Law & Order: Criminal Intent. (R) (T) 11.55 Quiz Call. 4.00 Wild Events. (R) (T) 4.25 Lemur Island. (R) (T) 5.10 House Doctor. (R) (T) 5.35 House Doctor. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 10.10 CITV: Emu. (T) 10.25 My Life As a Popstar. (T) 10.55 Drake & Josh. (R) (T) 11.25 Planet Sketch. (R) (T) 11.35 Coronation Street. (T) 1.50 ITV News and Weather. (T) 2.00 London Today; Weather. (T) 2.05 Torvill and Dean: Dancing on Ice - The Live Tour 2008. 3.10 F1: Brazilian Grand Prix Qualifying Live. The battle for pole position at Interlagos. (T)  
5.30 London Tonight; Weather. (T)  
5.45 ITV News and Weather. (T)  
6.00 Funniest Ever You've Been Framed! Harry Hill narrates a selection of camcorder calamities and viewers' mobile phone footage, including animals being naughty, musical mishaps, practical jokes and holiday howlers. (R) (T)  
7.00 Harry Hill's TV Burp. The comedian takes a surreal look at the week's small-screen highlights, subjecting the latest soap sagas, reality shows and documentaries to his unique brand of scrutiny. (T)  
7.30 The X Factor. Dermot O'Leary presents the fourth live studio round, which sees the nine remaining acts performing disco songs. As well as impressing the public, they will be keen to sway judges and mentors Cheryl Cole, Simon Cowell, Dannii Minogue and Louis Walsh, who will decide the fate of the two acts with the fewest votes. The results can be seen at 9.50pm. (T)  
9.05 All Star Family Fortunes. Former football player John Barnes and one-time Atomic Kitten Natasha Hamilton compete, teaming up with their relatives to guess the answers to surveys of 100 people in a bid to reach the final round, in which they can win up to #30,000 for a charity of their choice. Game show, hosted by Vernon Kay. (T)  
9.50 The X Factor - The Result. Will Young, no stranger to facing Simon Cowell after winning Pop Idol in 2002, performs in the studio. Then the viewers' verdict is announced and the two acts with the fewest votes perform a song of their own choice in the final showdown, hoping to win a reprieve from the judges. (T)  
10.35 ITV News and Weather; Weather. (T)  
10.50 FILM: Hannibal (2001). Gory thriller, starring Anthony Hopkins. (T)  
1.20 Bingo Night Live. 2.25 Quantum of Solace: Royal World Premiere Special; (T) ITV News Headlines. 2.50 FILM: The Amityville Horror (1979). Supernatural shocker, starring James Brolin. (T) 4.10 ITV Nightscreen.

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## LOCAL

**RTP1**  
0630 Children TV 0645 Brinca Comigo  
0800 Bom Dia Portugal 1000 All Saints  
A Taste of My Life 1100 Mudar de Vida 1130 Lisbon - November 1755 1230 Contra 1300 News 1415 Top 1545 Smallville, series 1630 Bones, series 1715 A Minha Geracao 1900 Vila Faia 2000 News 2100 A Voz do Cidadão 2115 Football: Sagres League Reviews 0030 Cold Case, series 0115 Special Unit, series 0245 Jane Doe: Sim, Lembro-me perfeitamente, film 0430 Top v 0545 Euronews 0615 A Hora da Sorte  
**RTP2**  
0700 Euronews 0730 África 7 Dias 0800 News 0830 Km Zero 0900 Open University 0945 A Alma e a Gente 1015 Bioterra 1100 Bastidos 1130 Recantos 1200 Voluntário 1230 Percursos da Música Portuguesa 1300 Eco-Crimes 1400 Parlamento 1500 Sports 1900 Voluntário 1930 Bravo 2000 Kabango 2100 Diga Lá Excelência 2145 A Hora da Sorte 2200 News 2230 Non ou a vã glória de mandar, film 0015 Peco a palavra, film 0230 Sports 0630 Euronews  
**SIC**  
0600 Etnias 0645 Sic Kids 0830 Disney 1000 Power Overdrive 1030 Programa da Lucy 1200 Our World: Life of Mammals 1300 News 1400 Special Episode 1500 Futsal: Belenenses vs Sporting 1715 Film TBA 2000 News 2130 Não Há Crise 2300 A Favorita 0015 CSI New York, series 0115 Jericho, series 0215 Todos em Linha 0400 Film TBA  
**TVI**  
0700 Children TV 0830 Smackdown - Vrestling 0930 0930 Deluxe 1015 Antevésio 1100 All Saints Mass 1300 News 1400 O Regresso dos Sabichões, film 1600 Um Novato na Prisão, film 1800 Denolator: O Homem sem Medo, film 2000 News 2130 Felício de Amor 2300 A Outra 0030 As Crônicas de Riddick, film 0230 Sempre a Somar 0400 Até que a Morte nos Separe 0430 Fire Power, mini-series 0530 Telealeis

## Best of the Rest

**BBC3**  
7.00 Top Gear 8.05 Lewis Hamilton: Billion Dollar Man 9.05 Film: The Life Aquatic with Steve Zissou 15 (2004) 10.55 Family Guy 11.20 Family Guy 11.40 Two Pints of Lager and a Packet of Crisps 12.10 Two Pints of Lager and a Packet of Crisps 12.40 Coming of Age 1.10 The Real Hustle 1.40 Lewis Hamilton: Billion Dollar Man 2.35 Celebrity Scissorhands Uncut 4.35 Close  
**BBC4**  
7.00 London to Brighton in Four Minutes 7.05 John Betjeman Goes by Train 7.15 Lark Rise to Candleford 8.15 Lark Rise to Candleford 9.15 Reader, I Married Him 10.15 Damages 11.00 Damages 11.40 Mad Men 12.25 David Ogilvy: The First Mad Man 1.25 Britain from Above 2.25 The Satellite Story 3.35 Reader, I Married Him 4.25 Close  
**ITV2**  
1.05 Britannia High 2.05 Quantum of Solace: Bond on Location 2.35 Quantum of Solace: Royal World Premiere Special 3.10 The National Television Awards 2008 5.10 Film: Junior PG (1994) 7.20 Sugababes: The Hot Desk 7.30 Top Fat to Toddle 8.30 The Planet's Funniest Animals 9.05 The Xtra Factor 9.50 McFly: The Hot Desk 10.05 No Heretics 10.35 The Xtra Factor - The Result 11.20 Jack Osbourne: Celebrity Adrenaline Junkie 12.20 The X Factor 1.55 The Xtra Factor 2.30 The X Factor - The Result 3.10 The Xtra Factor - The Result 3.45 Entourage 4.10 Good Girls: Gone Bad 4.35 Smallville 5.25 ITV at the Movies 5.50 Sugababes: The Hot Desk  
**Sky1**  
1.00 Film: Stargate - Ark of Truth 12 (2008) 3.00 Quantum of Solace

Special 3.30 Malcolm in the Middle 4.00 Malcolm in the Middle 4.30 Malcolm in the Middle 5.00 The Simpsons 5.30 The Simpsons 6.00 Noel's Are You Smarter Than a 10 Year Old? 7.00 UK Border Force 8.00 Stings, Fangs and Spines 9.00 Road Wars 10.00 Night Cops 11.00 Drugs Wars: DEA 12.00 Prison Break 1.00 The Villa 1.50 Australia Uncovered 2.40 Road Wars 3.30 America's Dumbest Criminals 4.20 Brainiac: Science Abuse 5.10 Guilty!  
**G.O.L.D**  
1.20 My Family 2.00 One Foot in the Grave 2.40 Waiting for God 3.20 Last of the Summer Wine 4.00 My Family 4.40 One Foot in the Grave 5.20 Waiting for God 6.00 Last of the Summer Wine 6.40 My Family 7.20 One Foot in the Grave 8.00 Film: Shanghai Noon 12 (2000) 10.05 The Royle Family 10.45 The Royle Family 11.20 My Family 11.55 Morecambe and Wise - The Greatest Moment 1.30 The Royle Family 2.10 The New Adventures of Old Christine 2.35 The New Adventures of Old Christine 3.00 Close  
**TCM**  
1.00 Hot Millions U (1968) 3.00 High Society U (1956) 4.55 The Journey U (1959) 7.10 A Shot in the Dark PG (1964) 9.00 Dirty Rotten Scoundrels PG (1988) 11.00 Blow-Up 15 (1966) 1.15 Reckless 18 (1984) 2.55 Alex in Wonderland 15 (1970) 5.00 Johnny Eager PG (1942)  
**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Halloween Town U (1998) Spooky adventure. Debbie Reynolds stars. 6.00 Film: Halloween Town II: Kalabar's Revenge PG (2001) Spooky adventure sequel, starring Debbie Reynolds.

## MOVIES

**Sky Movies Drama**  
6.30 The Patron Saint of Liars PG (1997) 8.15 Love Letters PG (1999) 10.00 The Gingerbread Man 15 (1998) 12.15 Columbus: Butterfly in Shades of Grey PG (1993) With Peter Falk. 2.00 Holy Man PG (1998) With Eddie Murphy. 4.00 Diana: The Final Journey 12 (2007) With Jennifer Morrison. 5.45 Quantum of Solace Special 6.15 Love N' Dancing 12 (2008) With Amy Smart. 8.00 Ride with the Devil 15 (1999) With Tobey Maguire. 10.30 Gridiron Gang 12 (2006) With Dwayne The Rock Johnson. 12.45 Billy Bathgate 15 (1991) With Dustin Hoffman. 2.45 Killer: A Journal of Murder 18 (1995) With James Woods. 4.30 Malpractice PG (2001)  
**Sky Movies Comedy**  
6.25 Patch Adams 12 (1998) 8.25 35MM 8.55 Open Season PG (2006) 10.25 Blades of Glory 12 (2007) 12.07 12.05 Haply Gimmie 12 (1996) With Adam Sandler. 1.45 The Top 10 Show 2.00 The Simpsons Movie PG (2007) With Dan Castellaneta. 3.30 Idiocracy 15 (2006) With Luke Wilson. 5.00 Open Season PG (2006) With Martin Lawrence. 6.30 The Simpsons Movie PG (2007) With Dan Castellaneta. 8.00 Blades of Glory 12 (2007) With Will Ferrell. 9.45 Haply Gimmie 12 (1996) With Adam Sandler. 11.30 Idiocracy 15 (2006) With Luke Wilson. 1.05 Bad Girls from Valley High 12 (2005) With Julie Benz. 2.40 Patch Adams 12 (1998) With Robin Williams. 4.45 Expiration Date 12 (2006)  
**Sky Movies Action/Thriller**  
6.00 Quantum of Solace Special 6.30 Rob Roy 15 (1995) 9.00 Pirates of the Caribbean: Dead Man's Chest 12 (2006) 11.40 The Siege 15 (1998) With Denzel Washington. 1.50 Twister PG (1996) With Helen Hunt. 3.50 Rob Roy 15 (1995) With Liam Neeson. 6.20 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 9.00 The Siege 15 (1998) With Denzel Washington. 11.00 Twister PG (1996) With Helen Hunt. 1.00 The Specialist 18 (1994) With Sylvester Stallone. 2.55 Nighthawks 18 (1981) With Sylvester Stallone. 4.50 Angel Flight Down PG (1996)

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## SPORT

**Sky Sports 1**  
6.00 FIFA Futbol Mundial 6.30 Big League Weekend 1 7.30 Off The Bar 8.00 Champions League Weekly 8.30 Premier League Preview 9.00 Soccer AM 12.00 Soccer Saturday 12.30 Live Football Special. Everton v Fulham (Kick-off 12.45pm). 3.00 Soccer Saturday 5.15 Live Saturday Night Football. Cardiff City v Wolverhampton Wanderers (Kick-off 5.20pm). 7.30 You're on Sky Sports! 8.30 Live Stanford Twenty/20 Cricket. Stanford Supersats v England. 1.00 Spanish Football 2.30 Champions League Weekly 3.00 World Sport 3.30 Spanish Football 5.00 You're on Sky Sports!  
**Sky Sports 2**  
6.00 Live Rugby League World Cup. Fiji v France (Kick-off 6.25am). 8.30 Live Rugby League World Cup. New Zealand v Papua New Guinea (Kick-off 8.55am). 11.00 Live European Tour Golf. The Volvo Masters. 4.00 Sailing 4.30 International Rugby Union 6.30 Rugby League World Cup 8.25 Football First 10.15 Football First 11.45 Football First 1.15 Football First 2.45 Football First 4.15 Champions League Weekly 4.45 Max Power 5.45 Close  
**Sky Sports 3**  
6.00 Live Test Cricket. India v Australia. 11.30 BMX Series 12.00 Max Power 1.00 Rugby League World Cup 3.00 Test Cricket 4.30 BMX Series 5.00 WWE: Smackdown 7.00 WWE: Bottom Line 8.00 Golf Night 10.00 Extreme Championship Wrestling  
**British Eurosport**  
7.30 World Rally Championship 8.00 Women's International Football 9.45 Women's International Football 11.30 Trial Bikes 12.00 World Superbikes 1.00 World Superbikes 2.00 Live Beach Volleyball. The men's Bahrain Open third-place play-off. 3.00 Live World Superbikes. The Superpole session from Portimao. 4.00 Trial Bikes 4.30 World Rally Championship 5.00 Live Figure Skating. The 2008 Skate Canada competition. 7.00 Live Boxing. Adonis Stevenson v Fulgencio Zuniga. 8.45 Live Figure Skating. The 2008 Skate Canada competition. 9.45 Figure Skating 11.00 Live Figure Skating. The 2008 Skate Canada competition. 1.00 Close  
**Sky Sports Xtra**  
6.00 World Sport 6.30 Friday Night 8.30 Live International Rugby Union. Australia v New Zealand (Kick-off 8.30pm). 10.30 WWE: Smackdown 12.30 Ocean Race 1.00 Live Tennis. The Paris Masters semi-finals. 5.00 World Sport 5.30 Test Cricket 7.00 Live Spanish Football. Malaga v Barcelona (Kick-off 7.00pm). 9.00 Live Spanish Football 11.00 NFL: Total Access 12.00 Rugby League World Cup 2.00 Golf Night 4.00 Rugby League World Cup

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## SUN

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## 2 NOV

### BBC1

- 6.00 Breakfast. (T) 7.35 Match of the Day. (R) (T) 9.00 The Andrew Marr Show. (T) 10.00 Sunday Life. (T) 11.00 Countryfile. (T) 12.00 The Politics Show. (T) 1.00 'Allo! 'Allo! (R) (T) 1.25 EastEnders. (T) 3.45 Merlin. (R) (T) 4.30 Points of View. (T) 4.45 Songs of Praise. (T)
- 5.20 Little Dorrit. Omnibus. Adaptation of Charles Dickens' novel. Wealthy Arthur Clennam returns to London after 15 years overseas and sets about trying to discover if there is a link between his father's dying words and his mother's servant Amy Dorrit. Matthew Macfadyen, Claire Foy, Freema Agyeman and Tom Courtenay star. (T)
- 6.45 BBC News; Regional News; Weather. (T)
- 7.15 Antiques Roadshow. Fiona Bruce and the team visit Leeds Castle near Maidstone, Kent, where they examine a painting of World War One air raids over London and a casket reputedly owned by Anne Boleyn. (T)
- 8.15 Strictly Come Dancing. Bruce Forsyth and Tess Daly announce which two couples will be performing their routines again in the dance-off, before the judges decide who to eliminate from the contest. (T)
- 9.00 Stephen Fry in America. The writer and actor travels the entire length of the country, starting at the Canadian border in the mountains of Montana, and ending in El Paso, where Texas meets Mexico. En route he talks to a Wyoming ranching couple who share details of their close encounters with a variety of animals, watches a belly-dancing display in Oklahoma, and visits an unusual home - a converted nuclear missile silo. (T)
- 10.00 BBC News; Weather. (T)
- 10.20 Little Britain USA. Vicky Pollard is caught trying to escape from boot camp, and Emily Howard gets arrested for shoplifting. Meanwhile, Lou and Andy's holiday continues with a visit to the zoo. (R) (T)
- 10.45 Spooks. A British soldier is kidnapped by al-Qaida, with the warning he will be killed unless Remembrance Day services are cancelled. Harry is reunited with his protégé Lucas North, who has spent eight years in a Russian prison, while another agent who was sent to that country is uncovered and must make a dangerous journey home. Drama, starring Peter Firth and Richard Armitage. (R) (T)
- 11.45 Spooks. Harry vows revenge on Kachimov following the explosion, but the government demands proof of Russian involvement. Lucas is desperate to return to the Grid, but his loyalty is doubted. (R) (T)
- 12.45 The Sky at Night. (T) 1.05 Celebrity Scissorhands; (T) Weatherview. (T) 2.10 Sign Zone: The Man Who Cycled the World. (R) (T) 2.40 Sign Zone: Holby City. (R) (T) 3.40 Sign Zone: Silent Witness. (R) (T) 4.40 BBC News. (T)



### Pick of the Day

#### Top Gear, BBC2, 8pm

Nobody could ever have predicted that the unlikely medley of Jeremy Clarkson, Richard Hammond, James May and The Stig would become the quintessential presenting quartet, and unite entire families around the box on a Sunday evening for what is, above all else, a show about cars. But somehow, they've managed it, and there can be scarcely a TV viewer in the country who isn't excited about the return of Top Gear for a brand new run. Just what will the team have dreamed up this time out? The last series raised the bar for their oddball stunts to a whole new level.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

### BBC2

- 6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Roar. (R) (T) 8.00 Mona the Vampire; (R) (T) Bernard. (R) (T) 8.15 What's New Scooby-Doo? (R) (T) 8.35 Stupid. (R) (T) 9.00 Escape from Scorpion Island. (R) (T) 10.00 Something for the Weekend. (T) 11.30 Film 2008 with Jonathan Ross. (R) (T) 12.10 Animal Park. (T) 12.55 Coast. (T) 1.00 Rugby League World Cup. (R) (T) 2.00 Cycling. The Track Cycling World Cup. (T) 5.00 Voyages of Discovery. (T) 6.00 Wild China. (R) (T) 7.00 The American Future: A History, by Simon Schama. Issues of identity in the multi-ethnic United States. Last in the series. (R) (T) 8.00 Top Gear. New series. Jeremy Clarkson, Richard Hammond and James May buy second-hand lorries discover how easy it is to become an LGV driver. The Porsche 911 and Lamborghini Gallardo are also tested. (T) 9.00 Dragons' Den: Outside the Den. Following entrepreneur James Caan's life among the jet set with his family - dining in Cannes and luxuriating on his yacht. He also explains his success and recalls memorable investments. (T) 10.00 Match of the Day 2. Highlights of Bolton Wanderers v Manchester City. (T) 10.45 Graham Norton Uncut. (T) 11.30 Heroes. Claire tries to take down her first target. (R) (T) 12.15 FILM: Duel at Diablo (1966). Western, starring James Garner. (T) 1.55 BBC News. (T) 4.40 Inside Sport. (R) (T) 5.10 Close.

### C4

- 6.10 Planet Cook. (T) 6.30 Transworld Sport. (T) 7.25 Adrenalin Rush. (T) 7.55 Freesports on 4 Freeze. (T) 8.50 T4: Friends. (R) (T) 9.25 T4: Hollyoaks. (T) 11.55 T4: Frock Me. (T) 12.40 T4: unsignedAct. New series. Searching for the best unsigned music act in the UK. (T) 1.45 T4: Friends. (R) (T) 2.15 T4: The Simpsons. (R) (T) 2.50 T4: The Simpsons. (R) (T) 3.20 FILM: Carry On Up the Khyber (1968). Comedy, starring Sid James. (T) 5.00 Deal or No Deal. (T) 5.45 Bear Grylls: Born Survivor. (T) 6.45 Channel 4 News. (T) 7.00 Bremner, Bird and Fortune: Silly Money. New series. Satirical look at the global financial system. (T) 8.00 Wife Swap USA. A highly driven event planner switches with a magician's partner. (T) 9.00 The Secret Millionaire. Property developer Chek Whyte helps people in Salford. (R) (T) 10.00 FILM: The Hills Have Eyes (2006). Premiere. A road trip becomes a nightmare when a family breaks down on a remote road and are attacked by deformed victims of a nuclear testing project. Horror remake, starring Aaron Stanford. (T) 12.05 4Music: The Streets: Video Exclusive. (T) 12.10 Brothers & Sisters. (T) 1.10 Brothers & Sisters. (T) 2.10 Other People's Breast Milk. (R) (T) 3.10 Kevin McCloud and the Big Town Plan. (R) (T) 4.10 Dispatches: Don't Bank on the Bailout. (R) (T) 5.00 Countdown. (R) (T) 5.45 The Hoobs. (R) (T)

### FIVE

- 6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 Bird Bath. (R) (T) 6.10 Softies. (R) (T) 6.15 Look! (R) (T) 6.20 Aussie Antics. (R) (T) 6.25 Angels of Jarm. (T) 6.30 Elmo's World. (R) (T) 6.50 Thomas & Friends. (R) (T) 7.10 Harry and His Bucket Full of Dinosaurs. (T) 7.20 Mist: Sheepdog Tales. (R) (T) 7.35 Hana's Helpline. (T) 7.45 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 8.00 Little Princess. (R) (T) 8.10 The Funky Valley Show. (R) (T) 8.25 The Beeps. (R) (T) 8.45 The Mr Men Show. (R) (T) 9.00 Rupert Bear. (R) (T) 9.15 The Milkshake! Show. (R) (T) 9.45 What Makes Me Happy. (R) (T) 10.00 Killer Hyenas: Austin Stevens' Adventures. (R) (T) 11.00 Nature Shock. (R) (T) 12.00 Mean Machines of War. (R) (T) 12.50 The Big Valley. (R) (T) 2.50 Zoo Days. (R) (T) 3.00 FILM: Sweet from the Sea (1997). Romantic drama, starring Vincent Perez. (T) 5.00 FILM: Alice's Adventures in Wonderland (1972). Musical version of the classic tale, starring Fiona Fullerton. (T) 6.50 Five News and Sport. (T) 7.05 FILM: Rides of Dollars (1964). A mysterious gunslinger rides into a town split by feuding families, and proceeds to play them off against each other. Western, starring Clint Eastwood as The Man with No Name. (T) 9.00 FILM: XXX2: The Next Level (2005). A secret agent sets out to stop a military organisation which has designs on overthrowing the US government. Action sequel, starring Ice Cube, Samuel L. Jackson and Willem Dafoe. (T) 11.05 FILM: Storm Catcher (1999). Action thriller, starring Dolph Lundgren. (T) 1.05 Live NFL. Indianapolis Colts v New England Patriots (Kick-off 1.15am). 4.30 Grand American Racing. 5.10 House Doctor. (R) (T) 5.35 House Doctor. (R) (T)

### ITV1

- 5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Art Attack. (R) (T) 9.50 Prove It! (R) (T) 10.10 Horrid Henry. (R) (T) 10.25 The Championship. (T) 11.25 ITV News and Weather. (T) 11.30 London Today; Weather. (T) 11.35 FILM: Like Mike (2002). Premiere. Children's adventure, starring Bow Wow. (T) 1.25 The X Factor. (R) (T) 3.00 The X Factor - The Result. (R) (T) 3.45 London Tonight; Weather. (T) 3.50 ITV News and Weather. (T) 4.00 F1: Brazilian Grand Prix Live. Round 18 from Interlagos. (T)
- 7.00 Britannia High. As the musical drama set in a performing arts school continues, Danny is annoyed with BB and Jez for secretly nominating him to become a student rep, and takes out his frustrations on Lauren. To make matters worse, one of his first tasks is to interview members of Girls Aloud (guest stars Nicola Roberts and Kimberley Walsh) in front of the entire school - and as Mr Nugent hands him a list of written questions, it becomes painfully obvious he cannot read. (T)
- 8.00 Heartbeat. Mason visits a travellers' camp to investigate attacks on two hippies, while Wetherby begins following his wife and is devastated to learn she is being unfaithful. Joe McFadden stars. (T)
- 9.00 Sharpe's Peril. Sean Bean returns as Bernard Cornwell's swashbuckling hero in a feature-length two-part story. As Sharpe and Harper journey across India in 1818 with the beautiful Marie-Angelique Bonnet, they come across a ragtag army unit supervising the transport of a suspected murderer. However, when the group is attacked by a bandit, Sharpe must get everyone safely to the next garrison - little suspecting he has stumbled across an opium-trafficking ring. Daragh O'Malley and Beatrice Rosen also star. (T)
- 10.30 ITV News and Weather; Weather. (T)
- 10.45 F1: Brazilian Grand Prix Highlights. Steve Rider introduces today's action from Interlagos in Sao Paulo, where the drivers contested the 18th and final round of the season. Lewis Hamilton started the race with a seven-point lead over Felipe Massa and needed to finish in the top five to become the first British champion since Damon Hill in 1996. Commentary by James Allen and Martin Brundle. (R) (T)
- 11.45 Faith in the Frame. Melvyn Bragg invites a panel including Archbishop of Canterbury Rowan Williams to discuss religious themes in Pieter Bruegel's Massacre of the Innocents. Last in the series. (T)
- 12.15 60 Minute Makeover; (R) (T) ITV News Headlines. 1.05 Antiques Auction. (R) (T) 1.30 Antiques Auction. (R) (T) 1.55 Have I Been Here Before? (R) (T) 2.20 Have I Been Here Before? (R) (T) 2.45 ITV Nightscreen.

### LOCAL

**RTP1**  
0630 Children TV 0645 Brinca Comigo 0800 Bom Dia Portugal 1000 Mass 1100 Portugal Sem Fronteiras 1200 Sentido do Gato 1230 Mr. Bean 1300 News 1415 Só Visto! 1515 Chuck 1600 Olha quem Dança 2100 Telerural 1900 Vila Europa 2100 News 2200 A Minha Geração 0115 Almada Rainha, film 0315 Motoring: World Rally Championship 0400 Lisbon - November 1755 0500 Só Visto! 0605 Nôis

**RTP2**  
0700 Euronews 0730 África 0900 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nôis 1045 Da Terra ao Mar 1215 Consócio 1145 Vida por Vida 1215 Gente da Cidade 1245 Bombordo 1315 Histórias da Vida na Terra 1345 A Voz do Cidadão 1400 Sports 1800 Bombordo 2000 The Simpsons 2100 Natureza e Tecnologia 2200 News 2230 Câmara Clara 2350 Britcom 0050 Onda Curta 0115 A Alma e a Gente 0145 Sports 0545 Euronews

**SIC**  
0645 Sic Kids 0830 Disney Kids 1000 Power Overdrive 1030 Programa da Lucy 1200 BBC Wild Life: Elephant Diaries 1300 News 1400 Fama Show 1445 Film TBA 1630 Film TBA 1815 Film TBA 2000 News 2115 Grande Reportagem SIC 2200 Gato Fedorento 2300 A Favorita 0015 Desperate Housewives, series 0115 CSI New York 0215 Todos em Linha 0400 Film TBA

**TVI**  
0700 Children's TV 0930 O Bando dos 4, series 1015 Hanna Montana, series 1100 Mass 1230 News 1300 Super League 1400 Babe, film 1600 Romance Perigoso, film 1800 Casei com uma Feiticeira, film 2000 News 2115 Reporter TV 2200 Olhos nos Olhos, film 2300 Casos da Vida 0045 Ray, film 0230 Sempre a Somar 0400 Fire Power, mini-series 0500 Teleasles 0630 Todos Iguais

### Best of the Rest

**BBC3**  
7.00 EastEnders Whodunits 8.00 Don't Tell the Bride 9.00 Celebrity Scissorhands 10.00 Family Guy 10.25 Family Guy 10.45 Touch Me, I'm Karen Taylor 11.15 Two Pints of Lager and a Packet of Crisps 11.45 Two Pints of Lager and a Packet of Crisps 12.15 Coming of Age 12.45 Don't Tell the Bride 1.40 Touch Me, I'm Karen Taylor 2.10 Celebrity Scissorhands 3.10 Celebrity Scissorhands Uncut 5.10 Close

**BBC4**  
7.00 The Story of Maths 8.00 Timeshift: How to Write a Mills & Boon 9.00 Consuming Passions: 100 Years of Mills & Boon 10.25 Imagine 11.15 Neil Young - Don't Be Denied 12.15 Timeshift: How to Write a Mills & Boon 1.15 Consuming Passions: 100 Years of Mills & Boon 2.40 Neil Young - Don't Be Denied 3.40 The Story of Maths 4.40 Close

**ITV2**  
3.00 Coronation Street 5.25 The X Factor 7.00 The Fashion Show 8.00 The X Factor - The Result 8.45 Johnny Vegas: The Hot Desk 9.00 Katie & Peter: The Next Chapter 10.00 Celebrity Juice 10.30 Film: Scary Movie 12 (2000) 12.15 Jack Osbourne: Celebrity Adrenaline Junkie 1.15 Entourage 1.40 Teleshopping 4.40 ITV2 Nightscreen

**Sky1**  
1.00 UK Border Force 2.00 Cold Case 3.00 Cold Case 4.00 Malcolm in the Middle 4.30 Malcolm in the Middle 5.00 The Simpsons 5.30 The Simpsons 6.00 Futurama 6.30 The Simpsons 7.00 The Simpsons

7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Fringe 10.10 Bones 11.10 Cold Case 12.10 Toughest Pubs in Britain 1.10 Road Wars 2.05 The Villa 3.00 Australia Uncovered 3.55 America's Dumbest Criminals 4.20 Brainiac: Science Abuse 5.10 Guilty!

**G.O.L.D.**  
1.10 Waiting for God 1.50 Last of the Summer Wine 2.30 My Family 3.10 One Foot in the Grave 3.45 Waiting for God 4.25 Last of the Summer Wine 5.05 My Family 5.45 One Foot in the Grave 6.25 Waiting for God 7.05 Last of the Summer Wine 7.45 My Family 8.25 One Foot in the Grave 9.00 Morecambe and Wise - The Greatest Moment 10.30 The Royle Family 11.10 Steptoe and Son 12.10 The Royle Family 12.50 Steptoe and Son 1.50 The New Adventures of Old Christine 2.20 The New Adventures of Old Christine 2.45 The Dick Emery Show 3.00 Close

**TCM**  
1.00 Interrupted Melody U (1955) 3.00 Trapeze U (1956) 4.50 King Solomon's Mines U (1950) 6.40 The Champ PG (1979) 9.00 Falling in Love PG (1984) 11.05 Brass Target PG (1978) 1.05 Savage Messiah 18 (1972) 2.55 Brewster McCool 15 (1970) 5.00 Manpower PG (1941)

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Twitches U (2005) Fantasy adventure, starring Tia and Tamara Mowry. 6.00 Film: Return to Halloweentown PG (2006) Fantasy adventure, starring Summer Bishil.

### MOVIES

#### Sky Movies Drama

6.15 Can't Be Heaven PG (1999) 8.00 This Is My Father 15 (1998) 10.15 Carolina PG (2003) 12.15 Cold Case Undercover PG (1994) With Peter Falk. 2.00 This is Indie 2.15 Ruby 15 (1992) With Danny Aiello. 4.15 Home by Christmas PG (2006) With Linda Hamilton. 6.00 Stomp the Yard 12 (2007) With Columbus Short. 8.00 The Holiday 12 (2006) With Cameron Diaz. 10.15 Catch a Fire 12 (2006) With Derek Luke. 12.15 Edison 15 (2005) With Morgan Freeman. 2.00 Body Count 18 (1998) With David Caruso. 3.45 London Film Festival 2008 Special 4.15 One Special Night PG (1999)

#### Sky Movies Comedy

6.30 Dr Dolittle PG (1998) 8.00 Let's Go to Prison 15 (2006) 9.40 Hoodwinked U (2005) 11.15 School for Scoundrels 12 (2006) With Billy Bob Thornton. 1.00 35MM 1.30 Wild Hogs 12 (2007) With John Travolta. 3.15 Phat Girlz 15 (2006) With Mo'Nique. 5.00 Dr Dolittle PG (1998) With

Eddie Murphy. 6.30 Hoodwinked U (2005) With Anne Hathaway. 8.00 Wild Hogs 12 (2007) With John Travolta. 10.00 School for Scoundrels 12 (2006) With Billy Bob Thornton. 11.45 Let's Go to Prison 15 (2006) With Dax Shepard. 1.20 National Lampoon's Animal House 15 (1978) With John Belushi. 3.15 Chubby Goes Down Under 18 (1998) 4.45 My Fair Eddie PG (2008)

#### Sky Movies Action/Thriller

6.30 Top Gun 12 (1986) 8.30 The Bourne Ultimatum 12 (2007) 10.40 Final Analysis 15 (1992) 1.00 The Good Shepherd 15 (2006) With Matt Damon. 4.00 The Top 10 Show 4.20 The Pelican Brief 12 (1993) With Julia Roberts. 7.00 Top Gun 12 (1986) With Tom Cruise. 9.00 The Bourne Ultimatum 12 (2007) With Matt Damon. 11.00 The Corruptor 18 (1999) With Chow Yun-Fat. 12.55 Midnight Run 18 (1988) With Robert De Niro. 3.05 Gridlock'd 18 (1997) 4.45 Volcano: Fire on the Mountain PG (1997)

#### Sky Sports 1

6.00 World Sport 6.30 Champions League Weekly 7.00 Spanish Football 8.30 Live Rugby League World Cup. Australia v England (Kick-off 8.55am). 11.15 Goals on Sunday 1.00 Live Football League. Derby County v Nottingham Forest (Kick-off 1.15pm). 3.30 Live Super Sunday. Bolton Wanderers v Manchester City (Kick-off 4.00pm). 6.30 Super Sunday: The Last Word 7.00 Live Spanish Football. Almeria v Real Madrid (Kick-off 8.00pm). 10.00 Football Special 11.30 Super Sunday: The Last Word 4.00 Spanish Football

#### Sky Sports 2

6.00 Wild Spirits 6.30 Stanford Twenty/20 Cricket 9.30 The Sunday Supplement 11.00 Live European Tour Golf. The Volvo Masters. 4.00 Wild Spirits 4.30 Rugby League World Cup 5.30 NFL: Live Wire 6.00 Live NFL. Tennessee Titans v Green Bay Packers (Kick-off 6.00pm). 9.00 Live NFL. New York Giants v Dallas Cowboys (Kick-off 9.00pm). 12.30 NFL: Top 10 1.15 Live NFL. Indianapolis Colts v New England Patriots (Kick-off 1.15am). 4.20 Close

#### Sky Sports 3

6.00 Live Test Cricket. India v Australia. 10.30 Stanford Twenty/20 Cricket 1.30 Rugby League World Cup 2.30 World Sport 3.00 Sailing 4.00 NFL: Total Access 5.00 Surfing 5.30 Test Cricket 7.00 Stanford Twenty/20 Cricket 10.00 WWE: Late Night -

Afterburn 11.00 WWE Vintage Collection 12.00 Rugby League World Cup 1.00 Test Cricket 2.30 Sailing 3.30 Surfing 4.00 Close

#### British Eurosport

7.30 Beach Volleyball 8.30 Women's International Football 9.30 Live World Superbikes. Coverage of both races from Portimao. 3.45 Women's International Football 5.00 Live Figure Skating. The 2008 Skate Canada competition. 7.00 Women's International Football 8.30 World Superbikes 10.00 World Rally Championship 10.30 Motorsports Weekend 10.45 New York Marathon 12.00 Justine Henin Special 12.30 World Rally Championship 1.00 Close

#### Sky Sports Xtra

6.00 Football First 7.30 Football First 9.00 WWE: Afterburn 10.00 WWE: Vintage Collection 11.00 British Ice Hockey 1.30 Surfing 2.00 WWE: Experience 3.00 Live Tennis. The Paris Masters final. 5.30 BMX Series 6.00 Surfing 6.30 Golf Night 8.30 Live NASCAR. The Dickies 500. 12.30 Tennis 2.30 Golf Night 4.30 Close



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IN THE DEPTH OF WINTER, I FINALLY LEARNED THAT WITHIN ME THERE LAY AN INVINCIBLE SUMMER.

ALBERT CAMUS

MON

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3 NOV

BBC1

6.00 Breakfast. (T) 9.15 Animal 24/7. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.45 Doctors. (R) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: 3.05 Kerwhizz; (T) The Owl. (R) (T) 3.30 CBBC: Dennis the Menace. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Get 100. (T) 4.35 The Sarah Jane Adventures. (T) 5.00 Newsround. (T)

5.15 Weakest Link. General knowledge quiz, with Anne Robinson, as members of the public try to outdo each other to win a cash prize. (R) (T) BBC News; Weather. (T)

6.00 Regional News Programmes; Weather. (T)

7.00 The ONE Show. (T)

7.30 Watchdog. Investigation show, fighting for consumers' rights. Nicky Campbell, Julia Bradbury and Paul Heiney present. (T) BBC News; Regional News. (T)

8.00 EastEnders. As Max lies in intensive care, Jack faces difficult new questions from DI Keeble after Tanya confesses she was not with him on the night of the incident. However, Ronnie agrees to give him an alibi. Stacey tells Callum she no longer wants to see him, and Ian has a change of heart about Jane's comedy routine. Sean decides not to support Roxy at her ante-natal class. (T)

8.30 Panorama. Alastair Leithead looks back over three years on the frontline alongside British troops fighting the Taliban in Afghanistan, recalling the successes and failures of the conflict. (T)

9.00 Spooks. Ben infiltrates an al-Qaida cell whose members are planning a bombing campaign in London, and accompanies them on what he thinks is a trial run - only to discover at the last minute that it's all too real. Disturbed to hear details of Lucas's flashbacks to his time in the Russian prison, Harry visits his mentor in an attempt to discover how classified information about a top-secret operation has leaked to the enemy. (T)

10.00 BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 My Family at War. New series examining the lives of celebrities' ancestors during World War One. Aware that many deaths during conflict were blamed on the poor decision-making of generals, Dan Snow begins an uncomfortable journey examining the career of his great grandfather, who was one of those leaders. Meanwhile, Natalie Cassidy finds out whether the women in her family did on the home front. Part of the 1918-2008: Ninety Years of Remembrance season. (T)

11.15 Inside Sport. Presented by Gabby Logan. (T)

11.45 FILM: This Boy's Life (1993). Drama, starring Leonardo DiCaprio. (T)

1.35 Celebrity Scissorhands. (T) Autumnwatch Weatherview. (T) 2.40 Sign Zone: Antiques Roadshow. (R) (T) 3.40 Sign Zone: Little Dorrit. (R) (T) 4.10 Sign Zone: Recipe for Success. (R) (T) 4.55 BBC News. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Bernard. (R) (T) 7.30 50/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.25 Charlie and Lola. (R) (T) 9.35 Finley the Fire Engine. (R) (T) 9.50 The Koala Brothers. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Words and Pictures. (T) 11.10 BBC Primary Geography. (T) 11.20 Look and Read. (T) 11.40 See You, See Me. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Dragons' Den: Outside the Den. The private life of entrepreneur James Caan. (R) (T) 8.00 Autumnwatch 2008. The life of ravens on Anglesey and the grey seal mating season. (T) 9.00 Prescott: The Class System and Me. Conclusion. The effect of education on perceptions of class. (T) 10.00 Have I Got News for You. Tom Baker guest hosts the satirical current affairs quiz, with panellists including Chris Addison and team captains Ian Hislop and Paul Merton. (R) (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Jake on the Box. (T) 12.20 Beautiful People. (R) (T) 12.50 Ellery Queen. (R) (T) 1.40 BBC News. (T) 4.00 BBC Learning Zone. (T)

Pick of the Day

**The Unsinkable Titanic, C4, 9pm**  
Who hasn't heard the name Titanic? Said to be unsinkable, the assertion was sadly proven wrong when put to the test, resulting in the deaths of more than 1,500 people. As everyone knows, it was an iceberg that sank the Titanic, right? This new film argues that it was actually a long chain of misjudgements, human errors and bad luck that sealed the fate of the luxury liner - and had one of these pitfalls been avoided, then history might have told a very different tale. Drawing on the latest research and eyewitness testimonies, the film aims to put to bed many of the myths surrounding the Titanic.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

C4 FIVE

6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (R) (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show. (R) (T) 3 Minute Wonder. (R) (T) 10.05 Booze: A Young Person's Guide. (R) (T) 3 Minute Wonder. (R) (T) 11.00 Parents & Teens: Welcome to My World. (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Nursing Britain. (R) (T) 12.35 Wife Swap USA. (R) (T) 1.35 FILM: The Thirty-Nine Steps (1959). Thriller, starring Kenneth More. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: The Unquiet American. New series. The battle between Republicans and Democrats. (T) 8.00 Dispatches: Mum Loves Drugs, Not Me. The lives of children whose parents are addicted to drugs. (T) **9.00 The Unsinkable Titanic**. Documentary drawing on the latest research to reconstruct the maritime disaster of 1912, examining the misjudgements, human errors and misfortunes that sealed the fate of the largest liner of its day. (T) 10.30 FILM: Cherry Falls (2000). A high school is stalked by a serial killer who only murders virgins, prompting the students to organise a sex party in the hope of staying alive. Comic horror, with Brittany Murphy. (T) 12.15 Dispatches: Jon Snow's American Journey. (R) (T) 1.20 Bremner, Bird and Fortune: Silly Money. (R) (T) 2.20 Unreported World. (R) (T) 2.45 Portrait of a Young Man Drowning. (R) (T) 2.55 3 Minute Wonder: Miss Landmine. (R) (T) 3.00 Kevin McCloud and the Big Town Plan. (R) (T) 4.00 Channel 4 Education. (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T)

5.00 Golden Balls. Game show, hosted by Jasper Carrott. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Peter shrugs off Edna's pleas to return the car, leaving her to consider making a huge sacrifice. Jo is involved in a dispute with a farmhand, and Gennie warns Brenda off Bob. (T)

7.30 Coronation Street. Fiz tries to help John by rushing off to his gran's house on what she thinks is a mission of mercy, unaware she is placing herself in danger. Maria continues to fret over the number of calls to Carla on Liam's phone, and Pam tries to persuade Molly to attend a wedding fayre, while Norris's obsession with entering competitions drives Rita and Emily to distraction. (T)

8.00 Violent Women: Tonight. (T)

8.30 Coronation Street. John confesses to Fiz that he kidnapped Rosie, and Maria decides to find out more about Carla's involvement in Lad Rags. Norris takes his enthusiasm for competitions a little too far for Rita's liking, and Steve urges Becky to start flirting with other men, hoping to annoy Alan's suspicions. (T)

9.00 Taggart. A campaigner against domestic violence is murdered and the prime suspect is an apparently reformed man whose violent behaviour once drove his ex-wife to almost kill him in self defence. Although the team is able to build a solid case against him, the investigation is put in jeopardy when Ross suffers a moment of madness. Glasgow-styled detective drama, starring John Michie and Blythe Duff. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 Forensic Casebook with Matthew Kelly. Using forensic autopsies to crack previously unsolved crimes.

11.10 Grimebusters. Series following specialist clean-up teams working across the UK. (T)

11.40 Ghosthunting with the Dingles. Yvette Fielding invites Emmerdale actors Mark Charnock, Verity Rushworth, Lucy Pargeter, Joseph Gilgun and Hayley Tamaddon to explore three of Yorkshire's most haunted locations. (T)

12.40 Quantum of Solace: Royal World Premiere Special. (R) (T) 1.30 Champions League Weekly. (T) ITV News Headlines. 2.00 Loose Women. (R) 2.50 Chef v Britain. (R) (T) 3.15 Chef v Britain. (R) (T) 3.40 ITV Nightscreen.

LOCAL Best of the Rest

**RTP1**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1422 Amor e Intrigas 1519 Portugal no Coração 1800 Portugal em Directo 1955 Direito de Antena 2000 News 2059 Notas Soltas 2117 Cuidado com a Língua 2130 Jogo Duplo 2230 Prós e Contras 0100 Lackawanna Blues, film 0245 Portugal no Coração 0515 Euronews 0605 Nôs

**RTP2**  
0715 Zig Zag 1400 Sociedade Civil 0530 Indisciplinas 1600 National Geographic: Tribal Odyssey: The Chief who talks to God 1700 Zig Zag 1830 A Fé dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Shape of Life 2150 A Hora da Sorte 2200 News 2240 Weeds, series 2330 Bastidores 0030 Noites da Dois 0115 Universidades 0145 Yes, Dear, series 0215 Diga Lá Excelência 0300 Eurodeputados 0345 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens

**SIC**  
0600 Sic Noticias 0900 Dia em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1500 Beleza Pura 1545 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Vip Manicure 2215 Podia Acabar o Mundo 2315 A Favorita 0015 CSI New York, series 0115 CSI Las Vegas 0215 Todos em Linha 0430 Ciranda de Pedra

**TVI**  
0700 Diário da Manhã 1015 Vozes na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganha 1815 Morangos com Açúcar 2000 News 2115 Repórter 2200 Fetiche de Xmas 2300 Olhos no Olhos 0000 A Outra 0030 The Chamber, film 0245 Sempre a Somar 0415 TVI Negócios 0430 Trudeau O Mito, mini-series

Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 Futurama 9.00 Film: Big Daddy 12 (1999) 10.45 Night Cops 11.45 Road Wars 12.45 Road Wars 1.40 Road Wars 2.05 Miami Uncovered 3.00 Naked in Westminster 3.55 Scare Tactics 4.20 Brainiac: Science Abuse 5.10 Guilty! **G.O.L.D**  
1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 The Thin Blue Line 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 Fawcett Towers 10.25 Fawcett Towers 11.10 The Royle Family 11.50 Fawcett Towers 12.35 Fawcett Towers 1.20 The Royle Family 2.00 My Hero 2.30 The Two Ronnies 3.00 Close **TCM**  
1.00 Lovely to Look At U (1952) 3.00 The Boy Friend U (1971) 5.25 The Girl and the General PG (1967) 7.15 Elvis on Tour PG (1972) 9.00 Plenty 18 (1985) 11.20 Cannery Row 12 (1982) 1.25 The Haunting 15 (1963) 3.20 The Safecracker U (1958) 5.00 Madame Bovary PG (1949)

**The Disney Channel**  
Kids' programmes from 7am, except:

MOVIES

**Sky Movies Drama**  
6.00 Taken Away PG (1996) 7.45 35MM 8.15 Simon Birch PG (1998) 10.15 Storyville 15 (1992) 12.15 (Columbo: Strange Bedfellows PG (1995) With Peter Falk. 2.00 October Sky PG (1999) With Jake Gyllenhaal. 4.00 Goya's Ghosts 15 (2006) With Javier Bardem. 6.00 Sat Elmo's Fire 15 (1985) With Rob Lowe. 8.00 World Trade Center 12 (2006) With Nicolas Cage. 10.15 The Sentinel 12 (2006) With Michael Douglas. 12.15 Mississippi Burning 18 (1988) With Gene Hackman. 2.30 Flesh and Blood 18 (1985) With Jennifer Jason Leigh. 4.45 Gideon PG (1999)

**Sky Movies Comedy**  
6.20 Barefoot in the Park PG (1967) 8.10 Varsity Blues 15 (1999) 10.00 Coneheads PG (1993) 11.30 Farce of the Penguins 15 (2006) With Samuel L. Jackson. 1.00 Click 12 (2006) With Adam Sandler. 3.00 Detroit Rock City 15 (1999) With Giuseppe Andrews. 4.40 Varsity Blues 15 (1999) With Jon Voight.

6.30 Coneheads PG (1993) With Dan Aykroyd. 8.00 Click 12 (2006) With Adam Sandler. 10.00 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 11.35 Farce of the Penguins 15 (2006) With Samuel L. Jackson. 1.00 Bull Durham 18 (1988) With Kevin Costner. 2.50 Eddie Murphy: Raw 18 (1987) No-holds-barred stand-up. 4.25 Barefoot in the Park PG (1967)

**Sky Movies Action/Thriller**  
6.30 Mr Nice Guy 15 (1997) 8.15 Walker, Texas Ranger: Trial by Fire 12 (2005) 9.55 Night of Terror 18 (2006) 11.35 The House Next Door 12 (2006) With Lara Flynn Boyle. 1.15 Flags of Our Fathers 15 (2006) With Ryan Phillippe. 3.30 The Postman 15 (1997) With Kevin Costner. 6.40 Sphere 12 (1998) With Dustin Hoffman. 9.00 Mr Nice Guy 15 (1997) With Jackie Chan. 10.35 Platoon 15 (1986) With Charlie Sheen. 12.40 Ong-Bak 18 (2005) With Tony Jaa. 2.35 Uncommon Valor 15 (1983) With Gene Hackman. 4.35 Enemy Within PG (2007)



SPORT

**Sky Sports 1**  
6.00 Good Morning Sports Fans 9.00 Football Special 10.30 Super Sunday: The Last Word 11.00 Spanish Football 1.00 Football Special 2.30 Super Sunday: The Last Word 3.00 Spanish Football 5.00 Soccer AM: The Best Bits 6.00 Big League Weekend 2.7.30 Live Football League. Birmingham City v Coventry City (Kick-off 7.45pm). 10.00 You're on Sky Sports! 11.00 Big League Weekend 2.12.30 Soccer AM: The Best Bits 1.30 Live NFL. Washington Redskins v Pittsburgh Steelers (Kick-off 1.30am). 5.00 Wild Spirits 5.30 Athletics

**Sky Sports 2**  
6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE: Bottom Line. 8.00 Golf Night 10.00 Masters Tennis 12.30 NFL Game Day 1.30 NFL: Top 10.2.30 Sailing 3.30 Golf Night 5.30 Athletics 6.00 X-Adventures 6.30 Wild Spirits 7.00 NFL Game Day 8.30 NFL: Top 10.9.30 Athletics 10.00 Show Jumping 11.00 NFL Game Day 12.30 Athletics 1.00 World Motor Sport 3.30 Big League Weekend 2.5.00 Soccer AM: The Best Bits

**Sky Sports 3**  
6.00 Sailing 7.00 Surfing 7.30 Rugby League World Cup 8.30 NASCAR 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Golf Night 2.00 X-Adventures 2.30 NASCAR 5.00 WWE: Raw 7.00 Athletics 7.30 World Motor Sport 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE Vintage Collection 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 5.00 Close

**British Eurosport**  
7.30 Motorsports Weekend 7.45 World Rally Championship 8.15 New York Marathon 9.15 CAF Champions League 11.00 Women's International Football 11.30 Women's International Football 1.30 Figure Skating 3.15 WTA Tennis 5.00 Eurogals 5.45 WATTS 6.00 Strongest Man 7.00 World Rally Championship 7.30 F1: The Factory 8.00 World Superbikes 10.00 Eurogals 10.45 Figure Skating 12.30 Close

**Sky Sports Xtra**  
12.30 Sailing 1.30 Surfing 2.00 Tennis 4.00 X-Adventures 4.30 Aerobics Oz Style 5.00 Show Jumping 6.00 Aerobics Oz Style 6.30 Kiteboarding 7.00 Golf 8.00 Golf 9.00 Kiteboarding 9.30 Wild Spirits 10.00 Golf 11.00 Golf 12.00 MaxPower 1.00 X-Adventures 1.30 Wild Spirits 2.00 Golf 3.00 Golf 4.00 Close

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

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TUE

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4 NOV

BBC1

6.00 Breakfast. (T) 9.15 Animal 24/7. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News: Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News: Weather; Regional News. (T) 3.05 CBeebies: 3.05 Jakers! (R) (T) The Owl. (R) (T) 3.30 CBBC: Dennis the Menace. (R) (T) 3.50 The Secret Show. (R) (T) The Owl. (R) (T) 4.05 Raven. (T) 4.35 Blue Peter. (T) 5.00 Newsround. (T)

5.15 Weakest Link. Anne Robinson oversees the back-stabbing general knowledge quiz. (T) BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T) 7.30 EastEnders. The police talk to Abi about what she saw on the night her dad was run over and Dot worries about how Bradley will deal with their questions. Jack assures Tanya that he was forced to involve Ronnie in his alibi. Jane prepares for the stand-up show, but Zainab is disappointed that Tanwar will be joining her. Sean is frustrated by Archie interfering in his relationship with Roxy. (T) BBC News; Regional News. (T)

8.00 Holby City. Jac helps Michael steal one of Elliot's patients so they can perform a dangerous procedure for a research paper. Joseph is uncomfortable spending time with Faye's son and makes his excuses to leave. However, once at work he finds himself trapped in a lift with Daisha, just as her waters break. Meanwhile, Donna is jealous of Maria's relationship and sets out to bag herself a consultant, and the identity of the new anaesthetist surprises one member of the hospital staff. (T)

9.00 New Tricks. The team reopens the 10-year-old murder of a librarian who also belonged to a witches' coven, and tries to track down the other members of the group. Halford has visions of his dead wife, and becomes convinced he has been cursed, while Lane starts to suspect the killing may have been part of a human sacrifice. With guest star Stephanie Beacham. (R) (T) BBC News. (T)

10.25 Regional News; Weather. (T)

10.35 My Family at War. Matthew Kelly retraces the footsteps of his serviceman uncle hoping to solve a family mystery, and cricketer Phil Tufnell explores the life of his army mechanic grandfather. Part of the 1918-2008: Ninety Years of Remembrance season. (T)

11.15 US Election Night 2008. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) (S) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround. (T) Bernard. (R) (T) 7.30 50/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (T) 9.25 Charlie and Lola. (R) (T) 9.35 Finley the Fire Engine. (R) (T) 9.50 The Koala Brothers. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 in the Night Garden. (R) (T) 11.00 Schools: KS1 Science Clips. (T) 11.10 KS1 Science Clips. (T) 11.20 Black History. (T) 11.30 Hands Up! (T) 11.45 Watch. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder. She Wrote. (R) (T) 3.45 Flog It! (R) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Delia. Ready-made cookery. (R) (T) 7.30 All Over the Shop. Helping retailers in Somerset. (T) 8.00 Autumnwatch 2008. The Farns Island grey seal pups face harsh weather. (T) 9.00 British Style Genius. The multi-faceted, clique-based world of "street" fashion. Last in the series. (T) 10.00 Later Live - with Jools Holland. With the Killers, Fleet Foxes, Al Green and Pendulum. An extended edition can be seen on Friday. (T) 10.30 Newsnight. (T) Weather. (T) 11.20 The Unseen Alistair Cooke. (T) 12.20 Russia: A Journey with Jonathan Dimbleby. (R) (T) 1.20 Sign Zone: Britain in the Fed - Your Questions Answered. (R) (T) 2.20 Sign Zone: The Dark Side of Fame with Piers Morgan. (R) (T) 3.05 Sign Zone: Recipe for Success. (R) (T) 3.50 Close. 4.00 BBC Learning Zone. (T)

British Style Genius, BBC2, 9pm

The news may have been a bit gloomy of late, but this programme reminds us that when it comes to style at least, Britain rules the world. However, this edition, the last in the series, might be less cheering for designers as it suggests that one reason why UK fashion is so unique is because we don't always pay attention to what we're told to wear, and instead adopt a loud and proud look that starts on the streets. The programme pays tribute to some of the youth cults that have inspired their own distinctive style, beginning with the Teds and the Mods, before moving on to the casuals. Rolling Stone Charlie Watts is among the contributors.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

C4

6.00 Cubeez. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 Planet Cook. (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show. (R) (T) 3 Minute Wonder. (R) (T) 10.05 Coming Out to Class. (R) (T) 3 Minute Wonder. (R) (T) 11.00 Parents & Teens: Welcome to My World. (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Wife Swap USA. (R) (T) 1.30 A Brief History of Fun. (R) (T) 1.45 FILM: The Vicious Circle (1957). Thriller, starring John Mills. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: The Unquiet American. Republican women challenge each other's political views. (T) 8.00 Miss Naked Beauty. The finalists learn the consequences of cosmetic use. (T) 9.00 Prince Charles' Other Mistress. The life of Australian heiress Dale "Kanga" Tryon. (T) 10.00 Neil Morrissey's Risky Business. With the council looking set to deny them planning permission, and their first pint failing to impress, the future looks grim for aspiring publicans Neil Morrissey and Richard Fox. (T) 11.10 The Family. (R) (T) 12.10 Freeports on 4 Freeze. (R) (T) 1.15 Poker Nations Cup. 2.15 KOTV Classics. (T) 3.10 Ocean Race. 4.00 Channel 4 Education. (T)

FIVE

6.00 Milkshake!: Angels of Jarm. (R) (T) 6.10 Chiro. (T) 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (T) 6.45 Play! (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowerbuds. (R) (T) 8.10 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.30 Rupert Bear. (R) (T) 8.40 Pocoyo. (R) (T) 8.50 Mio Mao. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Bloodsuckers. (R) (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.05 FILM: Lucy (2003). Drama, starring Rachel York. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Wild Animal ER. (R) (T) 7.00 Five News at 7. (T) 7.30 Highland Emergency. The Royal Navy search team rescues a seriously injured climber. (T) 7.30 Five News Update. (T) 8.00 Nature Shock. How intensive hunting has weakened the Tasmanian devil's immune system. (T) 8.00 Five News at 9. 9.00 CSI: Miami. A bride is shot dead during her elaborate wedding ceremony. (T) 10.00 CSI: NY. Mac and the team believe they have finally caught up with the Taxicab Killer. However, when they arrive to apprehend the suspect, they discover he too is dead. (R) (T) Five News Update. (T) 11.00 Law & Order: Special Victims Unit. (R) (T) 12.00 FBI Files. (R) (T) 1.00 Live NBA Basketball. Boston Celtics v Houston Rockets (Tip-off 1.30am). 3.40 US PGA Golf. 4.20 NASCAR. 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1421 Amor e Intrigas 1513 Portugal no Coração 1805 O Preço Certo 1900 News 1945 Football Champions League: Sporting vs Shakhtar Donetsk 2130 30 Minutos 2215 Jogo Duplo 2315 Football Reviews 0100 Special News Edition: USA Elections 0605 N6s

**RTP2**  
0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Shape of Life 1700 Zig Zag 1830 A Fé dos Homens 1900 2010 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Who's Aping Who? 2200 News 2240 Grey's Anatomy, series 2230 A Vida Normalmente 0000 Gente da Cidade 2008 0030 Notícias da Dois 0115 Universidades 0145 Yes, Dear, series 0215 Câmara Clara 0325 2010 0400 Sociedade Civil 0530 Euronews 0545 Indisciplinas 0615 A Fé dos Homens

**SIC**  
0600 Sic Notícias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1500 Beleza Pura 1545 Contacto 1800 Rebelde Via 1900 Roda da Sorte 2000 News 2130 Momento da Verdade 2230 Podia acabar o Mundo 2330 A Favorita 0030 CSI New York, series 0130 CSI Las Vegas, series 0230 Todos em Linha 0430 Ciranda de Pedra

**TVI**  
0700 Diário Da Manhã 1015 Você na TV! 1300 News 1400 As Tardes da Júlia 1700 Quem quer Ganhar 1815 Morangos com Açúcar 2000 News 2045 Cartas da Mesa 2115 Felício de Amor 2215 O Último dos Olhos 2345 A Outra 0030 Fight Club, film 0315 Sempre a Somar 0445 Até que a Morte nos Separe 0515 TVI Negócios 0530 Telesales

Best of the Rest

**BBC3**  
7.00 The Most Annoying Pop Songs We Hate to Love 8.00 Celebrity Scissorhands 9.00 Last Man Standing 10.00 EastEnders 10.30 Coming of Age 11.00 Family Guy 11.25 Family Guy 11.45 Celebrity Scissorhands 12.45 Last Man Standing 1.45 Coming of Age 2.15 The Most Annoying Pop Songs We Hate to Love 3.10 Celebrity Scissorhands Uncut 5.10 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 My Family at War 8.10 1914-1918: The Great War 9.00 That Mitchell and Webb Look 9.30 Flight of the Conchords 10.00 The Book Quiz 10.30 Consuming Passions: 100 Years of Mills & Boon 11.55 Storyville: Operation Film-maker 1.25 Railway Walks 1.55 Consuming Passions: 100 Years of Mills & Boon 3.20 Only Connect 3.50 Flight of the Conchords 4.20 Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy 7.30 Smallville 8.00 New Homes from Hell 2008 9.00 Film: Along Came Polly 12 (2004) 10.15 School for Seduction 12 (2004) 1.00 Entourage 1.35 Teleshopping 4.35 ITV2 Nightscreen

**Sky1**  
1.00 Project Runway 2.00 Bones 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Stargate Atlantis 9.00 UK Border Force

10.00 Prison Break 11.00 Drugs Wars: DEA 12.00 Road Wars 1.00 Road Wars 1.50 Stargate SG-1 2.40 Stargate SG-1 3.30 Miami Uncovered 4.20 Scare Tactics 4.45 America's Dumbest Criminals 5.10 Guilty!

**G.O.L.D**  
1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 The Thin Blue Line 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 The Green Green Grass 10.20 Only Fools and Horses 11.00 A Boy of Fry and Laurie 11.40 The Green Green Grass 12.20 Only Fools and Horses 1.00 A Boy of Fry and Laurie 1.40 My Hero 2.15 The Dick Emery Show 2.30 The Two Ronnies 3.00 Close

**TCM**  
1.00 The Private Lives of Elizabeth and Essex U (1939) 3.00 Green Mansions U (1959) 4.50 Joe: The Busby Body PG (1972) 6.20 The Comedians PG (1967) 9.00 North by Northwest PG (1959) 11.30 Diner 1.5 (1982) 1.25 Freaks 1.5 (1932) 2.40 Ziegfeld Girl U (1941) 5.00 Never Say Goodbye PG (1946)

**The Disney Channel**  
Kids' programmes from 7am, except:

MOVIES

**Sky Movies Drama**  
6.30 Deep Family Secrets PG (1997) 8.15 Eddie Macon's Run 1.5 (1983) 10.00 Quantum of Solace Special 10.30 Twilight 1.5 (1998) 12.15 Columbo Goes to the Guillotine PG (1989) With Peter Falk. 2.00 A Thousand Acres 15 (1997) With Michelle Pfeiffer. 4.00 London Film Festival 2008 Special 4.30 The Mermaid Chair 12 (2006) With Kim Basinger. 6.15 The Nativity Story PG (2006) With Keisha Castle-Hughes. 8.00 Dreamgirls 12 (2006) With Jamie Foxx. 10.15 Summer of Sam 1.5 (1999) With Mira Sorvino. 12.45 The Hurricane 1.5 (1999) With Denzel Washington. 3.15 Last Seduction II 18 (1997) 5.00 The Simple Life of Noah Dearborn PG (1999)

**Sky Movies Comedy**  
6.15 The Most Fertile Man in Ireland 1.5 (1999) 7.55 Swing 1.5 (1999) 9.35 Fast Times at Ridgemont High 18 (1982) 11.10 Just My Luck PG (2006) With Lindsay Lohan. 12.55 Working Girl 1.5 (1988) With Melanie Griffith. 2.50 Rush Hour 3 12 (2007) With Jackie Chan. 4.25 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995) With Patrick Swayze. 6.15 Just My

**Sky Movies Action/Thriller**  
Luck PG (2006) With Lindsay Lohan. 8.00 Working Girl 15 (1988) With Melanie Griffith. 10.00 Rush Hour 3 12 (2007) With Jackie Chan. 11.35 Beerfest 18 (2006) With Erik Stolhanske. 1.35 Fast Times at Ridgemont High 18 (1982) With Sean Penn. 3.10 How To Be a Player 18 (1997) 4.55 To Wong Foo, Thanks for Everything! Julie Newmar PG (1995)

6.20 Cries in the Dark 12 (2006) 8.05 Gorky Park 15 (1983) 10.25 Red Sonja 1.5 (1985) 12.10 Snakes on a Plane 15 (2006) With Samuel L. Jackson. 2.10 Cries in the Dark 12 (2006) With Eva LaRue Callahan. 4.00 The Librarian: Return to King Solomon's Mines PG (2006) With Noah Wyle. 5.40 Gorky Park 15 (1983) With William Hurt. 8.00 Snakes on a Plane 15 (2006) With Samuel L. Jackson. 10.00 Desperado 18 (1995) With Antonio Banderas. 11.50 Red Sonja 1.5 (1985) With Brigitte Nielsen. 1.25 Resurrection Man 18 (1997) With Stuart Townsend. 3.10 Soldier Blue 18 (1970) 5.10 The Librarian: Return to King Solomon's Mines PG (2006)

SPORT

**Sky Sports 1**  
6.00 Good Morning Sports Fans 9.00 Big League Weekend 2.10 Soccer AM: The Best Bits 11.30 Big League Weekend 2.10 Soccer AM: The Best Bits 2.00 UEFA Champions League 2.30 UEFA Champions League 3.00 UEFA Champions League 3.30 UEFA Champions League 4.00 UEFA Champions League 4.30 UEFA Champions League 5.00 UEFA Champions League 5.30 UEFA Champions League 6.00 Football Asia 6.30 Revista De La Liga 7.30 Soccer Special 10.00 Revista De La Liga 11.00 A-League 11.30 Football Asia 12.00 Rally Fever 1.00 A-League 1.30 Football Asia 2.00 Revista De La Liga 3.00 World Motor Sport 5.30 Football Asia

**Sky Sports 2**  
6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 WWE: Afterburn 8.00 Show Jumping 9.00 X-Adventures 9.30 World Motor Sport 12.00 Kiteboarding 12.30 Spirit of Yachting 1.00 World Motor Sport 3.30 Big League Weekend 2.50 Pool 6.00 NFL: Total Access 7.00 Live UEFA Champions League. Barcelona v FC Basel (Kick-off 7.45pm). 10.30 Poker Million 12.30 NFL: Total Access 1.30 Pool 2.30 Close

**Sky Sports 3**  
7.30 Golf 8.30 Golf 9.30 Wild Spirits 10.00 Athletics 10.30 Spirit of Yachting 11.00 Racing

News 11.30 Aerobics Oz Style 12.00 Show Jumping 1.00 NFL: Total Access 2.00 X-Adventures 2.30 Athletics 3.00 Golf 4.00 X-Adventures 4.30 Aerobics Oz Style 5.00 WWE: Smackdown 7.00 NFL 9.00 Rally Fever 10.00 Sports Unlimited 11.00 Pool 12.00 Spirit of Yachting 12.30 Sports Unlimited 1.30 Athletics 2.00 Close

**British Eurosport**  
7.30 Eurogoals 8.15 Women's International Football 9.15 Women's International Football 10.30 UEFA Champions League 11.30 WATTS 11.45 UEFA Champions League 12.45 WTA Tennis 1.30 Live WTA Tennis. The WTA Tour Championships. 7.45 Eurogoals 8.00 Boxing 10.00 F1: The Factory 10.30 World Rally Championship 11.30 Powerboating 12.00 WATTS 12.30 Close

**Sky Sports Xtra**  
2.00 Golf 3.00 NFL 5.00 Athletics 5.30 Motor Racing 6.00 Spirit of Yachting 6.30 Ocean Race 7.30 Live UEFA Champions League. Anorthosis Famagusta v Inter Milan (Kick-off 7.45pm). 10.00 Spirit of Yachting 10.30 Ocean Race 11.30 Motor Racing 12.00 Show Jumping 1.00 X-Adventures 1.30 Motor Racing 2.00 Ocean Race 3.00 Close





10.00 Ocean Race 11.00 PGA  
EuroPro Tour Golf 1.00 Rally Fever  
2.00 Poker Million 4.00 WWE: Bottom  
Line 5.00 WWE: Afterburn 6.00  
Motor Racing 7.00 Futbol Mundial  
7.30 Live UEFA Champions League  
Arsenal v Fenerbahce (Kick-off  
7.45pm). 10.00 Transworld Sports  
11.00 X-Adventures 11.30 Motor  
Racing 12.00 Max Power 1.00 X-  
Adventures 1.30 Futbol Mundial 2.00  
Motor Racing 3.00 Close

6.00 Milkshake! Angels of Jarni (R) (T)  
6.10 Chiro. (T) 6.15 The Funky Valley  
Show. (R) (T) 6.25 Fireman Sam. (R) (T)  
6.35 Hana's Helpline. (T) 6.45 Play! and  
6.55 The Adventures of Bottle Top Bill and  
His Best Friend Corky. (R) (T) 7.10 Roary  
the Racing Car. (R) (T) 7.25 The Mr Men  
Show. (R) (T) 7.40 Make Way for Noddy.  
(R) (T) 7.55 FiFi and the Flowerlots. (R) (T)  
8.10 Peppa Pig. (R) (T) 8.20 Thomas &  
Friends. (R) (T) 8.30 Rupert Bear. (R) (T)  
8.40 Pocoyo. (R) (T) 8.50 Mico Mao. (R) (T)  
9.00 The Wright Stuff. (T) 10.30 Trisha  
Goddard. (R) (T) 11.30 Nigel Marven's Creepy  
Crawlies. (R) (T) 12.30 Five News. (T)  
12.45 Going for Gold. (T) 1.45 Neighbours.  
(T) 2.15 Home and Away. (T) 2.50 Going  
for Gold Extra. (T) 3.05 FILM: Jake Lassiter.  
Justice on the Bayou (1995). Drama, with  
Garold McRaney. (T) 5.00 Five News with  
Matt Barber; Weather. (T) 5.30 Neighbours.  
(R) (T) 6.00 Home and Away. (R) (T) 6.30  
Wild Animal Er. (R) (T) 7.00 Five News at  
7. (T) 7.30 It's Pay to Watch. How to beat the  
credit crunch over Christmas. Last in the  
series; (T) 7.30 Five News Update. (R)  
8.00 Axe Men. Oregon's worst storm in 25  
years threatens the teams' progress; (T)  
8.00 Five News at 9. 9.00 Paul Merton in  
India. The children who live in Mumbai's  
central station. Last in the series. (T) 10.00  
Banged Up Abroad. A couple taken hos-  
tage by Islamic extremists. Last in the  
series. (T) 11.05 Police Interceptors. (R)  
(T) 12.05 Poker. 1.35 NHL. 4.15 NHRA  
Drag Racing. 5.10 Neighbours. (R) (T)  
5.35 Home and Away. (R) (T)

12.20 Bingo Night Live. 1.25 Raines; (R) (T) ITV News  
Headlines. 2.15 Loose Women. (R) 3.05 The Jeremy  
Kyle Show. (R) (T) 3.55 ITV Nightscreen.

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# THU

## BBC1

6.00 Breakfast. (T) 9.15 Animal 24/7. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: 3.05 Jakers! (T) The Owl. (R) (T) 3.30 CBBC: Dennis the Menace. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 Raven. (T) 4.35 Election. (T) 5.00 Newsround. (T)

5.15 Weakest Link. Members of the public answer general knowledge questions against the clock, hoping to build a stack of cash and avoid being voted off. Anne Robinson presents. (T) BBC News; Weather. (T)

6.00 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 EastEnders. Whitney is upset by the thought that Tony is spending his birthday with Bianca. Bradley considers leaving the Square, but he finally visits his dad in hospital. Stacey and Callum call a truce after a short-lived dinner date and Sean rejects Archie's help while flat-hunting with Roxy. Ian confronts Jane, upset that she is using him in her comedy act, but a talent scout has good news for her career. (T) BBC News; Regional News. (T)

8.00 Little Dorrit. Amy turns down John Chivery's proposal of marriage, knowing she could never feel for him what she does for Arthur. Rigaud arrives in England and immediately senses an opportunity when he meets up with Ephraim and sees the book containing the Clennam family papers. Claire Foy and Russell Tovey star. (T) The People's Hospital. Following a ward sister and some of her student nurses at Whips Cross Hospital in the East End of London. The staff here face intense pressure to meet the Government's NHS targets, at the same time as having a constant battle to prioritise patient care. Narrated by Martin Kemp. (T)

9.00 Silent Witness. Conclusion. The bones originally thought to be Rachel's are identified and the search for the doctor's body begins. Bethany is found dead at the Polo Club and Nikki is arrested for trying to carry out a post-mortem on the girl against her mother's wishes. Harry learns foul play was involved in Emil's death and Leo has the local water samples tested again with surprising results. Last in the series. (T) BBC News. (T)

10.00 Regional News; Weather. (T) 10.25 BBC News; Weather. (T)

10.35 Question Time. (T) 11.35 This Week; (T) Holiday Weather. (T) 12.25 Sign Zone: Panorama. (R) (T) 12.55 Celebrity Scissorhands. (T) 1.55 Sign Zone: Beautiful People. (R) (T) 2.25 Sign Zone: Watchdog. (R) (T) 2.55 Sign Zone: What to Eat Now. (R) (T) 3.25 Sign Zone: Recipe for Success. (R) (T) 4.10 Sign Zone: Recipe for Success. (R) (T) 4.55 BBC News. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround; (T) Bernard. (R) (T) 7.30 50/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.25 Charlie and Lola. (R) (T) 9.35 Finley the Fire Engine. (R) (T) 9.50 The Koala Brothers. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Maths Channel. (T) 11.10 BBC Primary History. (T) 11.30 Something Special. (T) 11.45 What? Where? When? Why? (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flot It (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 James May's 20th Century. The legacy of the space race. (R) (T) 7.30 Credit Crash Britain - Money for Nothing. The end of easily available credit. (T) 8.00 Autumnwatch 2008. Bill Oddie and Kate Humble examine wildlife on Brownsea Island. Last in the series. (T) 9.00 Never Mind the Buzzcocks. With Gabriella Cilmi and James Allan. (T) 9.30 Beautiful People. Guest starring Frances Barber. Last in the series. (T) 10.00 The Graham Norton Show. With Ozzy and Sharon Osbourne. (T) 10.30 Newsnight; Weather. (T) 11.20 India with Sanjeev Bhaskar. (R) (T) 12.20 Kath & Kim. (R) (T) 12.45 Kath & Kim. (R) (T) 1.15 BBC News. (T) 4.00 BBC Learning Zone. (T)

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# 6 NOV

## Pick of the Day

### Silent Witness, BBC1, 9pm

In the concluding episode of the 12th series, the bones originally thought to be Rachel's turn out to be another woman's, and the search for the missing doctor continues. Nikki is arrested when she goes against a mother's wishes and carries out an autopsy on her dead daughter. Meanwhile, Harry's suspicions over Emil's death are confirmed when the pathologist reveals that he was injected with a lethal amount of diamorphine hours after Harry performed surgery on him. Elsewhere, Leo persuades a technician to test the local water samples again and is surprised by the results. William Gaminara, Tom Ward, Patrick Baladi and Robert Pugh also star.

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## C4

6.10 The Hoobs. (R) (T) 6.40 Planet Cook. (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show; (R) (T) 3 Minute Wonder. (R) (T) 10.05 Fame Asylum; (R) (T) 3 Minute Wonder. (R) (T) 11.00 Parents & Teens: Welcome to My World; (R) (T) 3 Minute Wonder. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 Rescue Remedies. (R) (T) 12.40 Will & Grace. (R) (T) 1.10 FILM: The Sea Chase (1955). World War Two adventure, starring John Wayne. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollywoods. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: The Unquiet American. An Iraqi-American talks about the contradictions of his identity. Last in the series. (T) 8.00 River Cottage Autumn. Hugh Fearnley-Whittingstall hosts a Bonfire Night party. Last in the series. (T) 9.00 The Prince Charles Generation. Charting the lives of eight men as they reach their 60th birthday. (T) 10.00 8 Out of 10 Cats. With Michael McIntyre and Russell Howard. (T) 10.35 Russell Brand's Ponderland. (T) 11.10 Fonejacker. (T) 11.40 The Law of the Playground. (R) (T) 12.15 4Music: JD Set Birthday 2008. (T) 12.50 4Music: Snowboarding Rocked. (R) (T) 1.20 4Music: Rockfeedback. 1.50 Kids, Knives and Broken Lives. (R) (T) 2.40 FILM: Never Die Alone (2004). Premiere. Crime thriller, starring DMX. (T) 4.05 The Price of Property. (R) (T) 5.05 Countdown. (R) (T) 5.50 The Hoobs. (R) (T)

## FIVE

6.00 Milkshake!: Angels of Jarm. (R) (T) 6.10 Chiro. (T) 6.15 The Funky Valley Show. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (T) 6.45 Play! (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the Flowertots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Rhino Adventure. (R) (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.05 FILM: Still Crazy Like a Fox (1987). Crime comedy, starring Jack Warden. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Wild Animal ER. (R) (T) 7.00 Five News at 7. (T) 7.30 Live UEFA Cup Football. Slavia Prague v Aston Villa (Kick-off 7.45pm). Colin Murray introduces coverage of this evening's Group F encounter at the Stadion Eden. (T) 10.00 FILM: Navy Seals (1990). The US Navy's elite commando force go on a covert mission to recover stolen missiles from Beirut. Action adventure, with Charlie Sheen, Michael Biehn and Bill Paxton. (T) 12.15 Quiz Call. 4.00 Major League Soccer. 4.45 Nick's Quest. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Anna and Matthew return from their trip and Donald is keen to get his hands on new information about the Kings' dealings, but fails to reckon on the pair having fallen for one another. Lily's health concerns prompt a worried Rodney to take her to hospital as a precaution, while Jo faces up to her fears and joins Lee at the Woolpack. (T)

8.00 The Bill. Elize Du Toit guest stars as a barrister's daughter with a cocaine habit, who is beaten up and pushed out of a car by her supplier when she fails to settle her debts. Terry goes undercover as a cab driver for the company run by the suspected dealer and his first drop turns out to be more hazardous than anticipated. (T)

9.00 Tonight: Undercover Special. Another in-depth investigation into a topical news piece, hearing from those central to the story. (T)

10.00 News at Ten and Weather. (T)

10.30 London News and Weather. (T)

10.40 Natural Born Sellers. The three finalists are challenged to sell shares in a racehorse on behalf of a charity, with the one who raises the most winning all the cash in the prize fund. The three are kept separate during the task, so each must work as hard as possible to cajole, beg and charm the highest bids possible. Narrated by Peter Egan. Last in the series. (T)

11.40 /London. Tamzin Sylvester looks at the stories behind the headlines and the issues that matter to the capital's residents.

12.10 Bingo Night Live. 1.10 Motorsport UK. (T) 1.40 Nightwatch with Steve Scott. Mystery; (R) (T) ITV News Headlines. 2.35 Loose Women. (R) 3.25 The Jeremy Kyle Show. (R) (T) 4.15 ITV Nightscreen.

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## LOCAL

### RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Intrigas 1515 Portugal no Coração 1800 Portugal em Directo 1900 O Preço Certo 2000 News 2100 Grande Entrevista 2135 Jogo Duplo 2235 Os Contemporâneos 2320 Corredor do Poder 0030 The Fugitive, film 0230 Radio, film 0415 Portugal no Coração 0605 Nós

### RTP2

0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Tribal Odyssey: Pigs, planes and the price of brides 1700 Zig Zag 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Bear Man 2200 News 2240 Sobrenatural, series 2330 Balanço & Contas 0030 Noites da Dois 0115 Universidades 0145 Yes, Dear, series 0215 Gente da Cidade 0245 Iniciativa 0330 Euronews 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens

### SIC

0600 Sic Notícias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1500 Beleza Para 1545 Contacto 1800 Rebelde Way 1900 Roda da Sorte 2000 News 2130 Camilo em Sarilhos 2215 Podia Acabar o Mundo 2315 A Favorita 0015 CSI New York, series 0115 CSI Las Vegas, series 0200 Cartaz Cultural 0230 Todos em Linha 0430 Ciranda de Pedra TVI 0700 Diário Da Manhã 1015 Vozé na TV 1300 News 1400 As Tarde de Julho 1700 Quem Quer Ganhar 1815 Morangos com Açúcar 2000 News 2130 Peliculações Amor 2230 Olhos nos Olhos 2345 A Outra 0030 NCIS, Series 0145 Cartaz das Artes 0215 Sempre a Somar 0345 Até que a Morte nos Separe

### BBC3

7.00 Top Gear 8.00 Last Man Standing 9.00 Celebrity Scissorhands 10.00 EastEnders 10.40 The Real Hustle 11.00 Family Guy 11.25 Family Guy 11.45 Celebrity Scissorhands 12.45 Last Man Standing 1.40 The Real Hustle 2.10 Coming of Age 2.40 Celebrity Scissorhands Uncut 4.40 Close

### BBC4

7.00 World News Today 7.00 Weather 7.40 1914-1918: The Great War 8.30 Railway Walks 9.00 Consuming Passions: 100 Years of Mills & Boon 10.25 Timeshift: How to Write a Mills & Boon 11.25 Railway Walks 11.55 BBC Four Sessions 12.55 Timeshift: How to Write a Mills & Boon 1.55 Consuming Passions: 100 Years of Mills & Boon 3.20 Timeshift: How to Write a Mills & Boon 4.20 Close

### ITV2

1.00 Airline USA 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Ricki Lake 4.30 Sally Jessy Raphael 5.15 The Mental Williams Show 6.00 Judge Judy 7.00 Smallville 8.00 The Fashion Show 9.00 Katie & Peter: The Next Chapter 10.00 Film: Scary Movie 18 (2000) 11.45 Entourage 12.20 Film: Dead Calm 15 (1988) 2.10 Katie & Peter: The Next Chapter 3.00 Teleshopping Sky1 1.00 Project Runway 2.00 Bones 3.00 Cold Case 4.00 Stargate

### Atlantis 5.00 Lion Man 5.30 Lion Man 6.00 Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Noel's Are You Smarter Than a 10 Year Old? 9.00 Bones 10.00 Cold Case 11.00 Fringe 12.10 Road Wars 1.10 Road Wars 2.00 Stargate SG-1 2.55 Stargate SG-1 3.50 Greece Uncovered 4.45 Scare Tactics 5.10 Guilty! G.O.L.D 1.40 Only Fools and Horses 2.25 The Good Life 2.55 My Family 3.30 The Tender Tor PG (1953) 4.55 The Tender Tor PG (1953) 7.00 Gigi PG (1958) 9.00 That'll Be the Day 15 (1973) 10.50 A Kiss Before Dying PG (1956) 12.35 Whose Life Is It Anyway? 15 (1981) 2.10 The Unsinkable Molly Brown U (1964) 5.00 The Unsuspected PG (1947) The Disney Channel Kids' programmes from 7am, except:

6.00 Miracle in the Woods PG (1997) 7.45 35MM 8.15 Cleopatra 10.00 Daydream Believers: The Monkees Story 15 (2000) 11.45 Columbo: Sex and the Married Detective 15 (1989) With Peter Falk. 1.30 Carolina PG (2003) With Julia Stiles. 3.30 The Skulls 15 (2000) With Joshua Jackson. 5.30 Quantum of Solace Special 6.00 Holy Man PG (1998) With Eddie Murphy. 8.00 Georgia Rule 15 (2007) With Jane Fonda. 10.00 Cocktail 15 (1988) With Tom Cruise. 12.00 Going All the Way 15 (1997) With Jeremy Davis. 2.00 This Is My Father 15 (1998) With James Caan. 4.15 Yesterday's Children 12 (2000)

7.00 Milk 15 (1998) 8.45 Forces of Nature 12 (1999) 10.40 I'm Gonna Git You Sucka 15 (1988) 12.15 Flushed Away U (2006) With Hugh Jackman. 1.45 Knocked Up 15 (2007) With Seth Rogen. 4.00 35MM 4.30 Stranger than Fiction 12 (2006) With Will Ferrell. 6.30 Flushed Away U (2006) With Hugh Jackman. 8.00 Knocked Up 15 (2007) With Seth

### Sky Movies Drama

6.00 Miracle in the Woods PG (1997) 7.45 35MM 8.15 Cleopatra 10.00 Daydream Believers: The Monkees Story 15 (2000) 11.45 Columbo: Sex and the Married Detective 15 (1989) With Peter Falk. 1.30 Carolina PG (2003) With Julia Stiles. 3.30 The Skulls 15 (2000) With Joshua Jackson. 5.30 Quantum of Solace Special 6.00 Holy Man PG (1998) With Eddie Murphy. 8.00 Georgia Rule 15 (2007) With Jane Fonda. 10.00 Cocktail 15 (1988) With Tom Cruise. 12.00 Going All the Way 15 (1997) With Jeremy Davis. 2.00 This Is My Father 15 (1998) With James Caan. 4.15 Yesterday's Children 12 (2000)

### Sky Movies Comedy

7.00 Milk 15 (1998) 8.45 Forces of Nature 12 (1999) 10.40 I'm Gonna Git You Sucka 15 (1988) 12.15 Flushed Away U (2006) With Hugh Jackman. 1.45 Knocked Up 15 (2007) With Seth Rogen. 4.00 35MM 4.30 Stranger than Fiction 12 (2006) With Will Ferrell. 6.30 Flushed Away U (2006) With Hugh Jackman. 8.00 Knocked Up 15 (2007) With Seth

Rogen. 10.15 Jackass Number Two 18 (2006) With Johnny Knoxville. 11.55 Stranger than Fiction 12 (2006) With Will Ferrell. 1.55 I'm Gonna Git You Sucka 15 (1988) With Keenen Ivory Wayans. 3.30 Jackass Number Two 18 (2006) 5.10 Project: ALF PG (1996)

### Sky Movies Action/Thriller

6.40 Rob Roy 15 (1995) 9.05 Flags of Our Fathers 15 (2006) 11.20 Waist Deep 15 (2006) With Tyrese Gibson. 1.05 The Grissom Gang 18 (1971) With Scott Wilson. 3.15 Rob Roy 15 (1995) With Liam Neeson. 5.45 Ocean's Thirteen PG (2007) With George Clooney. 8.00 300 15 (2006) With Gerard Butler. 10.00 Death Sentence 18 (2007) With Kevin Bacon. 12.00 Delta Force II: The Colombian Connection 18 (1990) With Chuck Norris. 2.05 Playing God 18 (1997) With David Duchovny. 3.55 Ocean's Thirteen PG (2007)



### Sky Sports 1

6.00 Live Test Cricket. India v Australia. 11.30 FIFA Futbol Mundial 12.00 Transworld Sport 1.00 European Tour Golf 5.00 Total Rugby 5.30 FIFA Futbol Mundial 6.00 The Rugby Club 7.00 Premier League World 7.30 Live Premier League Snooker. Round seven at the Newport Centre. 11.00 Premier League World 11.30 The Rugby Club 12.30 Airsports World 1.00 Premier League World 1.30 Golf Night 3.30 Premier League World 4.00 Live Test Cricket. India v Australia.

### Sky Sports 2

6.00 Live European Tour Golf. The HSBC Champions. 8.00 FIFA Futbol Mundial 8.30 Total Rugby 9.00 Poker Million 11.00 Total Rugby 11.30 Spirit of Yachting 12.00 Poker Million 2.00 Total Rugby 2.30 FIFA Futbol Mundial 3.00 Test Cricket 5.00 NFL: Total Access 6.00 X-Adventures 6.30 ATP Tennis 7.00 Airsports World 7.30 Live Horse Racing. The Forbury Open Open meeting from Great Leighs. 9.30 Premier League World 10.00 Live Poker. Coverage of the online Sky Poker Five-00 tournament. 12.00 NFL: Total Access 1.00 The Dogs 1.30 ATP Tennis 2.00 Poker 4.00 Live European Tour Golf. The HSBC Champions.

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### Sky Sports 3

6.00 Good Morning Sports Fans 9.00 WWE: Experience 10.00 Motor Racing 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Watersports World 1.00 NFL: Total Access 2.00 X-Adventures 2.30 Spirit of Yachting 3.00 Motor Racing 4.00 Transworld Sport 5.00 WWE Vintage Collection 6.00 Race World 7.00 Test Cricket 9.00 The Rugby Club 10.00 WWE: Late Night - Raw 1.00 Live NFL. Cleveland Browns v Denver Broncos (Kick-off 1.15am). 4.30 Airsports World 5.00 Close

### British Eurosport

7.30 Yoz Magazine 8.00 WTA Tennis 9.00 Live Figure Skating. The 2008 Cup of China. 10.00 Live Figure Skating. The 2008 Cup of China. 11.30 Live Figure Skating. The 2008 Cup of China. 1.00 WTA Tennis 1.30 Live WTA Tennis. The WTA Tour Championships. 7.30 Eurogoals 7.45 Figure Skating 8.45 Eurogoals 10.00 UEFA Cup Football 11.00 UEFA Champions League 12.45 Close

### Sky Sports Xtra

4.00 X-Adventures 4.30 Aerobics Oz Style 5.00 Kiteboarding 5.30 The Dogs 6.00 Netball 8.00 Golf Night 10.00 Netball 12.00 Race World 1.00 X-Adventures 1.30 Premier League Snooker 5.00 Close

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## FRI The Portugal News TV Guide • 1 Nov 2008 • 51

# 7 NOV

### BBC1



### Pick of the Day

#### A Place in the Sun: Home or Away, C4, 8pm

It turns out some people haven't made up their mind about whether to stick it out in Blighty, or set up home somewhere that at least offers fresh bread and the occasional ray of sunshine. And this is the show that helps them make up their mind. A British couple who started again in New Zealand are feeling a little homesick and looking for something closer to home. Jonnie Irwin and Jasmine Harman help the duo relocate back to Europe by showing them properties in Nottingham and Portugal. Will the British climate and customer services skills of this green and pleasant land persuade them to ignore the Algarve?

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

### BBC2

### C4

### FIVE

### ITV1

6.00 Breakfast. (T) 9.15 Animal 24/7. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Cash in the Attic. (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News. (T) 1.45 Doctors. (T) 2.15 Diagnosis Murder. (R) (T) 3.00 BBC News; Weather; Regional News. (T) 3.05 CBeebies: 3.05 Jakers! (R) (T) The Owl. (R) (T) 3.30 CBBC: Dennis the Menace. (R) (T) 3.50 The Secret Show. (R) (T) 4.05 The Revenge Files of Alistair Furry. (R) (T) 4.35 Dani's House. (T) 5.00 Newsround. (T) 5.15 Weakest Link. General knowledge quiz. (R) (T) 6.00 BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T) 7.30 A Question of Sport. With Olympic triple jump silver medalist Phillips Idowu, Welsh swimmer David Davies, 2008 Grand National-winning jockey Timmy Murphy and England rugby union international Nick Easter. (T) BBC News; Regional News. (T) 8.00 EastEnders. Lauren confesses she knows what happened to Max as the police find Jack's fingerprints on the steering wheel of the car that hit her dad. Archie gets Jean talking openly about Sean. (T) 8.30 After You've Gone. Jimmy's decision to take in an abandoned ping-pong table causes friction in the Venables household. Starring Nicholas Lyndhurst. (T) 9.00 Havel! Got News for You. Celebrity guests join in the fun on the satirical current affairs quiz, with regular team captains Ian Hislop and Paul Merton. (T) 9.30 Little Britain USA. Vicky Pollard is taken to hospital following a serious accident. Potty-mouthed Ellie-Grace is accompanied by her worried mother to her first sleepover, and gym buddies Mark and Tom continue to have fun in the locker room. Meanwhile, Bing Gordyn, the eighth man on the moon, meets an undergraduate student who doubts the authenticity of the moon landings. Last in the series. (T) 10.00 BBC News. (T) 10.25 Regional News; Weather. (T) 10.35 Friday Night with Jonathan Ross. Comedian Jimmy Carr and actor Paul Bettany are among the guests joining the host on his sofa for a chat. With music by Seventies soul group the Stylistics. (T) 11.35 The National Lottery EuroMillions Draw. Carole Machin presents the National Lottery EuroMillions weekly draw. (T) 11.40 Celebrity Scissorhands. The celebrities, including The Apprentice contestant Lucinda Ledgerwood and Eighties pop star Steedman Pearce, continue their training. They learn more from hairdresser Lee Stafford about cuts, colours and beauty treatments, under the watchful eye of assistant manager Steve Strange and beauty therapist Clair Bennett. (T) 12.40 FILM: The Legend (1993). Martial arts comedy, with Jet Li. (T) Weatherview. (T) 2.15 Sign Zone: Timewatch - The Last Day of World War One. (R) (T) 3.15 Sign Zone: Ex-Forces and Homeless. (R) (T) 3.55 Sign Zone: British Style Genius. (R) (T) 4.55 BBC News. (T)

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Twenties Songtime. (R) (T) 7.00 CBBC: Pitt & Kantrop. (R) (T) 7.25 Newsround. (R) (T) Bernard. (R) (T) 7.30 50/50. (R) (T) 8.00 Basil's Game Show. (R) (T) 8.30 CBeebies: Postman Pat: SDS. (T) 8.45 Chuggington. (T) 9.00 3rd & Bird. (R) (T) 9.10 Our Planet. (R) (T) 9.25 Charlie and Lola. (R) (T) 9.35 Finley the Fire Engine. (R) (T) 9.50 The Koala Brothers. (R) (T) 10.00 Big Barn Farm. (R) (T) 10.15 Get Squiggling. (R) (T) 10.30 In the Night Garden. (R) (T) 11.00 Schools: Words and Pictures. (T) 11.10 Focus. (T) 11.20 Let's Write Non-Fiction. (T) 11.40 The Romans. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Out of the Blue. (T) 1.25 Coast. (T) 1.30 Animal Park: Wild in Africa. (R) (T) 2.15 Market Kitchen. (T) 3.00 Murder, She Wrote. (R) (T) 3.45 Flog It! (T) 4.30 Are You an Egghead? (T) 5.15 Escape to the Country. (T) 6.00 Eggheads. (T) 6.30 Strictly Come Dancing - It Takes Two. (T) 7.00 Fossil Detectives. Evolutionary robotics in Wales. (T) 7.30 An Island Parish. Islanders receive news that the rowers have capsized in the Atlantic. (T) 8.00 Mastermind. Specialist subjects include the history of the Victoria Cross and Bobby Fischer. (T) 8.30 Gardeners' World. The team tackles a raft of seasonal jobs at Berryfields. Last in the series. (T) 9.00 Michael Portillo: Death of a School Friend. The former politician discusses a former classmate's suicide. (T) 10.00 Qi. With Dara O'Brian and Phil Jupitus. (R) (T) 10.30 Newsnight. (T) 11.00 Newsnight Review. (T) Weather. (T) 11.35 Later with Jools Holland. (T) 12.40 BBC Blast: The Director's Cut. (T) 12.45 Star Trek: The Next Generation. (R) (T) 1.30 Star Trek: The Next Generation. (R) (T) 2.15 FILM: Brute Force (1947). Prison drama, starring Burt Lancaster. (T) (bw) 3.50 Kath & Kim. (R) (T) 4.15 Kath & Kim. (R) (T) 4.40 Close.

6.15 The Hoobs. (R) (T) 6.40 Planet Cook. (T) 7.00 Freshly Squeezed. 7.25 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Just Shoot Me. (R) (T) 8.55 Frasier. (R) (T) 9.30 The Deadly Knowledge Show. (R) (T) 3 Minute Wonder. (R) (T) 10.05 Who Really Runs the World. (R) (T) 3 Minute Wonder. (R) (T) 11.00 Parents & Teens: Welcome to My World. (R) (T) Before and After. (R) (T) 11.30 The Family: Teen Stories. (T) 12.00 News at Noon. (T) 12.30 3 Minute Wonder: Nursing Britain. (R) (T) 12.40 Will & Grace. (R) (T) 1.10 FILM: Escape to Athena (1979). World War Two adventure, starring Roger Moore. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 The Paul O'Grady Show. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 Unreported World. Investigating the industrial farming of genetically modified soya in Paraguay. (T) 8.00 A Place in the Sun: Home or Away. Searching for properties in Nottingham and Portugal. (T) 9.00 Gordon Ramsay: Cookalong Live. The chef learns new skills from food artists, including how to make noodles by hand, and cooks a menu of angel hair pasta, duck breast with fondant potatoes, and tiramisu. (T) 10.00 Alan Carr's Celebrity Ding Dong. Tongue-in-cheek quiz show. Last in the series. (T) 10.50 Lee Mack Live. (T) 11.55 4Music: Back: Video Exclusive. (T) 12.00 4Music Presents: The Verve. (T) 12.35 4Music Sessions: Lemar. (T) 1.05 4Music: Beat Stevie. (T) 1.20 4Music: Freeze Festival. 1.50 Freeports on 4 Freeze. (T) 2.45 KOTV. (T) 3.10 Transworld Sport. (R) (T) 4.00 Goalissimo. (T) 5.00 Countdown. (R) (T) 5.45 The Hoobs. (R) (T)

6.00 Milkshake!: Angels of Jarm. (R) (T) 6.10 Chiro. (T) 6.15 Funky Journey. (R) (T) 6.25 Fireman Sam. (R) (T) 6.35 Hana's Helpline. (T) 6.45 Play! (T) 6.55 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 7.10 Roary the Racing Car. (R) (T) 7.25 The Mr Men Show. (R) (T) 7.40 Make Way for Noddy. (R) (T) 7.55 Fifi and the FlowerTots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Rupert Bear. (R) (T) 8.50 Pocoyo. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 Nigel Marven's Venom Hunters. (R) (T) 12.30 Five News. (T) 12.45 Going for Gold. (T) 1.45 Neighbours. (T) 2.15 Home and Away. (T) 2.50 Going for Gold Extra. (T) 3.10 Five News Update. (T) 3.15 FILM: Suburban Madnes (2004). Fact-based drama, starring Elizabeth Pena. (T) 5.00 Five News with Matt Barbet; Weather. (T) 5.30 Neighbours. (R) (T) 6.00 Home and Away. (R) (T) 6.30 Wild Animal Er. (R) (T) 7.00 Five News at 7. (T) 7.30 Escape from a Bridge Too Far. The rescue of stranded parachutists at Arnhem. (R) (T) 7.30 Five News Update. (T) 8.00 Police Interceptors. The unit pursues a speeding motorcyclist. (T) 8.00 Five News at 9. 9.00 NCIS: Part two of two. Gibbs continues to blame himself for Kate's death, and enlists Jenny's help to track down Ari - but the pair are nearly killed in a shoot-out. (R) (T) 10.00 Law & Order: Special Victims Unit. A prostitute is killed. (T) 11.00 Law & Order. (R) (T) 12.00 Quiz Call. 4.00 Nick's Quest. (R) (T) 4.25 Lemur Island. (R) (T) 5.10 Neighbours. (R) (T) 5.35 Home and Away. (R) (T)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 1.55 London News and Weather. (T) 2.00 Dickinson's Real Deal. (T) 3.00 The Alan Titchmarsh Show. (T) 3.59 London Weather. (T) 4.00 Rosemary Shrager's School for Cooks. (T) 5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find life-changing amounts of cash hidden inside a set of golden balls before making the final choice of whether to share the jackpot or try to keep it for themselves. (T) 6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. A concerned Rodney accompanies Lily to the hospital for her scan, where she receives devastating news. Matthew heads abroad to complete the business deal, Anna implores Donald not to push her away, and Jasmine ignores Shane's warning not to meddle in the affairs of the dangerous MacFarlane family. (T) 7.30 Coronation Street. Rosie surprises Sally and Kevin by defending John's actions, and Janice nervously prepares for her court appearance. Ken reminds Peter he needs to start thinking about enrolling Simon at a good school, while Tony learns he has amassed huge debts and needs to start selling the apartments in a hurry. (T) 8.00 Tonight. (T) 8.30 Coronation Street. Peter decides to abandon Simon, but Ken realises what he is planning and dissuades him. Fitz manages to convince the police she played no part in John's actions, and Sally watches Rosie's footage of Carla and Liam, while Janice comes back from court, having been given community service - but gets no sympathy from the factory girls, who make it clear they wish she had been locked up. (T) 9.00 Midsomer Murders. The Midsomer Worthy local amateur choir's lead tenor Connor Simpson is killed on the eve of the prestigious regional Four Choirs competition, and shortly afterwards a birdwatcher is also murdered. DCI Barnaby and DC Jones try to find the connection between both cases and prevent further deaths. Peter Capaldi guest stars. (R) (T) 11.00 The Late News and Weather. (T) 11.30 London News and Weather. (T) 11.45 Bingo Night Live. Free-to-play interactive show offering viewers the chance to download cards from the Internet and win big prizes. 12.50 Planet Rock Profiles. (T) 1.15 Planet Rock Profiles. (T) ITV News Headlines. 1.45 FILM: Far from the Madding Crowd (1967). Tragic romantic drama. Julie Christie and Terence Stamp star. (T) 4.30 ITV Nightscreen.

## LOCAL Best of the Rest

**RTP1**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Amor e Inútil 1515 Portugal no Coração 1800 Portugal em Directo 1910 O Preço Certo 2000 News 2100 Jogo Duplo 2200 Olha quem Dança 0000 Constantine, Film 0215 Interview with a Vampire, Film 0400 Portugal no Coração  
**RTP2**  
0715 Zig Zag 1400 Sociedade Civil 1530 Indisciplinas 1600 National Geographic: Bear Man 1700 Zig Zag 1830 A Fé dos Homens 1900 A Alma e a Gente 1945 Zig Zag 2045 My Name is Earl, series 2115 National Geographic: Elephant Power 2200 News 2240 Lipstick Jungle 2330 Nana, The man they loved to hate 0030 Noites da Dois 0115 Palco 0245 Yes, Dear, series 0315 Balança & Contas 0415 Sociedade Civil 0545 Indisciplinas 0615 A Fé dos Homens  
**SIC**  
0600 Sic Notícias 0900 Dia Em Grande 1000 Fátima 1300 News 1415 Como uma Onda 1500 Beleza Pura 1545 Conto 1800 Rebelde 1915 Via 1900 A Roda da Sorte 2000 News 2130 Camilo em Sarilhos 2215 Pédia Acabar o Mundo 2315 A Favorita 0030 CSI New York, series 0130 CSI Las Vegas, series 0230 Todos em Linha  
**TVI**  
0700 Diário Da Manhã 1015 Vozê na TV 1300 News 1400 As Tardes de Júlia 1700 Quem Quer Ganha 1815 Morangos com Açúcar 2000 News 2145 Eu e os Outros 2200 Fêitico do Amor 2315 Olhos nos Olhos 2345 O Jura 0030 Dr Preciso de Ajuda 0200 Sempra a Soma 0330 Hitler: The Rise of Evil, miniseries 0515 TVI Negócios 0530 Telesales

**BBC3**  
7.00 Spendaholics 7.30 The Most Annoying Pop Songs We Hate to Love 8.30 Celebrity Scissorhands 9.30 Mouth to Mouth 10.00 EastEnders 10.30 Two Pints of Lager and a Packet of Crisps 11.00 Two Pints of Lager and a Packet of Crisps 11.30 Family Guy 11.55 Family Guy 12.15 Coming of Age 12.45 Mouth to Mouth 1.15 Celebrity Scissorhands 2.15 Touch Me, I'm Karen Taylor 2.45 The Real Hustle 3.15 Two Pints of Lager and a Packet of Crisps 3.45 Two Pints of Lager and a Packet of Crisps 4.15 Spendaholics 4.45 Close  
**BBC4**  
7.00 World News Today 7.00 Weather 7.30 Nathan Milstein: Master of Invention - Part Two 8.30 Only Connect 9.00 Alistair Cooke's America 9.50 People's Century 10.45 BBC Four Sessions 11.45 Film: Regeneration 15 (1997) 1.35 Armistice 3.05 Only Connect 3.35 BBC Four Sessions 4.35 Close  
**ITV2**  
1.00 ITV at the Movies 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.45 Rick Lake 4.30 Sally Jessy Raphael 5.15 The Montel Williams Show 6.00 Judge Judy 6.30 Johnny Vegas: The Hot Desk 6.40 The X Factor 8.15 The X Factor - The Result 9.00 Film: King Kong 12 (2005) 12.35 Kate & Peter: The Next Chapter 1.35 Celebrity Juice 2.05 Coronation Street 2.30 Coronation Street 2.55 Tenet Body Obsession: Too Much Too Young 3.20 Teleshopping 5.50 ITV2 Nightscreen  
**Sky1**  
1.00 Project Runway 2.00 Bones 3.00 Cold Case 4.00 Stargate Atlantis 5.00 Malcolm in the Middle

5.30 Malcolm in the Middle 6.00 Malcolm in the Middle 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Ross Kemp on Gangs 10.00 Don't Forget the Lyrics 11.00 UK Border Force 12.00 Road Wars 1.00 Road Wars 1.50 Stargate SG-1 2.40 Stargate SG-1 3.30 Greece Uncovered 4.45 America's Dumbest Criminals 5.00 Bite Size Brainiac 5.10 Guilty!  
**G.O.L.D**  
1.40 Only Fools and Horses 2.20 The Good Life 3.00 My Family 3.40 To the Manor Born 4.20 As Time Goes By 5.00 Keeping Up Appearances 5.40 Waiting for God 6.20 Last of the Summer Wine 7.00 Last of the Summer Wine 7.40 The Good Life 8.20 My Family 9.00 Only Fools and Horses 9.40 Film: Men in Black II PG (2002) 11.30 Men Behaving Badly 12.10 dinnerladies 12.50 Men Behaving Badly 1.30 Men Behaving Badly 2.05 2point4 Children 2.35 What a Carry On! 3.00 Close  
**TCM**  
1.00 Captain Nemo and the Underwater City U (1969) 3.00 Judgment at Nuremberg PG (1962) 6.30 Till the Clouds Roll By U (1946) 9.00 The Exorcist 18 (1973) 11.15 Pink Floyd: The Wall 15 (1982) 1.10 Mr Ricco 15 (1975) 2.55 That Forsythe Woman U (1949) 5.00 Yankee Doodle Dandy U (1942)  
**The Disney Channel**  
Kids' programmes from 7am, except: 6.00 Film: Spy Kids 3-D: Game Over U (2003) Adventure sequel, starring Antonio Banderas. 9.30 Film: Wendy Wu: Homecoming Warrior PG (2006) Adventure, starring Brenda Song.

## MOVIES

### Sky Movies Drama

6.00 Love Letters PG (1999) 7.45 The Gingerbread Man 15 (1998) 9.45 Twilight 15 (1998) 11.30 Quantum of Solace Special 12.00 Columbo: Grand Deceptions PG (1989) With Peter Falk. 1.45 Home by Christmas PG (2006) With Linda Hamilton. 3.30 The Black Dahlia 15 (2006) With Josh Hartnett. 5.45 The Legend of 1900 15 (1998) With Tim Roth. 8.00 Harsh Times 15 (2005) With Christian Bale. 10.00 The Departed 18 (2006) With Jack Nicholson. 12.45 Three 15 (2005) With Kelly Brook. 2.30 Body Count 18 (1998) With David Caruso. 4.00 This is Indie 4.15 One Special Night PG (1999)

### Sky Movies Comedy

6.45 35MM 7.15 Drop Dead Fred 12 (1991) 9.00 Blast from the Past 12 (1999) 11.00 National Lampoon's Animal House 15 (1978) With John Belushi. 12.55 Run, Fat Boy, Run 12 (2007) With Simon Pegg. 2.40 Splitting Heirs 15 (1993) With Eric Idle. 4.15 Drop Dead Fred 12 (1991) With Rik Mayall. 6.00 Blast from the Past 12 (1999) With Brendan Fraser. 8.00 Run, Fat Boy, Run 12 (2007)

With Simon Pegg. 9.45 Splitting Heirs 15 (1993) With Eric Idle. 11.15 National Lampoon's Animal House 15 (1978) With John Belushi. 1.05 Bull Durham 18 (1988) With Kevin Costner. 2.55 Naked Man 15 (1998) With Michael Rapaport. 4.35 Confessions of an Ugly Stepister U (2001)

### Sky Movies Action/horror

6.00 Quantum of Solace Special 6.30 Consenting Adults 15 (1992) 8.25 Brotherhood 15 (2004) 11.05 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 1.45 Consenting Adults 15 (1992) With Kevin Kline. 3.40 The Top 10 Show 4.00 The Mask of Zorro PG (1998) With Antonio Banderas. 6.30 Brotherhood 15 (2004) With Dong-Kun Jang. 9.00 Striking Distance 15 (1993) With Bruce Willis. 10.45 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 1.20 The Corruptor 18 (1999) With Chow Yun-Fat. 3.15 Resurrection Man 18 (1997) 5.05 The Mask of Zorro PG (1998)

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast in stereo;  
(bw) - black and white.

## SPORT

### Sky Sports 1

6.00 Live Test Cricket. India v Australia. 11.30 Premier League World 12.00 Airsports World 12.30 Live International Cricket. South Africa v Bangladesh. Coverage continues on Sky Sports 2. 5.00 Premier League World 5.30 Big League Weekend 1 6.30 Off The Bar 7.00 Premier League Preview 7.30 Live Victory Shield Football. Scotland v Northern Ireland (Kick-off 7.40pm). 9.30 Live Friday Night Fight. Andy Bell v Lee Haskins. 11.30 Big League Weekend 1 12.30 Off The Bar 1.00 Premier League Preview 1.30 Friday Night Fight 3.30 World Sport 4.00 Live European Tour Golf. The HSBC Champions.

### Sky Sports 2

6.00 Live European Tour Golf. The HSBC Champions. 8.00 Premier League World 8.30 The Dogs 9.00 X-Adventures 9.30 The Rugby Club 10.30 Premier League World 11.00 The Dogs 11.30 ATP Tennis 12.00 The Rugby Club 1.00 European Tour Golf 5.00 Live International Cricket. South Africa v Bangladesh. 9.30 Test Cricket 11.00 World Sport 11.00 NFL: Total Access 12.30 Tight Lines 1.30 Victory Shield Football 3.30 Big League Weekend 1 4.30 Off The Bar 5.00 Premier League Preview 5.30 Sky Sports Classics 5.45 Live Rugby League World Cup. The seventh-place playoff (Kick-off 6.00am).

### Sky Sports 3

6.00 Good Morning Sports Fans 9.00 WWE: Raw 12.00 Race World 1.00 NFL: Total Access 2.00 NFL 4.00 WWE: Raw 7.00 Ocean Race 7.30 Golf Night 10.00 WWE: Late Night - Smackdown 12.00 WWE:

Late Night - Bottom Line 1.00 Golf Night 3.30 Ocean Race 4.00 Live Test Cricket. India v Australia.

### British Eurosport

7.30 UEFA Champions League 8.30 UEFA Cup Football 9.00 UEFA Champions League 10.00 UEFA Cup Football 10.30 UEFA Champions League 11.30 Live Figure Skating 1.00 WTA Tennis 1.30 Live WTA Tennis. The WTA Tour Championships. 7.30 Figure Skating 8.30 Eurogoals 9.00 Timbersports Series 10.00 Poker 11.00 UEFA Cup Football 12.00 Eurogoals 12.30 Voz Magazine 1.00 Close

### Sky Sports Xtra

6.00 Aerobics Oz Style 6.30 X-Adventures 7.00 Airsports World 7.30 Premier League Snooker 11.00 UEFA Champions League 11.30 UEFA Champions League 12.00 UEFA Champions League 12.00 UEFA Champions League 1.00 UEFA Champions League 1.00 UEFA Champions League 1.30 UEFA Champions League 2.00 UEFA Champions League 2.30 UEFA Champions League 3.00 UEFA Champions League 3.30 UEFA Champions League 4.00 UEFA Champions League 4.30 UEFA Champions League 5.00 British Ice Hockey 7.30 Tight Lines 8.30 Sportnation 9.30 NFL 11.30 UEFA Champions League 12.00 UEFA Champions League 12.30 UEFA Champions League 1.00 UEFA Champions League 1.00 British Ice Hockey 4.00 Tight Lines 5.00 Sportnation



## Hi There !



I have lovely kittens waiting for a nice loving home at the moment! They all have good food and Valérie takes care of them as good as she can

but they would love to share their life with a proper family. Valérie has too many, they are 38 today! She has no time enough to spend with them. They are all wormed and deflead, call Valérie for a visit 913 860 865 or 282 342 823 (eves) lili10.evann@yahoo.fr

Nikita is a lovely young german shepherd female. She has been dumped at the sanctuary pregnant 4 months ago. Her puppies have been homed and I



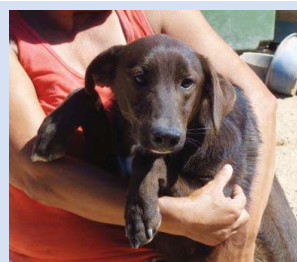
would like to find her a good home as well. She is very shy with strangers but once she trusts, she will follow you everywhere. Nikita will blossom in right hands! She has been wormed, deflead and vaccinated. She should be spayed soon. Call Valérie for a visit 913 860 865 or 282 342 823 (eves) lili10.evann@yahoo.fr



I am in need of a "special home". I was found at a young age with an injury to my back leg. Because I have nerve damage, I must have an indoor home as I am unable to protect myself. Affectionate male, approximately 7 months old,

sterilized, vaccinated & looking for a permanent home and a warm place to curl up. I have been living at the veterinary clinic for many months now. Please, can you give me the home I deserve? Please call Drª Maria José 282 445 648

Can you help to find a home for this poodle-cross? He is 8 years old and he limps. If you want to adopt this cute small dog, please call Sylvia: 919 154 544.



Jeli, a very gentle dog of 11 months and chocolate color is looking for a new home. He has been with the shelter since puppy and even if his siblings were adopted, he has not had such chance.

## Sos Lassie

Lassie is a 6 year old female Serra da Estrela with pedigree from a good breeder in the Serra.

She lived her life up to 4 months ago with the same couple in a small town house, small garden in a suburb of Albufeira.

The couple decided to divorce and sell the house. They just put the dog, after 6 years!!!, into a rescue centre where there are more than 40 other dogs, all smaller and more excitable than Lassie.

She is confined to a closed room with 2 other bitches that she trusts. She goes for short walks every day and that is all. She is about 8kg overweight and totally stressed. She is unsure with other dogs and needs to be taught that they will not hurt her. She cannot stay in that rescue centre for very much longer. If no home is found she will be put down.



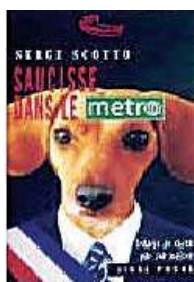
Adrian and I (long time Serra owners and rescuers) have agreed to take her temporarily at the weekends and start training her to loose her fear of other dogs. She has a wonderful, gentle character

and is very sociable with people and children and is not afraid of noisy traffic or any other street situations, only dogs.

If you can give her a calm, stable home with lots of space, she can give you another 6 years of true Serra pleasure. This is a des-

perate appeal to save Lassie, and please pass on this **urgent appeal** to your friends and dog lovers you know.

Contact: Marie Members of Amigos do Museu, tel ephone n°: 289 841 480 or email marie\_jose@iol.pt.



## Saucisse, a tiny (big) politician in France

This pedigree teckel dog, found abandoned in a rubbish bin, started his political career in 2001, when he ran for president of the Chamber of the City Hall of Marseille, in France, with the motto 'For a society more human, against a dog's life'. And he obtained more votes than some human competitors! In the following year, Saucisse went further, when he ran for President of the Republic against Jacques Chirac and chief rival Socialist Prime Minister Lionel Jospin, adding a

little flavour to what many French voters were calling a dull presidential campaign. The owner of this 'dogdicate', was an artist called Serge Scotto who said: "Saucisse is sending a warning to the politicians that, unless they do better, we would rather vote for a dog". This tiny dog even got the right to large posters and to a campaign site. He became so popular that there is a plaza in Marseille with his name, proving that the whole population was supporting this candidate. The story

The plaque in Saucisse's square in Marseille, as it was presented to the municipal elections by his owner Serge Scotto



of Saucisse is going to be portrayed in a movie.

The *Moscow Times* reported at the time that Saucisse, who had

once been used as 'bait' in dog fights, was rescued and was finding success in a (relatively) less-hazardous career in politics.

Blondie is a young (+/- 3 years old) and a VERY GENTLE male that had been thrown on the street after his owner died by her children that inherited the house. Kind people fed him on the streets for months until one not-so-kind neighbour threatened to call the municipal kennel. To save him from this fate, he ended up in the shelter and is looking for a new home.



one not-so-kind neighbour threatened to call the municipal kennel. To save him from this fate, he ended up in the shelter and is looking for a new home.

## Found



Taz is an adorable kitten, found under the hood of a car parked at Algarve Shopping, that needs a friend to love him and take care of him. He has made lots of human friends along the way and is adapting to playing with other cats at the animal shelter. He is very sweet and purrs loudly when you cuddle him. He is a healthy cat and has been castrated. If anyone out there would like this small adorable kitten, please call Valérie for a visit 913 860 865 or (282 342 823 evenings) lili10.evann@yahoo.fr



If you live in the area of Lisbon and would like to have a dog or cat, please contact Association Bianca in Sesimbra. We are a group of volunteers rescuing dogs and cats from the streets in an area that is characterised by one of the major abandonment rates in Portugal. We have many dogs and puppies, cats and kittens that need re-homing. If you cannot take a dog home, you can help us by fostering one. We also need volunteers to walk our dogs and take them to the vet. Please contact:

sesimbra.bianca@gmail.com (English, French and Spanish spoken) and read about our work at [www.bianca.pt/english](http://www.bianca.pt/english) and <http://bianca-pet-rescue-adoption.blogspot.com/>



# Sensible Crates



I had my lovely soft crate with me over the weekend we spent at the Algarve Fair, and again at BLiP, (sadly no dogs in it at BLiP though!) this prompted lots of interest and lots of questions. So I thought I would condense them just in case anyone is interested.



SOFT CRATE

having to put the dog in the hold which horrifies me, but I am a sentimental old thing. I know pets travel miles in the hold with no problems. I just do not like planes so the thought of my dog being 'all alone' in the hold is not good.

Protect your pet with knowledge. Knowledge is power and it could mean the difference between life and death.

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Jan Cobley

Paws 4 Pets 916 273 376

I had never used a cage with my dogs until I had Lennie. Lennie was four months old when I got him and his breeder had him trained to a cage. She suggested I got one for him. At the time it cost what I considered to be a lot of money, £150. That was in 1991, so it was expensive. However, I still have it—it is battered and worn, Cleo battered it the most it has to be said.

I was of the opinion, along with my Husband and particularly my Son that cages were cruel, on the same level as Halti's and harnesses. It took me about a week to change my view, my family are still not completely convinced, they have, however, come around to Halti's and harnesses.

As with all my dogs Lennie saw his cage as his own, his bed, his haven of peace. He had his

food in it and loved to sleep in it. When he was six months old he had surgery, bed rest for six weeks, he spent that in his cage and had no problem with doing it as he was used to it.

within sight and sound of me.

Make up pups dinner, let him see and smell it then place the dish in the cage. Close the door with pup on outside. After a while open the door, the pup will rush in to eat dinner.

Close the door and allow him to eat in comfort and security. This is especially useful if there are other dogs and or children about.

After repeating this a few times pup will quite happily go to cage to eat and sleep.

The night time training CAN be more difficult and I have to admit

that out of 5 dogs I have given in with 3, Sandy, Cleo and Merlin. As pups they did not spend the night in their cage—however Cleo and Merlin are now quite happy to. Chloe my 5 year old OES was the very best as she just took to the cage her first night and that was home for the next 18 months, during the night and if we had to go out and leave her. At the time it was a bonus as we were leaving the UK 2 months after we got her and she would travel in the cage, it was imperative she was happy in it. It fits snugly in our boot, well fills all the boot if I am honest which on that occasion meant we had to put all our luggage in the trailer! She was a gem on the 3 day journey. She still is a gem in all ways! (HARD CRATE)

How long to leave a dog or pup in a cage is really a matter of practicality/conscience and depends

on the size of dog to cage. My two PWDs do spend show time in the cage and actually ask to go in it. At the Fayre Chloe the OES and Cleo were in and out of the cage, I let them decide what they wanted to do. If I stop in an Hotel I will leave the PWDs in the room in the cage whilst I eat a meal. I would not leave them for hours without me as they may get frightened.

I think the cage should very much be a place of comfort for your dog, my cages are always left with zips undone and open, the dogs just put themselves in them whenever they feel like it—all of them. The number of times I have done a quick dog check and panicked—lost a dog, then found said dog curled up asleep in the cage. Ahhhhh.

With the start of showing the dogs I needed a lighter weight alternative. The metal cage was so heavy to carry to and from the shows. By now we had Paws4Pets and through our suppliers found the wonderful soft crates. These are lovely, fun colours, good zipped openings, they keep cool inside. They also fold up easily and have been a big success in our house. So successful that at this moment I have two in the living room. There are many different sizes so cover for all dogs, I have 2 cages a large and extra large. They come with a bag and lead. The good news is IF the fabric should get damaged in any way the covers can be bought separately and are inexpensive. (SOFT CRATE)

We also have the smaller TBag crates for the smaller dogs, these are ideal for travel and I am told some airlines allow dogs on laps in these. I cannot somehow see Cleo and Merlin in my lap in matching TBag cages however!! Friends have done this with Parson Terriers, it must be better than



HARD CRATE

Since then all my pups have used that cage. It can be a challenge to get them used to them but follow a few simple rules and they soon adjust.

Make the cage a place the pup will want to be. Cosy, comfortable and placed out of draughts and the main traffic run of the house—however, I find they are happier to be

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If you want to be listed here, send your full details to: raquel@the-news.net

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Once again, a neutering campaign for street cats will be held between **Wednesday 5th November and Tuesday 11th November** at Quinta dos Ciprestes, Ferrel, Lagos (Jeff Allen's old veterinary clinic). Anyone that would like to have a street cat neutered during this week should call me on the number below to make a provisional booking. A nominal charge of 5 Euros per cat will be asked for to help cover costs, if it is possible, but each case will be assessed separately. If you are able to tell a Portuguese neighbour about it, please do!



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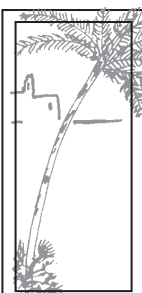
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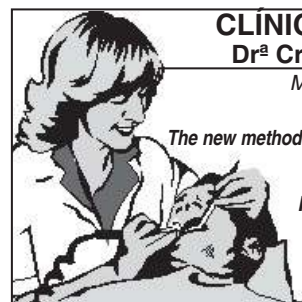
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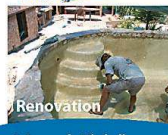
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**IGREJA DA SRA. DOS NAVEGANTES, CASCAIS** Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.30pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

**ST MARIA, São Pedro do Estoril** Catholic Service in English every Sunday at 10.15 Tel. 21 467 3771

**OCEAN CHRISTIAN COMMUNITY** - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Sábado, Rua Belmonte, No. 1, Estoril. For more information contact us on 21 9282019

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**BAPTIST MISSION - Esigueira (Aveiro)** Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Loop Tel 965-365-986

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**RIVERSIDE INTERNATIONAL CHURCH** Office: Rua São José 178, 1.º d.º, Fontainhas, 2750-134 Cascais, Phone: 21 483 6590, Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, Nº 80, Quinta do Junqueiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring & culturally relevant church meeting at ABLA in Carcavelos each Sunday at 9:00am in Portuguese and 11:00am in English. Creche, children and youth ministries provided.

**THE DOOR** Christian International Church - meets at Cidade Desportiva, Praceta Carlos Capitulo, Loja "B" Massama / Queluz, every Sunday at 10:30am and 7:00pm - all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 919 086 683 God Bless!

**CHAPEL OF ST. PIUS X: PRIORADO S. PIO X**, Estrada de Chelas, 31, 1900 Lisboa. Tel. (21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Monforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest:

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**ST GEORGE'S CHURCH, LISBON** (Church of England). Rua S. Jorge. Enter through British Cemetery gate opposite Jardim da Estrela. Sunday School. Service 11.30 am every Sunday. Tel. 21 4692303.

**ST PAUL'S CHURCH, ESTORIL** (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Santa Estoril). Sunday School. Service 9.30 am every Sunday. Tel. 21 4692303.

**ST. MARY'S, S. PEDRO DO ESTORIL** 368 Rua do Murtal. Mass each Sunday and Holyday 10.15am Tel. 21 467 3771

**ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)** Rua Amíria, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885, [www.standrews-lisbon.com.sapo.pt](http://www.standrews-lisbon.com.sapo.pt)

**CASCAIS INTERNATIONAL CHRISTIAN CHURCH** Av. de Sintra, Nº 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30. An international evangelical fellowship, nursery provided, children's church programme, mid-week bible studies.

**THE SALVATION ARMY, LISBON** Reboleira Corps (Praceta Almada Negro, Lote 213 Loja D1 do Exército 11 A). Chelas Corps (Rua Rui de Sousa, Lote 65 A Loja C). Laranjeiras Corps (Bairro de Laranjeiras). At all these churches: Morning Service 9.30am Salvation Meeting 5.00pm Picheleira Corp Rua Capitão Rôty, Picheleira, Lisbon (21 805708).

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**IGREJA BAPTISTA** de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10:15 / Portuguese 12:00 Prayer and Bible Study: Thursday 8pm Traditional Baptist Service in English followed by Sunday School.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua João de Deus, 76, Sintra. (Behind Sintra train station). Sunday 3pm. Tel: 214 690 600. No collection.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua da Barroca, 122 (Bairro Alto), Lisbon. Saturday 6.30pm. Tel: 213 421 604. No collection.

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**ALL SAINTS ANGLICAN CHURCH, ALGARVE** - Contemporary, Evangelical worship. Sundays: Holy Communion Service with Crèche and Adventurers: 10.30am Community Centre, Almamcil (ASCA - Associação Social e Cultural de Almamcil). Service in Lagoa at Lagoa Convent Chapel 6pm. Details from 282 380311 or [www.allsaintsalgarve.org](http://www.allsaintsalgarve.org). See our website for dates of Services of Holy Communion.

**CENTRO CRISTÃO FONTE DE VIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799 518 Website [www.fontevida.org](http://www.fontevida.org)

**THE SALVATION ARMY** in São Bras de Oporto will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Bras at 5pm, Rua 25 de Abril, nº 19 (next to the Market).

**CATHOLIC MASS** every Sunday partly in English - 11am, at St. Lourenço Church - Almamcil - 6.30pm, at Four Seasons Country Club - Quinta do Lago - Almamcil. Further information, please contact the International Catholic Community of Almamcil (Gríselda Neto on 966168120 or Vilor on [vgn@domoporo.com](mailto:vgn@domoporo.com)).

**INTERNATIONAL CHRISTIAN FELLOWSHIP** in Portimão invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abril 117, R/C-D1 Portimão. Bible study on Tuesdays: 10.45 for 11 am at 'The Bridge' (A Ponte) in the Cedipra Shopping Centre near the church. Tel 282 461 985

**LIVING HOPE BAPTIST CHURCH** English speaking services every Sunday 5 p.m. About 100m North of bullring circle in Albufeira. For more information contact pastor Mark: 96480765. Or email [pastor@lvh.org](mailto:pastor@lvh.org)

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**TAVIRA CHRISTIAN CENTRE** Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 966 380 404. E-mail: [jackieandm@yahoo.co.uk](mailto:jackieandm@yahoo.co.uk)

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**ROMAN CATHOLIC ST. ANDREWS, PENINA** R.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further information, please contact Padre Manuel 282 459151

**SALVATION ARMY** Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Bras de Alportel

**EREVSHABAT** - For services Tel: 282 416710

**JEHOVAH'S WITNESSES** - Public Talk in English. The New Kingdom Hall of Jehovah's Witnesses, 25 Largo Engembeiro Sarrea Prado, Portimão (Next door to the University). Saturday 4pm. Tel: 282 485 495. No collection.

**JEHOVAH'S WITNESSES** - Public Talk in English. Rua Bartolomeu Dias, Albufeira. (Next to the Junta da Freguesia). Sunday 1pm. Tel: 282 442 279. No collection.

## Oporto

**ENGLISH SERVICES In OPORTO**

**GREATER GRACE** now has contemporary worship in Porto as of 11/18. Featuring uplifting music and insightful Biblical teaching, our meetings take place in the Sala Grande at Hotel Peninsular, Rua Sá da Bandeira, 21 (behind the McDonald's in the Praça de Liberdade) while we continue our search for a permanent location. Service time is 16h (other service times are being considered for 2008). More information is available on [www.novaaurora.com](http://www.novaaurora.com), by email to [nova.aurora@clix.pt](mailto:nova.aurora@clix.pt) or by calling 91 711 2736.

We are also looking for reinforcements for our worship team, so come and meet us. More information about Greater Grace, including live and archived services, can be seen at [www.ggw.org](http://www.ggw.org)

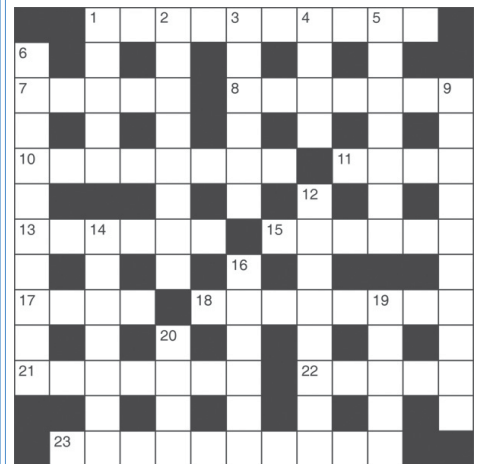
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**ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO**. Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. [www.stjamesoportop.org](http://www.stjamesoportop.org)

**THE SALVATION ARMY OPORTO** Pereiros Corps (Av. Vasco da Gama No: 675-2 E Ramalde). Service 10am, Salvation Meeting 5.00pm. Colares Corps. (Av. dos Bombeiros Voluntários; Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

**JEHOVAH'S WITNESSES** - Public Talk in English. Praça Don Afonso V, 168. Sunday 10pm. Tel: 226 160 976. No collection.

**CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH**. At 6:00pm on the first Sunday of each month, except in August and January. Held in the Evangelical Baptist Church, Rua Dr. José Saudeade e Silva 27/29 (between Caldas da Rainha Railway Station and 'Pingo Doce'. All welcome.

The Portugal News  
Crossword No. 216

## QUICK CLUES

## ACROSS

1. Victorious (10)
7. Fusion (5)
8. Interfere (7)
10. Conspiracy (8)
11. Knock (4)
13. Fasten (6)
15. Helm (6)
17. Taverns (4)
18. Rostrum (8)
21. Ingenuously (7)
22. Forbidding (5)
23. Component (10)

## DOWN

1. Scrimp (5)
2. Persuade (8)
3. Departure (6)
4. Plants (4)
5. Rare (7)
6. Rejoicing (10)
9. Trial (10)
12. Aversion (8)
14. Strain (7)
16. Acted (6)
19. Manifest (5)
20. Scorch (4)

## QUICK SOLUTIONS Nº: 215

**Across:** 6 Display; 7 Later; 9 Due; 10 Delivered; 12 Drunkenness; 15 Precipitate; 17 Conscious; 19 Top; 21 Felon; 22 Clarity.

**Down:** 1 Minus; 2 Apt; 3 Rate; 4 Paternity; 5 Release; 8 Bisect; 11 Precision; 13 Napkin; 14 Crooked; 16 Booty; 18 Ugly; 20 Ire.

"The fear of the LORD is the beginning of wisdom, and knowledge of the Holy One is understanding."  
Proverbs 9:10

Focus  
New monthly event

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  - Prayer
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**All Saints Patronal Festival**  
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**6pm**  
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**Please enquire about Baptism Services, Marriage Blessings, Funeral Services etc.**

## Trash

Trash has become a big problem in many countries. Sources in America say that the average American generates four pounds of solid trash per day, for a grand total of 1,460 pounds per year. In much of the world, landfills are full and incinerators continue to pollute the environment. Industrial waste and medical refuse spread disease. Homes are cluttered with "stuff" we might use someday. Waste service fees and surcharges continue to climb as the world tries to deal with trash problems. Thankfully, many conscientious citizens have a growing concern for the environment and are doing something about it through re-cycling, reusable shopping bags, etc.

Does heaven have a trash problem? What does God do with His trash? In the Bible we read about the only kind of "trash" God talks about, the filth of mankind's sins. What does God do with this trash? He buries it. "Blessed is he whose transgressions are forgiven, whose sins are covered."

Psalm 32:1. Other Scriptures tell us that God casts our sins (trash) into the depths of the sea. (Micah 7:19) The idea here is that he gets rid of it. Two thirds of the earth's surface is water, and the deepest places on earth are beneath it. So, if you wanted to hide something, the best place on earth would be in the ocean. That is where God hides our sin once we have accepted His gift of forgiveness. Our sins are not simply cast into the sea, but into the depths of the sea. If they were carelessly tossed from the shore, they might wash back up to be seen again. Or they might be visible at low tide.

In another passage, God's Word says that our sins, once forgiven, are removed as far from us as the east is from the west. (Psalm 103:12) It is interesting that God did not say "as far as the north is from the south" because you can only go so far north and then you must go

south. The distance from the North Pole to the South Pole is a specific distance, 12,403 miles. But when will east meet west? It never will because you can go east for the rest of your life and never start to go west. How far is it from the east to west? The distance is infinite. That is how far God removes our sins from us.

There is no trash allowed in heaven. God sent Jesus to earth to die on the cross as a means of dealing with man's trash (sin) problem. He wants to take away our sins and give us an eternal home in heaven. Forgiveness is a free gift. The only thing we must do is believe it is possible and humbly receive it. Will you decide today to take care of the real trash problem in your life by accepting God's gift?

More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship\\_with\\_god.page](http://www.rbc.org/personal_relationship_with_god.page)



## Announcements


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**LONELY? BORED?** Come and join out happy helpers and fund-raisers, 3 to 4 hours a week (or more!) Our charity shops welcome you. Every Euro raised goes to animals rescued from distress. Call Nan Richards at the Donkey Sanctuary in Estômbar for details of our work. Tel.: 962 633 811.

**CASA - WELL-KNOWN** local social club (over 300 members) who raise money to help many needs in the area. Open to all, with a monthly newsletter of events and dinners (local venues for reasonable prices). Plus outings to interesting places in Portugal and Spain. Find out more by calling Mary 282 357 275.

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**THE ANIMAL** charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

**CAR BOOT Sale** held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on [Happyhounds@mail.telepac.pt](mailto:Happyhounds@mail.telepac.pt) for more information.

**ABA CHARITY** shop, Av. do Tennis, No 41D, Albufeira. Open Tues. to Sat. 10.30am till 2pm. Donations of bric-a-brac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated.

**WANTED: THE** donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, 962 633 811, for details of our work for animal welfare. Please help.

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## SPORTS



**November 17 to 19 - International Swimming Meeting** - The Tavira Municipal Swimming Pools will be welcoming the athletes who will participate in the event - Competitions start at 17h30 on Nov 17 with the first session of heats. The winners will be known only on Nov 19 after the final races which are scheduled to start at 11h00 - T. 281 320 500 - [www.cm-tavira.pt](http://www.cm-tavira.pt)

## SAILING

**Until November 2 - Bluewater LAGOS Fun Sailing Week-end for Cruisers** - Organised in association with Marina de Lagos and Clube Vela de Lagos - The event will have a Halloween theme and provide lots of fun both on and off the water - Total of 5 races - Inscription fees: €40 for skipper & boat & €30 for each crew for the whole event - Non-sailing guests: €30, for 3 days - Bluewater Algarve - Lagos Marina - 282 792 455 - [www.bluewateralgarve.com](http://www.bluewateralgarve.com)

## EXHIBITIONS

**November 1 to 15** - Joint Exhibition - Watercolours by Moira Maguire and Photography by João Paulo Carrondo and Gisela Buff - Armazem Regimental de Lagos - 10h00 to 19h00 every day - 966887767 or [www.jpccarrondo.ifp3.com](http://www.jpccarrondo.ifp3.com)

## Until November 2

Exhibition celebrating Fernando Pessoa - José da Cunha, João Gomes, Rita Matias, Ana Bossa, Alexandra Farmhouse, Elizabeth Canavarro, Manuel Carvalho are some of the names present at the exhibition. To discover in 'A Arte da Terra' Art Gallery on Rua Augusto Rosa, 40, next to the 'Sé de Lisboa' in Lisbon.

## Until November 4 - Painting Exhibition 'Percursos' - by Patico - Galeria da Escola de Artes de Lagoa (Lagoa).

## Until November 9

Exhibition 'Exposição improvável... sobre Pessoa' commemorating the 120th anniversary of the birth of the world acclaimed Portuguese Poet **Fernando Pessoa** - 'A Arte da Terra' on Rua Augusto Rosa, nº 40 (next to the Church) - Lisbon - 212 745 975 - [www.aartedaterra.pt](http://www.aartedaterra.pt).

**Until November 10** Katriona Rose exhibition - Café Inglês, Silves (Rua do Castelo) - 282 442 585.

**Until November 10** - Painting Exhibition 'Image & Colour' - by Manuel Taraio - Casino Estoril Art Gallery (nr Lisbon).

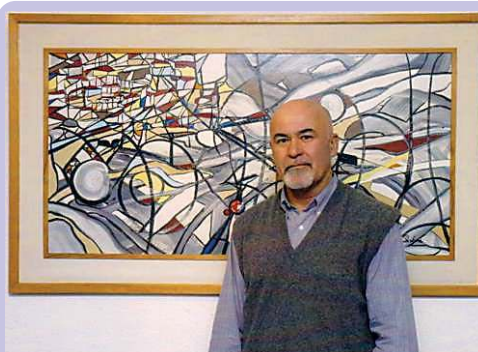
## Until November 16

**Painting Exhibition 'Códigos de Paradoxo' by Luís Athougua** - Academia de Letras e Artes - Av Castellana, 13 - Estoril - Tuesday-Friday: 10h-13h / 15h-20h; Saturday: 15h-20h - 214 685 604.

**Until December 17** - Painting Exhibition by Nuno Santiago - Vale do Lobo Art Gallery at Vale do Lobo Shopping - 289 353 327 - Painting shown right is Acrylic on Chinese paper on canvas 134 x 130 - 2008.



**November 6 and 7 - Tango Quattro** - Lagos Cultural Centre - Rua Lançarote de Freitas - T. 282 770 450 - [centrocultural@cm-lagos.pt](mailto:centrocultural@cm-lagos.pt) - [www.cm-lagos.pt](http://www.cm-lagos.pt)



**From Nov 13 to Dec 12** - Painting Exhibition 'As Líricas' by Pé-Leve at Galeria Brilho & Centelha - Rua Costa Pinto in Paço de Arcos (near Lisbon) -

**Until January 18** - Painting Exhibition 'Paula Rego and the '80s' - Centro de Arte Manuel de Brito / Palácio Anjos (near Lisbon) - T. 214 111 400 - [cam@cm-oelras.pt](mailto:cam@cm-oelras.pt).

**Until December 11** - Exhibition 'Inward' by Cristina Ataíde - An artist who is intimately concerned with the natural surroundings. She is a restless and attentive observer, and takes note of its fragility and destruction - The exhibition consists of vigorous charcoals and water colours on paper and sculptures in different materials - Centro Cultural São Lourenço in Almancil - Open daily from 10h00 to 19h00 - T. 289 395 475 - [www.centroculturalsaolourenco.com](http://www.centroculturalsaolourenco.com)

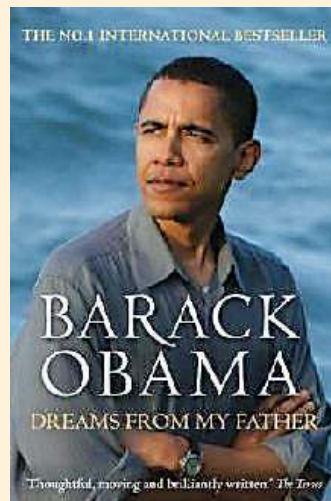


## BOOK REVIEW

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**Until December 30** - Painting Exhibition 'Celebrating the World' by Brigitte Von Humboldt - Centro Cultural de Lagos - Lagos Cultural Centre - T. 282 770 450 - [centrocultural@cm-lagos.pt](mailto:centrocultural@cm-lagos.pt)



**Until November 30** - Circus Art at Du Arte Lounge of Casino Estoril (near Lisbon) - Free entrance - T. 214 667 700

## CONCERTS, BALLET CLASSIC &amp; CONTEMPORARY, SHOWS, FESTIVALS, PARTIES

**November 1** - Peter Murphy - Coliseu dos Recreios - Lisbon - T. 213 240 580

## November 1

◆ Viniçius Cantuária in Concert - Grand Auditorium of Centro Cultural Vila Flor on Avenida D. Afonso Henriques, nº 701 in Guimarães - Tickets: €12.5 (w/discount) & €125 - 253 424 700 - [www.ccvf.pt](http://www.ccvf.pt).

## November 2

◆ Peter Murphy - Coliseu - Porto - T. 223 394 940.

## November 3

◆ Concert by Guru Jazz matazz + DJ Set Moodyman - Arena Lounge of Casino Lisboa - Lisbon - 214 667 700 - [www.estoril-sol.com](http://www.estoril-sol.com).

## Until November 2

◆ P'Visões: O Espírito dos Sonhos - Salão Preto e Prata - Casino Estoril in Estoril - 214 667 700.

## Until November 3

◆ 03 Novembro - Guru Jazzmatazz + DJ Set Moodyman - Arena Lounge of Casino Lisboa - Lisbon - 214 667 700

## November 4-8

◆ Cinema Festival 'Visões do Sul' - Museu de Portimão - [www.cm-portimao.pt](http://www.cm-portimao.pt)

## November 7

◆ Fat Freddy's Drop - (Carcavels nr Lisbon) - Quinta dos Lombos from 21h00. Tickets: €23

## November 8 &amp; 9

◆ BOB the Builder Live - Atlantic Pavilion, Lisbon - 10h30, 14h30, 18h30 - 707 780 000.

## November 10 &amp; 22

◆ Guimarães Jazz Festival - Centro Cultural Vila Flor on Av. D. Afonso Henriques, 701 - Guimarães - 21h00 - T. 253 424 700 - [www.ccvf.pt](http://www.ccvf.pt)

## November 12

◆ KEANE LIVE - Coliseu dos Recreios - Lisbon - 21h00 - Tickets from €26 to €130 - Tel: 707 234 234

## November 19

◆ Scorpions - Estoril Casino - Estoril - Further info, call 214 667 700.

## December 10

◆ Gogol Bordello - Campo Pequeno Bullfight Ring - Lisbon - T. 217 820 575.

**Sesame Street Live - November 7-9** in Lisbon; **November 14-16** Stª Maria da Feira; **November 21-23** in Figueira da Foz - Tls. 213246380 / 934623062; Fax: 213421052 - [ruasasamaoovivo@mandrake.pt](mailto:ruasasamaoovivo@mandrake.pt)  
Tickets: Info on bottom of page.



**November 9** - Joan as Police Woman - Auditorium Jorge Sampaio de Centro Cultural Olga Cadaval - Praça Dr. Francisco Sá Carneiro in Sintra - Ticket prices: €15 to €25 - T. 219 107 110 - information on bottom of page.



**November 13 to 22** - 17th Guimarães Jazz - Kurt Elling Quartet, Steve Coleman & 5 Elements, Django Bates & StorMCHaser, Marcus Strickland Quintet, The Cookers, Kenny Barron Trio & Metropole Orchestra - conducted by Vince Mendoza & invited soloist Peter Erskine - Centro Cultural Vila Flor in Guimarães - 253 424 700

## Concert by Orquestra do Algarve

**November 1** - Auditório Municipal de Lagoa at 21h30 - **November 14** - Carmo Church in Tavira at 21h30 - [www.orquestradoalgarve.com](http://www.orquestradoalgarve.com)



**November 30** - St. Andrew's Society (East Algarve) invites you to join them for their annual Dinner/Dance at Cantinho do Carlos, Brancanes 19h30. Tickets: €30. T. 915547621 or 914070389.



**November 14** - Sonatas from Beethoven for Piano and Violin performed by António Rosado (piano) and João Pedro Cunha (violin) - Albufeira Main Church at 21h30 - For information contact Albufeira Municipal Council - T. 289 599 500

**November 15** - Concert 'Grandes tesouros da ópera - o Barroco e o Clássico' (Great opera concerts - the baroque and the classic) by Vox Angelis group - Teatro Municipal Pax Julia, Beja - 21h30 - Contact: Teatro Municipal Pax Julia - T. 284 315 090 - [www.paxjulia.org](http://www.paxjulia.org)



**November 27 to 30** - Included in the 30 years celebration of Ballet Nacional de España (Spain National Ballet) they will perform at the Grand Auditorium of Centro Cultural de Belem in Lisbon - Ticket prices: €22 to €42 - Times: On 27, 28 & 29 the show starts at 21h00; On 29 & 30 also at 17h00 - Tickets: Please see information on bottom of page.





# FC Porto blues continue

## Cristiano Ronaldo the best, say fellow players

The Portuguese winger was selected by 57,000 professional footballers, members of FIFPro, for FIFPro's 2007/2008 'dream team', as well as winning the FIFPro World Player of the Year award. The best player and scorer of both the Premiership League and the Champions League is part of the 'dream team' for the second consecutive year and all that remains now is the FIFA World Footballer of the Year award.

Other players who have been selected by their peers in the team consecutively are: Puyol (Barcelona), John Terry (Chelsea), Steven Gerrard (Liverpool), Kaká

(AC Milan) and Lionel Messi (Barcelona).

New players who are part of the team are: Iker Casillas, Sergio Ramos, Xavi, Fernando Torres and Rio Ferdinand. These new players substitute Buffon, Alessandro Nesta, Fabio Cannavaro, Ronaldinho and Didier Drogba.

England comes second in the number of players starting in the ideal squad, with four, behind Spain who have five of its players on the squad.

Terry is a name that must be mentioned with a special note as he is the only player who has always had a place in the FIFPro ideal squad, since the 2004/2005 season.

## Moto GP returns to Estoril

The Moto Grand Prix will definitely return to Estoril Racetrack next year, the FIM (International Motorcycling Federation) announced last week. The scheduled date for the event is 4<sup>th</sup> October 2009, making it the 15<sup>th</sup> stage of the world circuit.

The Portugal Grand Prix took place between 11<sup>th</sup> and 13<sup>th</sup> April this year, but in 2009 it will be returning at a later stage of the circuit, in the second semester.

The 2009 World MotoGP Circuit, which attracts the world's elite riders, has a total of

18 stages and will start on 12<sup>th</sup> April in Qatar. Japan (26/04), Spain/Jerez de la Frontera (03/05), France (17/05), Spain/Cataluña (14/06), Holland (27/06), United States/Laguna Seca (05/07), Germany (19/07), Great Britain (26/07), Czech Republic (16/08), United States/Indianapolis (30/08), San Marino (06/09) and Hungary (20/09) are the other stages where legendary riders such as Valentino Rossi and Dani Pedrosa will power through, with Rossi hoping to get his seventh world title.

It has been FC Porto's worst start of the season in fifteen years having already lost seven potential points, placing them fourth with only 11 points of the 18 possible. Although they have maintained their standard against their biggest rivals, drawing with Benfica and beating Sporting, it is the smaller clubs which have been causing grief to the Dragons, aggravated by their loss to Leixões (3-2) last weekend.

The team is starting to lose support from their fans as they were whistled off pitch after their loss at home against Leixões last weekend, one fan even throwing a rock at Cristian Rodriguez's car after the match, breaking a window. Fans are upset by management selling the team's top players and not being able to replace these 'irreplaceable' players (Bosingwa, Quaresma and Paulo Assunção) with others of the same calibre, and signing South American players who, so far, have not met expectations. Rui Moreira, president of FC Porto's Commercial Association, remains positive: "This is not the worst FC Porto in fifteen years", but also said "The three players' boots (Bosingwa, Quaresma and Assunção) haven't been filled." He also points towards Carlos Azenha's departure as fitness coach, which has caused

a slump in players' performances over 90 minutes of gameplay.

This Saturday FC Porto have their chance to win support back as they have a difficult match away against Naval, currently placed eighth. Sporting play at Rio Ave on the same day and Benfica play Vitória Guimarães on the Sunday.

The 'Liga Sagres' standings are as follows:

1. Nacional; 2. Leixões; 3. Benfica; 4. FC Porto; 5. Sporting; 6. Estrela da Amadora; 7. V. Guimarães; 8. Naval; 9. Marítimo; 10. Sporting Braga.

*Photo: FC Porto's Lucho (L) fights for the ball with Leixões' Diogo Valente during their first division match at Dragão Stadium, in Oporto on Saturday. (Photo: Lusa / Estela Silva)*

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